CHINA, TIBET & THE YANGTZE RIVER

19 days from $6,587 total price from Los Angeles, San Francisco
($6,095 air, land & cruise inclusive plus $492 airline taxes and fees)

This distinctive small group journey combines a special visit to remote, spiritual Tibet with a memorable cruise on the Yangtze, China’s fabled “long river.” Adding grace notes to this highly popular itinerary: intriguing Beijing, the extraordinary Terra Cotta Warriors of Xian, and cosmopolitan Shanghai. East meets West in a joyful convergence.

Day 1: Depart U.S. for Beijing, China

Day 2: Arrive Beijing We arrive in the Chinese capital and transfer to our hotel. After time to relax, we embark on a brief walking tour. Dinner tonight is on our own.

Day 3: Beijing After this morning’s briefing about the journey ahead, we begin our discovery of this 2,000-year-old city at vast Tiananmen Square, and the Forbidden City, seat of imperial power from 1368–1911. Tonight we enjoy a traditional Peking Duck dinner at a local restaurant. B,D

Day 4: Beijing/Great Wall This morning we enjoy a small group highlight, as we ride rickshaws through Beijing’s ancient back roads and alleys (hutongs) and enjoy a home visit, giving us a glimpse of the traditional communal lifestyle. Then we stop at Olympic Park, site of the 2008 Olympic Games. This afternoon we head to the Mutianyu section of the Great Wall, the network of ancient defense installations that stretches more than 5,500 miles. B,L,D

Day 5: Beijing This morning we tour the splendid Temple of Heaven complex, where China’s rulers once worshipped. This afternoon we visit the Summer Palace, the former royal retreat now a lovely park. B,L

Day 6: Beijing/Xian We fly this morning to Xian, a provincial backwater until the accidental discovery of the Terra Cotta Warriors in 1974. Upon arrival we visit the Yangling Mausoleum, a Han Dynasty tomb dating to 153 CE. After lunch at a local restaurant we tour Xian’s impressive nine-mile city wall and moat. Tonight we enjoy a special dumpling dinner. B,L,D

Day 7: Xian Our day begins with a visit to the revered Small Wild Goose Pagoda (c. 652 CE). After lunch we tour the museum housing the army of 7,000 life-sized Terra Cotta Warriors that had lain buried and forgotten for more than two millennia. B,L,D

Day 8: Xian This morning we tour the Shanxi Provincial Museum, with an acclaimed collection of historic and cultural artifacts. We eat lunch in a local restaurant then visit a typical farming village where we meet the local people and see their lifestyle up close. B,L

Day 9: Xian/Lhasa Early today we fly to Lhasa, Tibet’s capital and only major city. Sitting on a plateau between two Himalayan ridges, the Chinese province of Tibet covers an area as large as Western Europe. On the way to our hotel we stop to visit with a Tibetan family in their home. Since the altitude here is approximately 12,000 feet above sea level, we spend the remainder of the day acclimating. B,L,D

Day 10: Lhasa Your Small Group Tour Highlights

Beijing touring, including Tiananmen Square, Temple of Heaven, Great Wall • Beijing hutong tour and home visit • Dazu Rock Carvings • Three-night visit to fascinating Tibet • Lhasa’s 1,000-room Potala Palace • Visit with a Tibetan family • Three-night Yangtze River cruise, including Three Gorges • Terra Cotta Warriors of Xian • Shanghai touring

Day 11: Lhasa We tour Tibet’s Potala Palace, traditional seat of the Dalai Lamas, active Buddhist temple, and UNESCO World Heritage site.

Day 12: Lhasa/Shanghai Day Itinerary Hotel Rating
1 Depart U.S. for Beijing
2-5 Beijing Sofitel Wanda Deluxe
6-8 Xian Wyndham Grand Deluxe
9-11 Lhasa, Tibet Shangri-La Deluxe
12 Chongqing JW Marriott Deluxe
13-15 Yangtze Cruise Victoria Cruises Sup. First Class
16-18 Shanghai Hilton Shanghai Deluxe
19 Depart Shanghai for U.S.

Your Small Group Tour Highlights

Avg. High (°F) May Jun
Beijing 81 86
Lhasa 66 72
Shanghai 74 81

Visit us at dukealumnitravels.com
Day 10: Lhasa Our tour begins in the heart of the old city at Jokhang, Tibet’s holiest temple. Built in 647, Jokhang is an intriguing complex that attracts pilgrims day and night. Surrounding Jokhang is Barkhor, a plaza lined with chanting monks, street performers, and vendors. Later we tour the summer palace of the Dalai Lamas at Norbulinka; tonight, we enjoy dinner at a local restaurant.  B,L,D

Day 11: Lhasa Opened to foreigners only since 1984, Tibet is a profoundly spiritual place where Buddhism has infused all aspects of life for 13 centuries. We see evidence of this at 17th-century Potala Palace, with 200,000 Buddha images and 1,000 rooms, some of which we explore this morning. This afternoon we visit the vast Sera Monastery.  B,L,D

