



**PERU &  
MACHU PICCHU**  
A Family Adventure  
AUGUST 1-10, 2018

## Dear Duke Traveler:

*Escape to Peru* for adventure, meaningful experiences and lasting family memories. Frequently referred to as the Land of the Incas, Peru is a vast amalgam of history, peoples, legends and traditions. Andean landscapes, remarkable archaeological resources, rich colonial heritage and colorful indigenous cultures offer an encyclopedic introduction to South America. From the bustling colonial port of Lima at the foot of the Andes to the center of the Inca universe at Cusco, Peru presents her story with geographic splendor.

*As a family adventure*, this itinerary includes a number of options that will appeal to all ages and a broad range of interests. Begin in Lima, “The City of Kings”, with its splendid museums and Spanish colonial heritage. Your journey continues to Cusco, the capital of the Inca Empire. From Cusco, descend to the Urubamba Valley to enjoy a variety of options including bicycling, horseback riding, hiking, white-water rafting, and weaving demonstrations. Visit a local indigenous market and an Andean weaving project to see vicuna, guanaco, alpaca, and llamas.

*Travel by train* to Machu Picchu, the enchanting UNESCO World Heritage site. There, comfortably lodged near this Lost City of the Incas, you will be able to explore its granite temples, altars, squares, and fountains. You will visit the archaeological park, walk to the Gate of the Sun, and even climb the dramatic peak of Huayna Picchu.

*We've taken care* of all the planning and logistics, including expert leadership and internal air travel so that you and your family are free to relax and enjoy the remarkable cultural and geographic diversity of Peru. A family vacation can be one of parent's or grandparents' most lasting gifts. To hold your spaces, please call 919-684-2988 or e-mail [travel@daa.duke.edu](mailto:travel@daa.duke.edu)

