Scottish Isles and Norwegian Fjords

A voyage aboard the Exclusively Chartered Small Ship Five-Star LE BORÉAL

May 10 to 18, 2018

dukealumnitravels.com
Dear Duke Alumni and Friends:

Across the length and breadth of Scotland and Norway lies an unsurpassed richness of archaeological heritage left from the age of the Vikings and before, where ancient, enigmatic stone monuments and settlements present an imposing face to the world. Explore this fascinating land of ruins and old-world villages, Viking and Celtic clans and the spectacular natural beauty of misty isles, wild glens, lochs, moors and Norway’s stunning fjords. Hear the Gaelic language, still spoken in the Scottish Highlands, where the history of those who lived here for centuries emanates from the heather-covered hillsides. Experience these remote gems of the North Atlantic on a journey to distant and mysterious islands along idyllic seascapes and splendid coastlines.

Our rare and specially designed itinerary follows along the stepping stones of Nordic and Scottish civilizations during the best time of year, when the weather is mild and the days are long—a unique voyage accomplished only aboard a small ship cruising into smaller ports where larger vessels cannot venture. The exclusively chartered, Five-Star LE BOREAL, which features only 110 deluxe Suites and Staterooms and provides all the luxury and sophistication of a fine hotel, is ideal for navigating the course of this unique itinerary.

Cruise from dynamic Glasgow, Scotland, to charming Bergen, Norway; call on the most seldom-visited islands of the North Atlantic; and experience two incredible, specially arranged rail journeys—through the Scottish Highlands aboard The Jacobite steam train, better recognized as Harry Potter’s Hogwarts™ Express, and along Norway’s spectacular mountain landscape on the Flåm Railway. Cruise into majestic fjords and admire the natural beauty of the Shetland Islands with their remarkable links to the distant past. Learn more about Viking history on the tradition-steeped Orkney Islands and enjoy opportunities to visit up to five UNESCO World Heritage sites. Traverse the ancient shipping lanes of the Vikings as you cross the North Sea to Bergen, where rows of colorful, gabled houses on the historic Bryggen waterfront evoke the city’s past as a center of Hanseatic League trade.

As our Duke group grows in size, a Duke host will join the trip to bring a uniquely Duke perspective to the tour. This popular travel program sells out quickly, so book now while space and Early Booking Savings are still available!

Forever Duke,

Beth Ray-Schroeder ’83
Director, Duke Alumni Travels
During the enigmatic Viking Age, which prevailed almost 300 years between the eighth and 11th centuries, the Men of the North were cast as fierce barbarians who plundered their way across the known world. They came from Norway to settle in Scotland around A.D. 800—in Jarlshof on the Shetland Islands and in the Hebrides, where over 100 villages still are known by their originally settled Norse names, solidifying the enduring historic link between Norway’s Vikings and Scotland’s clans. Some of Scotland’s best-known clans, like Clan Donald and Clan MacLeod, came from Norse ancestry, and the unique dialects still spoken today on the Orkney and Shetland Islands were influenced by their status as earldoms of Norway until 1468. The complexity, nuance and rich history of these two distinct yet deeply intertwined cultures await your discovery across these remote, verdant and storied lands.

U.S.
Thursday, May 10
Depart the U.S.

Glasgow, Scotland
Friday, May 11
Arrive in Glasgow, a dynamic Scottish city where the indelible mark of Viking conquest still permeates the art and culture. Transfer to the Five-Star Le Boreal and embark to the evocative melodies of a traditional bagpiper.

Scottish Highlands/Oban/Fort William/The Jacobite Steam Train/Mallaig
Saturday, May 12
Enjoy a full day’s journey experiencing the rich, resplendent beauty of the legendary Scottish Highlands. From Oban, travel along the picturesque, castle-dotted shores of Loch Linne to the splendor of majestic Glencoe—Scotland’s most scenic glen, much of which is owned and preserved by the National Trust for Scotland. After lunch, board The Jacobite steam train for one of the great railway journeys in the world through awe-inspiring natural landscapes. Immortalized as the Hogwarts™ Express in the Harry Potter film series, this vintage locomotive with its classic British Railway cars travels from the traditional port town of Fort William past Loch and River Morar to Mallaig near Loch Nevis, the deepest seawater loch in Europe. Along the way, pause at the bucolic village of Glenfinnan, where Bonnie Prince Charlie rallied Jacobite Highlanders against King George II in 1745. Attend the Captain’s Welcome Reception on board the ship this evening.