Day 12: Lhasa/Chongqing We fly today to Chongqing, where we visit the local zoo to see the beloved pandas.  B,L,D

Day 13: Chongqing/Dazu/Board Ship Today’s excursion features the Dazu Rock Carvings dating back more than a millennium – and now a UNESCO World Heritage site. These cliffside carvings reflect Buddhist teachings, tenets of Confucianism, and local folklore. Tonight we board our river ship and set sail downstream.  B,L,D

Day 14: Yangtze Cruising – Shibaozhai or Fengdu Prized for its haunting natural beauty, the Yangtze is one of the world’s longest (3,600 miles) and busiest rivers. This afternoon we visit either the Red Pagoda in Shibaozhai or the “ghost city” of Fengdu.  B,L,D

Day 15: Yangtze Cruising – Qutang Gorge/ Wu Gorge/Small Gorges/Xiling Gorge Today we pass through narrow Qutang Gorge, followed by tranquil Wu Gorge. Then we board a small sampan for a cruise through the stunning Small Gorges, among the most spectacular sights of our trip. Back on board our Victoria Cruises ship this afternoon, we enter 42-mile Xiling Gorge.  B,L,D

Day 16: Yangtze Cruising – Three Gorges Dam/ Shanghai After visiting the site of the immense Three Gorges Dam, we continue on to Yichang, where we disembark and transfer to the airport for the flight to Shanghai, the “Paris of the East.”  B,L

Day 17: Shanghai Our day begins with a walking tour of the Xin Tian Di shopping and entertainment area of reconstituted traditional homes. We continue on to beloved 16th-century Yu Yuan Gardens, whose plantings, courtyards, and pavilions create the illusion of mountains, caverns, and lakes. Then after lunch together we tour the acclaimed Shanghai Museum of ancient Chinese art and artifacts. Tonight we dine on our own then attend a lively acrobatics show.  B,L

Day 18: Shanghai This morning we visit the Bund, the mile-long riverside embankment where foreign investors – and their buildings – once held sway. Then the remainder of the day is at leisure. Tonight we toast our China adventure at a farewell dinner.  B,D

Day 19: Depart for U.S. We depart Shanghai for our return flight to the U.S.  B

Tour membership limited to 24 Duke alumni and friends

“STUDY THE PAST IF YOU WOULD DEFINE THE FUTURE.”
– LAO-TZU

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Victoria Cruises Premier Ships

Launched/Rebuilt: 2004-2011
Registry: Chinese
Crew: 121-189
Air Conditioning: Yes
Decks: 5 or 6
Passenger Capacity: 218-378
All Cabins: Private balcony; satellite TV with HBO

Post-Tour Extension

May 28-30, 2018
SHANGHAI – ON YOUR OWN
3 days/2 nights for $245 total price
Single Supplement: $195

Your Tour Price Includes

• 2 nights' accommodations at Hilton Shanghai (Deluxe)
• 2 meals: 2 breakfasts
• Transfer to the airport

For reservations, call Duke Alumni Travels at (919) 684-2988 or fax (919) 660-0148
Tour Prices
Tour prices quoted are guaranteed through December 31, 2018, and include accommodations based on double occupancy; airfare from your departure city; airline taxes, surcharges, and fees, and port charges and cruise line fees (where applicable), which are subject to change until final payment has been made; internal air, rail, and motorcoach transportation; meals, sightseeing, and transfers as described; hotel taxes; entrance fees for included sightseeing; the services of an Odysseys Unlimited Tour Director; luggage handling for one bag per person; and all gratuities as described below. Please note that the cost of air upgrades is subject to change.

Gratuities
Tour prices include all gratuities for local guides, dining room servers, airport and hotel porters, and all drivers on base tours and on optional extensions when accompanied by an Odysseys Unlimited representative. Please note that gratuities for the Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) are not included unless otherwise specified. These tips are optional and should be extended on a voluntary basis. Gratuities are not included on “On Your Own” optional extensions.

Not Included in Your Tour Price
Airfare from your hometown to your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; communications charges; airport transfers when purchasing a land-only package; gratuities to your Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) unless otherwise specified, which are at your discretion (suggested gratuities $10-$15 per guest, per day); and a Travel Protection Plan. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Registration and Payment
A deposit of $500 per person confirms your reservation. Full payment is due at least 95 days prior to departure and may be made by personal check or credit card. Odysseys Unlimited reserves the right to cancel any reservations that are not paid in full at any time after final payment is due. If you make your reservation after the final payment date, payment in full will be required upon reservation.
## Cancellations and Refunds

If you must cancel your tour, the effective date of cancellation will be upon our receipt of your written notification. Refunds for cancellations are subject to the following per person charges:

### For all tours (except as noted)

<table>
<thead>
<tr>
<th>Prior to departure</th>
<th>Charge</th>
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<tbody>
<tr>
<td>95 days or more:</td>
<td>$200</td>
</tr>
<tr>
<td>94-65 days:</td>
<td>25% of tour price</td>
</tr>
<tr>
<td>64-45 days:</td>
<td>50% of tour price</td>
</tr>
<tr>
<td>44-30 days:</td>
<td>75% of tour price</td>
</tr>
<tr>
<td>29-0 days:</td>
<td>No refund</td>
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### For Egypt & the Eternal Nile, Journey through Vietnam, Machu Picchu to the Galapagos

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</tbody>
</table>

Please note that we will not refund the cost of any unused portion of your tour package. If due to unforeseen circumstances Odysseys Unlimited cancels your tour, you will receive a complete refund of all payments you have made to us.