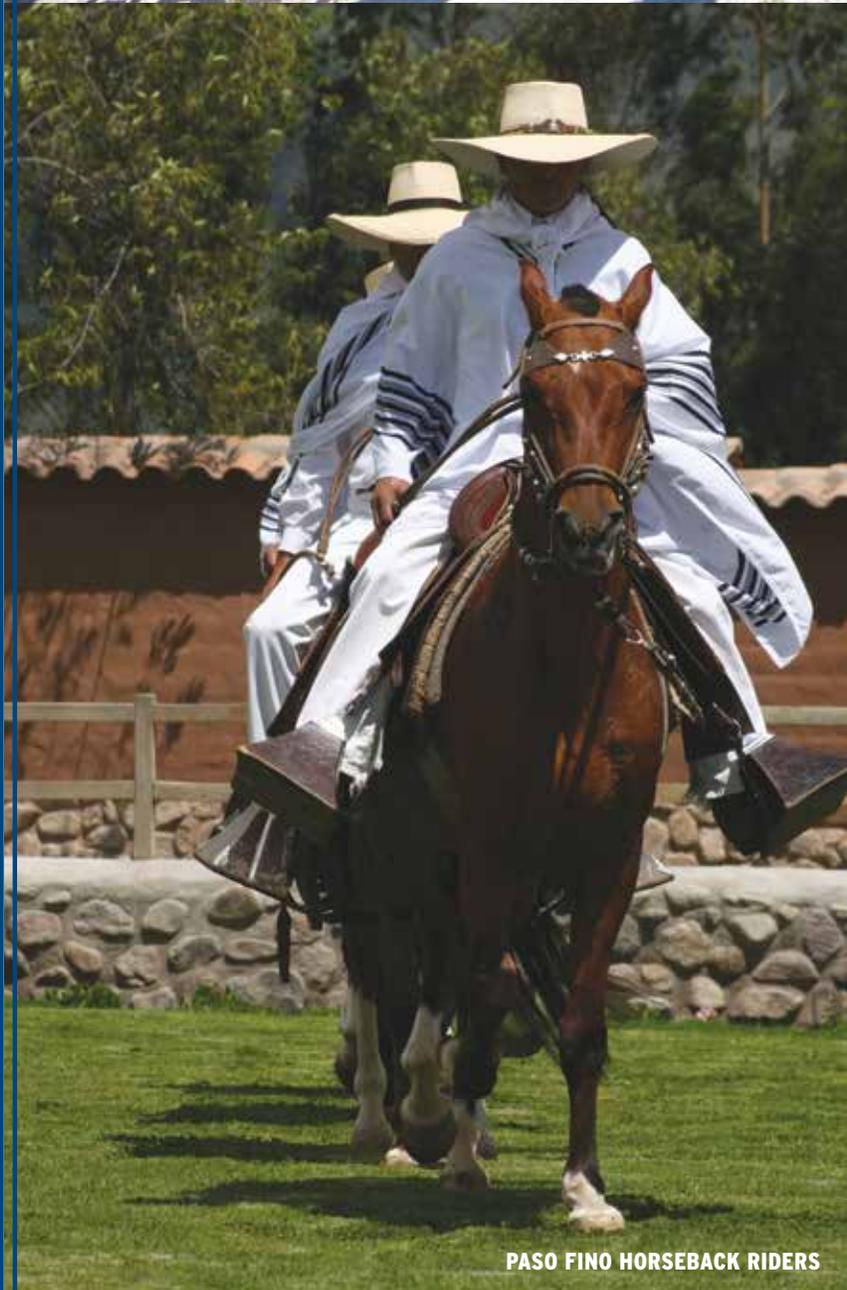
Forever Duke,

*Beth Ray-Schroeder*

Beth Ray-Schroeder '83  
Director, Duke Alumni Travels



CHEQUERO BIKING EXCURSION



PASO FINO HORSEBACK RIDERS





## Highlights

**VISIT** Machu Picchu and investigate one of the most incredible archaeological sites in the world

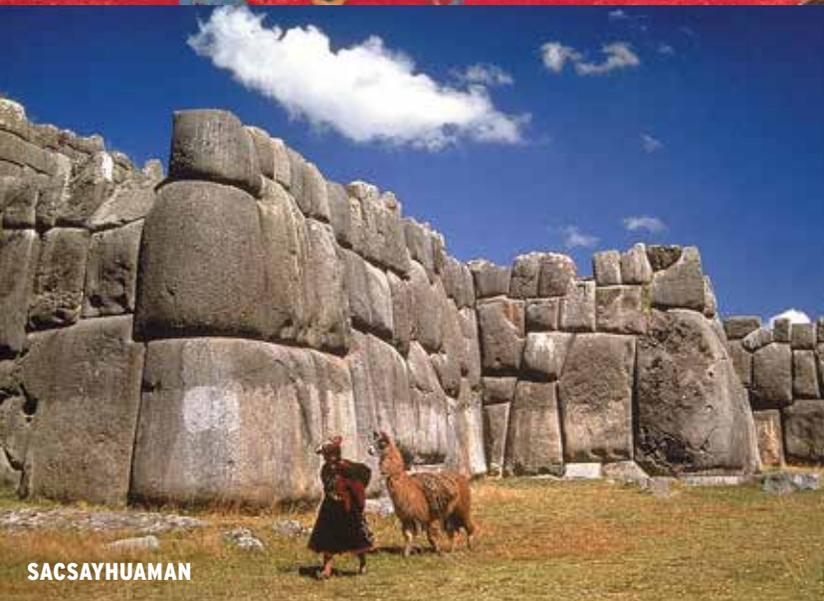
**BEHOLD** majestic Andean landscapes

**EXPLORE** remarkable archaeological treasures, and rich Spanish colonial heritage

**EXPERIENCE** colorful indigenous cultures

**ENJOY** authentic experiences

**ENDULGE** your sense of adventure



SACSAYHUAMAN





RIVER RAFTING URUBAMBA



MACHU PICCHU



ARANWA SACRED VALLEY HOTEL & WELLNESS

## Schedule by Day

*B=Breakfast,  
L=Lunch,  
D=Dinner*

### WEDNESDAY, AUGUST 1 Depart U.S. for Lima, Peru

Arrive in Lima where you will be met at the airport

and transferred to your hotel in the Miraflores area of Lima. There you will be assisted with your luggage and with check-in. This land of rich cultures and friendly people is your backdrop for your family adventure that awaits! *Casa Andina Premium Miraflores (Meals aloft)*

### THURSDAY, AUGUST 2 Lima

Start this terrific day with a visit to Colonial Lima, a UNESCO World Cultural Heritage site. Admire churches, promenades, and palaces that reflect Peru's Spanish heritage such as the Cathedral, Plaza de Armas (main square), Government and Archbishop's Palaces, and learn about the conquest of the Americas. Visit the Larco Museum to admire a collection of beautifully modeled pottery vessels, unique gold and silver work, and ancient mummies. Then, see modern Lima and its ocean views. Enjoy lunch at a restaurant overlooking the Pacific Ocean. Afterwards, take a stroll in the Parque de la Reserva with its numerous fountains. A welcome dinner will be held at the Huaca Pucllana Restaurant located within a pre-Inca archaeological complex dating back to 500 A.D. *Casa Andina Premium Mira (B, L, D)*