Kyle of Lochalsh/Portree, Isle of Skye
Sunday, May 13
From the port village of Kyle of Lochalsh travel across a starkly beautiful landscape of rolling green moors to visit the 13th-century Eilean Donan Castle, named for a sixth-century Irish saint and one of the most iconic castles in the world. Cruise the coastline of ethereal Isle of Skye, home to some of Scotland’s most phenomenal geography.

Cover photo: Admire traditional farms and villages flanked by soaring mountains as you cruise the Sognefjord, Norway’s longest and deepest fjord.

Photo this page: The Jacobite steam train travels over the 21-arch Glenfinnan Viaduct as it passes Loch Shiel in the breathtaking Scottish Highlands.
Visit Dunvegan Castle, the seat of the powerful Clan MacLeod since 1270 and built atop a rocky promontory overlooking the sea. Tour its richly appointed public rooms and view the castle’s lush gardens, ablaze with azaleas and rhododendrons.

This evening, the director and head archaeologist of the Ness of Brodgar site will introduce and provide insights about this impressive ancient compound that lies outside of Kirkwall.

**Kirkwall, Orkney Islands**
**Monday, May 14**

Nearly 1000 years before the pharaohs built Giza’s pyramids and over 500 years before Neolithic man raised Stonehenge, ancient inhabitants of this archipelago employed technological prowess centuries ahead of their time to erect Ness of Brodgar, a mysterious compound rivaling the scale of the Athenian Acropolis. Nearby, walk around the stone monoliths of the Ring of Brodgar, which were raised more than 4000 years ago to chart the seasons.

See the ceremonial Stones of Stenness en route to the UNESCO World Heritage-designated settlement of Skara Brae. Archaeologists suggest these sites, along with the Ness of Brodgar, were inhabited by an early Orcadian culture known for decorative arts and sophisticated craftsmanship.

Thousands of years later, the Vikings established the port town of Kirkwall on Orkney’s main island, leaving behind the towering 12th-century St. Magnus Cathedral, known as the “Light of the North.”

Hear the classically haunting sounds of a traditional Scottish bagpiper as you reboard the ship. This evening, listen as a Scottish storyteller weaves the traditional tales that have been handed down by word of mouth for generations in these remote isles.

**Lerwick, Shetland Islands**
**Tuesday, May 15**

Dock in Lerwick and explore the majestic Shetland Islands, declared a Global Geopark by UNESCO for their geologically diverse landscapes and seascapes carved and shaped by ice. Admire nature’s endlessly changing colors and textures, and listen for the clamor of gannets and puffins crowding the dramatic sheer rock cliffs.

The ruins at Jarlshof evoke thousands of years of civilization, from the Neolithic to the Middle Ages.

The chromatic wooden buildings of Bergen’s Bryggen (the old wharf), a UNESCO World Heritage site, harken back to the city’s historical role as one of northern Europe’s oldest trading ports.
From Lerwick, the capital of Shetland, journey to the island’s southernmost point, scanning the verdant landscape for Shetland’s famous ponies grazing on the rolling, grass-covered knolls. Visit Jarlshof, a pending UNESCO World Heritage site and an extraordinary settlement revealing 5000 years of human history, including late Neolithic stone houses, a Bronze Age village, an Iron Age broch and wheelhouse, Norse longhouses, a medieval farmstead and a 16th-century laird’s house.

Bergen, Norway Wednesday, May 16
The city of Bergen was founded on an old Viking settlement in 1070 and has a proud history as an important part of the Hanseatic League’s trading empire from the 14th to mid-16th centuries. Enjoy a walking tour of Bergen’s Bryggen (the old wharf), a UNESCO World Heritage site that proudly displays its characteristically colorful wooden houses. See Trolldhaugen, the summer home of Edvard Grieg, Norway’s most famous composer, and walk the grounds of his estate. Then, visit the reconstructed Fantoft Stavkirke, a traditional 12th-century wooden stave church, named for its post and lintel construction.

Enjoy the afternoon at leisure in Bergen.

Cruising the Norwegian Fjords/Flåm Railway Thursday, May 17
Norway’s fjords and islands offer some of Europe’s most phenomenal coastal scenery, where sea mist, shafts of sunlight and vivid rainbows congregate in a dazzling array of colors that seem to make the landscape greener and the fjords bluer. Be on deck early this morning while cruising the majestic Sognefjord and UNESCO World Heritage-designated Nærøyfjord (time and weather permitting), passing traditional farmsteads and villages flanked by soaring mountains.