### Changes to Your Reservation

We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a $100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. No changes to your reservation can be made within 30 days of departure.

### Required Information

Upon reservation, we will need to obtain from you passport information including the following, in accordance with the Transportation Security Administration’s (TSA) Secure Flight program, as well as by our international travel partners: your full name as it appears on your passport, date of birth, and gender (for further information, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket’s reissue.

### Travel Documents

A passport valid for at least six months after the completion of your tour is required for U.S. citizens on all tours in this catalog. If your tour requires a visa(s), we strongly recommend that you have at least six blank visa pages available; for tours not requiring a visa(s), we recommend that your passport have at least three blank visa pages. We will send you specific visa and entry requirements after you make a reservation. You are responsible for obtaining these documents. If you are not a U.S. foreign hotels may be smaller than those to which you are accustomed.
citizen, please contact your embassy or consulate to ensure you obtain the proper documentation.

**Smoking**
For the convenience of the majority of our travelers, Odysseys Unlimited has a No Smoking policy on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

**Health and Medical Issues**
We welcome all travelers, but request that you be in good health to participate in an Odysseys Unlimited tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day), often uphill or on uneven or cobblestone streets. **You must be able to get on and off motorcoaches and boats on your own.** We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that our itineraries cannot accommodate wheelchairs. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, the Duke Alumni Association and Odysseys Unlimited assume no financial responsibility for any unused portion of the tour.

**Air Transportation**
Odysseys Unlimited, Inc. includes in its tour price round trip economy air from designated gateway cities as shown and contracts with those airlines they feel provide the level of service, routings, and value necessary for your entire trip. While another airline may offer a more direct connection, it may be at a price unavailable at the lower group rates. You will receive your preliminary air schedule approximately 2½ months prior to departure. **Please note that seat assignments on your international flight are usually done at airport check-in. Odysseys Unlimited is unable to guarantee any seat assignments.** Due to the nature of tour operator tickets, other restrictions apply, including but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour “Land Only” is available on most tours. Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Odysseys Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

**Responsibility**
The liability of the Duke Alumni Association, as sponsor, and Odysseys Unlimited Inc., as tour operator, is strictly limited. Odysseys Unlimited, Inc. purchases transportation, hotel accommodations, restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, their employees, agents, servants or representatives. The Duke Alumni Association and Odysseys Unlimited, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise line, and other independent suppliers.

We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality. Cruise itineraries may change due to factors such as government regulations, water levels, or weather conditions.
THE DUKE ALUMNI ASSOCIATION RESERVATION FORM

Enclosed is my/our deposit for $______($500 per person) for ____ person/people on the tour listed below. I/we understand the final payment is due at least 95 days prior to departure. Payment may be made by American Express, Discover, MasterCard, or VISA or by personal check. Please make check payable to Odysseys Unlimited, Inc. and mail deposit check to: Duke Alumni Travels, Box 90572, Durham, NC 27708. Or you may fax this form securely to (919) 660-0148. For more information, please call Duke Alumni Association at (800) FOR-DUKE or (919) 684-2988. For trip information only, please contact Odysseys Unlimited, Inc., at (888) 370–6765.

Tour Name ________________________________________________________________

Departure Date _____________________________________________________________

Pre- or Post-Tour Extension (as described on tour page): Please sign me/us up  

Full Passport Name________________________________________________________ Date of Birth __________ Gender ______

Full Passport Name________________________________________________________ Date of Birth __________ Gender ______

Address ________________________________________________________________

City __________________________________________________ State ______ ZIP ______

Home Ph. (_____) ______________________ Alternate Ph. (_____) ______________________

E-mail __________________________________________________ Badge name(s) ______________________________________

Please book my/our air from ______________ I/we request an air upgrade to __________

I will share a room with __________________________ I request a single room (limited availability) 

I/we request an upgrade to a Highland Villa (for Machu Picchu to the Galapagos only) 

Please Note: The undersigned has read the schedule of activities for the above-referenced tour, and agrees that their signature below represents their acceptance of the General Terms and Conditions.

Signature(s) __________________________________________________________ Date __________

Method of Payment

- [ ] Check  - [ ] American Express  - [ ] Discover  - [ ] MasterCard  - [ ] VISA

Account # ___________________________________________ Security Code __________ Exp. Date ______

Name of Cardholder __________________________________________________________

Signature __________________________________________________________

Final invoicing will be sent by our tour operator, Odysseys Unlimited, Inc. The balance of the program price must be paid to Odysseys Unlimited, Inc. Final payment is due 95 days prior to departure and can be paid by check or credit card.