### FRIDAY, AUGUST 3 Lima / Cusco

This morning, fly to Cusco. Upon arrival, immediately drive into the spectacular Urubamba Valley, known as the Sacred Valley of the Incas, where your hotel is located. Visit Awana Kancha, a weaving project of Andean communities to see the four kinds of American camelidae (alpaca, llama, vicuña, and guanaco) and learn about their fine wools and ancestral weaving techniques. Continue to the village of Pisac known for its colorful Indian market. After lunch, the remainder of the afternoon is at leisure to enjoy the facilities of the hotel including a swimming pool and a spa. Optional horseback riding in the Sacred Valley is available this afternoon. *Aranwa Sacred Valley Hotel & Wellness. (B, L, D)*

### SATURDAY, AUGUST 4 Urubamba–Sacred Valley of the Incas

After breakfast, depart for an unforgettable rafting excursion down the white waters of the Urubamba River that flow from the Andes. A terrific alternative activity will be offered to those not wishing to go rafting. Lunch is at Rancho Wayra and followed by an exhibition of Peruvian Paso Fino Horses and "Marinera," a typical dance. Then, visit the fortress of Ollantaytambo, the only living Inca city where ancient agricultural terraces are still in use today and see native residents in colorful dresses. Continue with a visit to the workshop of Pablo Seminario, a famous ceramist and former architect who uses ancient Inca techniques to recreate reproductions and original ceramics. *Aranwa Sacred Valley Hotel & Wellness. (B, L, D)*

### SUNDAY, AUGUST 5 Chincho / Urubamba Valley

Drive to the village of Chincho with views of the spectacular Urubamba Valley and the Vilcabamba Mountains. Explore the main plaza and nearby Inca ruins. Experience the lively Sunday market, where bartering is still practiced. Afterwards, transfer to the village of Chequereq for a biking excursion to the ancient agricultural site of Moray, and then on to Maras, to see the salt mines from the same period. See hundreds of these terraced pans or wander further



into the maze of stark, white salt pools—a photographer’s paradise! Transportation is available to Maras and Moray or back to the hotel for those not wishing to go biking. *Aranwa Sacred Valley Hotel & Wellness*. (B, L, D)

#### **MONDAY, AUGUST 6** **Machu Picchu**

Transfer to Ollantaytambo station for a 1.5-hour Vistadome train trip through the Urubamba Valley. Next, a 30-minute bus ride takes you to the breathtaking Lost City of the Incas - Machu Picchu - one of the New Seven Wonders of the World. Located above the rainforest on the eastern slopes of the Andes, Machu Picchu (altitude 7,600 feet), was abandoned by the Incas and remained hidden in the jungle until 1911 when Hiram Bingham rediscovered it. Shrouded in mist and mystery, Machu Picchu is a tremendous achievement in urban planning, civil engineering, architecture, and stonemasonry. Enjoy a guided tour of Machu Picchu. Your overnight stay affords the opportunity to fully explore this extraordinary archaeological site surrounded by stunning peaks and fabulous views. *Inkaterra Machu Picchu Pueblo Hotel* (B, L, D)

#### **TUESDAY, AUGUST 7** **Machu Picchu / Cusco**

After breakfast, explore the 12 acres of natural beauty and lovely gardens of your hotel. Look for some of the 214 bird species, explore the world’s largest native orchid collection with a tour or go with guides to the semi-freedom area of the spectacled bears. Alternatively, you may return to the ancient citadel independently (your guides will be available to accompany you). Those who seek adventure may climb Huayna Picchu, the peak that rises dramatically above the ancient ruins for spectacular views of the entire site of Machu Picchu. Those who desire an easier option, may choose to walk to the “Gate of the Sun” (Inti Punko), which offers its own splendid view of the site. Lunch is at the hotel before departing to Ollantaytambo by Vistadome train and transfer to your hotel in Cusco. *Novotel Cusco* (B, L)

#### **WEDNESDAY, AUGUST 8** **CUSCO**

Enjoy a tour of Cusco, formerly the capital of the Inca Empire and the oldest continuously inhabited city in South America. This morning, visit the renowned fortress and religious site of Sacsayhuaman. Here, massive stone blocks were fitted together so tightly, without mortar, that a knife blade cannot be inserted between them. At the Choco Museum learn about chocolate and make your own chocolate creation. After lunch, tour the bohemian quarter of San Blas known for its attractive narrow streets, Main Square, ateliers and handicraft shops. In the afternoon, visit the famous Santo Domingo Church on what was, during the Inca Empire, the Temple of the Sun or “Koricancha” in Quechua. Farewell dinner. *Novotel Cusco* (B, L, D)