Later this morning, board the Flåm Railway, named one of the world’s most scenic train rides by the readers of Travel + Leisure magazine. This masterpiece of Norwegian engineering—the steepest standard-gauge railway track in Europe with an impressive elevation difference of 2835 feet—opened to the public in 1940 and travels 13 dramatic miles through 20 tunnels to the mountaintop train stop of Myrdal. Enjoy stunning views of snowcapped mountains, cascading waterfalls—including the awe-inspiring Kjofossen—and picturesque hamlets along this alpine branch of the world-renowned Bergen Line.

Attend the Captain’s Farewell Reception this evening.

Bergen/U.S. Friday, May 18
Disembark in Bergen and continue on the Wonders of Norway and Copenhagen Post-Cruise Option or transfer to the airport for your return flight to the U.S.

Indigenous Shetland ponies are a strong, unique breed with heavy coats and a maximum height of only 44 inches.

Enjoy a phenomenal journey through the verdant, mountainous fjordlands of Norway aboard the Flåm Railway, first proposed in 1871.

St. Magnus Cathedral, Vikings in 1137.

The spectacular cobalt fjords of Norway’s dramatic west coast were formed by the slow erosion of enormous glaciers, but the warm currents of the Gulf Stream keep them mostly ice free.
FIVE-STAR, SMALL SHIP
MS LE BORÉAL
Small Ship, State-of-the-Art Design
The exclusively chartered LE BORÉAL launched the newest generation of Five-Star small ships, featuring only 110 Suites and Staterooms, distinctive French sophistication and complimentary onboard Wi-Fi.

Elegantly Appointed Suites and Staterooms, 95% with Private Balconies
Each deluxe Stateroom and Suite (200 to 484 square feet) features a private bathroom with shower, luxurious Five-Star hotel amenities and minibar with complimentary beverages; most have two twin beds that convert into one queen bed. Enjoy accommodation amenities including individual climate control, satellite flat-screen television, safe, full-length closet, writing desk/dressing table, plush robes and slippers.

Chic and Casual Dining
International and regional cuisine is served in the stylish, spacious La Licorne dining room in single, unassigned seatings; alfresco in the casual La Boussole Restaurant; or from 24-hour room service. Complimentary alcoholic and nonalcoholic beverages are available throughout the cruise. Continental and buffet breakfasts, buffet lunch, afternoon tea and a four-course dinner are served daily. Wine is served with lunch and dinner.

Spacious Public Areas/
World-Class Service and Facilities
In keeping with the low passenger density, the public areas are spacious and inviting, and they can accommodate all passengers comfortably. Enjoy views from the Panoramic Lounge; nightly entertainment in the Main Lounge; and lectures, cultural performances or film screenings in the state-of-the-art theater. There is a library, Internet salon, Sun Deck, swimming pool, beauty salon, spa, Turkish bath-style steam room, full range of fitness equipment, two elevators and an infirmary staffed with a doctor and a nurse. The highly trained and personable, English-speaking, international crew provides attentive service.

Respect for the Environment
The state-of-the-art propulsion system and custom-built stabilizers provide an exceptionally smooth, quiet and comfortable voyage. By design, the ship is energy efficient and environmentally protective of marine ecosystems and has been awarded the prestigious “Clean Ship” designation due to its advanced eco-friendly features, a rarity among ocean-cruising vessels. The ship has two tenders.
Included Features
On board the exclusively chartered, Five-Star, small ship Le Boréal