#### **THURSDAY, AUGUST 9** **Cusco / Lima / U.S.**

This morning explore Cusco on your own before a late afternoon flight to Lima. Upon arrival in Lima, connect with an overnight flight to the U.S. Passengers who prefer to take an early morning return flight home may overnight at the airport hotel for an additional charge. *Overnight flight* (B)

#### **FRIDAY, AUGUST 10** **Arrive in the U.S.**

Arrive the U.S. and connect to flights homeward.





LIMA CATHEDRAL

## Trip Costs

*(Per person based on double occupancy)*

<b>ADULT</b> .....	\$5,890
<b>YOUTH</b> (12-16 years old) .....	\$5,490
<b>CHILD</b> (7-11 years old) .....	\$5,290
<b>THIRD PERSON DISCOUNT</b> .....	Less \$300
<i>(Applies only to the third person sharing the room)</i>	
<b>SINGLE SUPPLEMENT</b> .....	\$.920
<b>SAMPLE COACH AIRFARE</b>	
Roundtrip from Raleigh Durham or Miami .....	\$.800
<i>(As of September 2017; quoted separately; subject to change)</i>	

## Program Cost Includes

All accommodations and meals as specified in the itinerary • All land, train and water transportation • 2 in-tour flights (Lima/Cusco; Cusco/Lima) • All activities per itinerary • Entrance fee to Machu Picchu • Local guides and tour manager throughout • Guided field trips, excursions and tours • Bottled water on all excursions • Airport transfers for group flights • Taxes • Gratuities to porters, local guides and drivers • Restaurant service charges and taxes • Baggage handling • Pre-departure information • Coordination and administration.

## What to Expect

For this tour, we will handle all the planning and logistics so you are free to enjoy your family and unique access to memorable and authentic experiences. This exclusive expedition is designed for Duke Alumni and friends who are interested in archaeology, history, and the ancient cultures of Peru and its rich natural environment. The program is not limited to only those bringing children as it offers activities and sightseeing that travelers of any age will find stimulating. Throughout Andean cities, temperatures range from 30°-40° F at night to 60°-75° F during the day and one should always be prepared for rain. Travel is by motor coach, bus, Zodiac-style rafts, regularly scheduled jet planes, and trains. This is a moderately active program that is, at times, busy. Daily programs involve one to two miles of walking, often over uneven terrain, at a leisurely pace. There are activities for young ones and the young at heart including bicycling, nature walks, hiking, whitewater rafting, bird watching and more. There is some stair climbing, and at many ruins, stairs do not have handrails. In the Andes, travelers spend several days at elevations from approximately 8,000 to 11,200 feet. The tour has been planned to allow for gradual acclimatization when traveling to the Andean highlands. The group initially stays in the Valley at approximately 8,000 feet and continues on to Machu Picchu at 7,600 feet, leaving the higher elevations of Cusco for the end after acclimatization. Lima, the capital of Peru, is at sea level.



URUBAMBA VALLEY

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# Terms & Conditions

**PROGRAM COST DOES NOT INCLUDE:** International and U.S. domestic airfare (quoted separately) • Optional 2<sup>nd</sup> Entrance fee to Machu Picchu • Excess baggage charges • Meals not specified in the itinerary • Personal items such as laundry • Email, fax or telephone calls • Alcoholic beverages • Dishes or beverages not included with meals • Room service • Passport fees • Private transfers • Horseback riding • Medical expenses • Travel insurance • Optional extensions or deviations from the scheduled tour • Any increases in the in-tour airfare (included as part of the program cost), security, or fuel surcharges imposed after the initial pricing of this program are not included • Personal gratuity to tour director is at the passenger's discretion.

## RESERVATIONS, DEPOSITS, AND FINAL PAYMENT:

To reserve a space on this tour, please mail authorization of a credit card payment or a check made payable to "Royal Adventures" for \$500 per person with a completed reservation form to: Duke Alumni Travels, Box 90572, Durham, NC 27708-0572. Reservations are acknowledged in order of receipt, so please call (919) 684-2988 to have Duke Alumni Travels hold your spaces. Final payment is due May 3, 2018 and must be paid by check. Royal Adventures CST #2009579-40

**CANCELLATIONS AND REFUNDS:** Notification of cancellation must be received in writing by Duke Alumni Travels from the participant. Should you have to cancel, the following terms will apply: cancellations received within 14 days of booking will receive a full refund of the trip deposit. Cancellations received up to 90 days prior to departure will be assessed a cancellation fee of \$500 per person. Cancellations received within 90 days prior to departure are subject to a 100% penalty of all deposits and payments, regardless of booking date. There are no refunds for unused meals, accommodations or other trip features.

**INSURANCE:** We strongly recommend the purchase of trip cancellation insurance as the cancellation penalty in this brochure will apply. Information on Travel Insurance will be sent upon confirmation. The pre-existing medical conditions exclusion is waived if the insurance is purchased within 14 days of initial deposit. Neither Duke Alumni Association nor Royal Adventures accepts liability for any airline cancellation penalty incurred by the purchase of a non-refundable airline ticket or other expenses incurred by tour participants in preparing for the tour.

**RESPONSIBILITY:** A statement of responsibility and liability release will be provided to passengers upon enrollment and is available to prospective travelers on request. As part of the consideration and right to participate in this tour, each participant will be asked to sign a liability release naming Royal Adventures and Duke Alumni Association.

**QUESTIONS:** Please contact Duke Alumni Travels at 919-684-2988 or [travel@daa.duke.edu](mailto:travel@daa.duke.edu) to reserve or hold space, or Katie Howe, Royal Adventures, at 1-800-453-4754 with logistical questions.

# Reservation Form

To register, return this form with your deposit of \$500 per person to hold \_\_\_\_\_ place(s) on the *Peru & Machu Picchu: A Family Adventure*, scheduled August 1–10, 2018. Final Payment is due May 3, 2018, by check only, payable to "ROYAL ADVENTURES."

NAME AS ON PASSPORT \_\_\_\_\_ DUKE CLASS YEAR \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

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CHILD'S NAME AS ON PASSPORT \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONES: HOME \_\_\_\_\_ OFFICE \_\_\_\_\_

FAX \_\_\_\_\_ E-MAIL(S) \_\_\_\_\_

## PAYMENT OPTIONS

- Please charge my deposit of \$\_\_\_\_\_ to:  
 AMEX  Visa  MasterCard  Discover Card

CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ SEC CODE \_\_\_\_\_

- Pay by check made out to "Royal Adventures"

## ACCOMMODATIONS

- I will share accommodations with:

- \_\_\_\_\_  
 I will require single accommodations (limited availability)

## FLIGHTS

- I/We will take care of our own international flight arrangements  
 Please make round-trip flight arrangements from:

\_\_\_\_\_  
I/We have carefully read the Terms and Conditions and Responsibility sections of this brochure and agree to their terms on behalf of myself and the members of my party named above.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Please sign and return this form  
with deposit check payable to  
"Royal Adventures" or  
credit card authorization to:

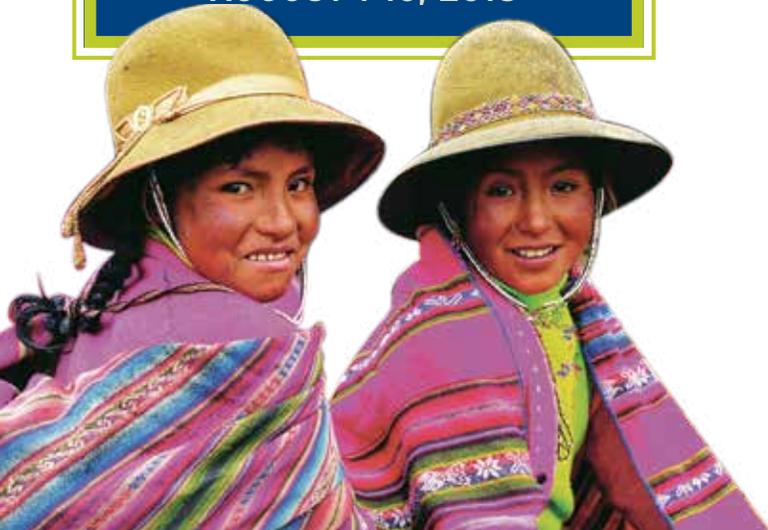
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**BOX 90572 • DURHAM, NC 27708-0572**  
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# Duke ALUMNI

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**PERU &  
MACHU PICCHU**  
A Family Adventure  
AUGUST 1-10, 2018



**EXPLORE PERU**  
on a Duke exclusive program  
to one of the GREAT  
family destinations  
in the Americas!



MACHU PICCHU