- Seven-night voyage from Glasgow, Scotland, to Bergen, Norway, featuring port calls at Oban for The Jacobite steam train through the Scottish Highlands to Mallaig; Kyle of Lochalsh; Portree, Isle of Skye; Kirkwall, Orkney Islands; Lerwick, Shetland Islands, Scotland; and Flåm for the Flåm Railway, Norway; and a cruise of Norway's fjords.
- Eleganty appointed, Five-Star Suite or Stateroom, each with a private bathroom.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages are available throughout the cruise.
- All meals—early continental breakfast, buffet breakfast, buffet lunch, afternoon tea and four-course dinner—throughout the cruise, featuring fine international and regional cuisine, served at single, unassigned seatings.
- Wine is served with lunch and dinner.
- Complimentary Wi-Fi throughout the ship.
- Full-day excursion into the Scottish Highlands, with lunch, featuring a specially arranged trip aboard The Jacobite steam train, one of the great railway journeys in the world.
- Tour of iconic 13th-century Eilean Donan Castle, arguably the most widely recognized castle in the world.
- Scenic excursion to visit Dunvegan Castle and its spectacular gardens on the Isle of Skye.
- Exclusive, specially arranged lecture by the director and head archaeologist of the Ness of Brodgar archaeological site.
- Scenic excursion to the UNESCO World Heritage sites of the Orkney Islands’ Neolithic Ring of Brodgar and 5000-year-old Skara Brae.
- Visit to St. Magnus Cathedral in medieval Kirkwall.
- Traditional Scottish storytelling and the distinctive melodies of Scotland’s iconic bagpipe.
- Excursion to the 5000-year-old prehistoric site of Jarlshof on Scotland’s remote Shetland Islands.
- Visit to Bryggen, Bergen’s historic waterfront—a UNESCO World Heritage site—and a specially arranged tour of Troldhaugen, the home of composer Edvard Grieg.
- Spectacular cruise through the picturesque Sognefjord, Norway’s longest fjord, and UNESCO World Heritage-designated Nærøyfjord (time and weather permitting).
- Round-trip train ride with stunning views on the Flåm Railway, one of the world’s most scenic train rides.

Enhanced Travel Services

- Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- All excursions and visits, as outlined above, with experienced local guides.
- Gratuities to local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your Suite or Stateroom and on excursions.
- Hospitality desk aboard the ship.
- The services of experienced Gohagan & Company Travel Directors throughout the program.
- Complimentary use of a state-of-the-art audio headset for each participant during guided excursions.
- Travel document wallet, name badge and pre-departure information.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Scotland’s Cultural Capitals

Edinburgh • Glasgow

Pre-Cruise Option
Explore two of Scotland’s great cities and their histories of fascinating clans, medieval knights and royal and religious intrigue. In Edinburgh, discover the UNESCO World Heritage-designated Old Town and New Town and explore the renowned Museum of Scotland. During your tour of Glasgow, visit the 12th-century cathedral, the only surviving medieval church in mainland Scotland, and the captivating St. Mungo Museum. Accommodations for two nights are in the ideally located, Five-Star WALDORF ASTORIA EDINBURGH - THE CALEDONIAN.

Wonders of Norway • Copenhagen

Fjordlands • Stalheim • Oslo

By Bergen Railway and Coastal Ferry
Post-Cruise Option
Immerse yourself in majestic Norwegian landscapes and traditional Scandinavian culture on this unique and exclusive five-night journey. Experience the majesty of the Nærøy Fjordlands and ride through the stunning scenery of Europe’s highest mountain plateau on the Bergen Railway. In vibrant Oslo, visit the stately City Hall, where the Nobel Peace Prize ceremony is held, and the unique Vigeland Sculpture Park. Enjoy an exclusively chartered cruise along idyllic canals of Copenhagen and see Christiansborg and Amalienborg Palaces and the “Little Mermaid” statue. In the nearby town of Roskilde, visit its 12th-century, Gothic-style cathedral, a UNESCO World Heritage site, and explore the fascinating Viking Ship Museum. Accommodations are for four nights in comfortable hotels and one night aboard an award-winning SEAWAYS ferry from Oslo to Copenhagen.

The Pre- and Post-Cruise Options are available at additional cost. Details will be provided with your reservation confirmation.

Standing guard over Scotland’s historic capital, Edinburgh Castle served as a royal residence from the ninth to 16th centuries.

The Vikings’ legacy and the maritime character of a traditional Hanseatic city are showcased along Copenhagen’s Nyhavn waterfront.
**SCOTTISH ISLES AND NORWEGIAN FJORDS RESERVATION FORM**

Send to: Duke Alumni Travels  
Box 90572  
Durham, NC 27708-0572  
Phone: (919) 684-2988  
Fax: (919) 660-0148  
travel@daa.duke.edu

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**LAND/CRUISE TARIFF excluding taxes***

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<td>7</td>
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**Owners’ Suite**

Ocean-view, expansive floor-to-ceiling sliding glass doors onto private balcony, shower or tub/shower. Deck 5, Le Normandie.

**Prestige Suite I**

Ocean-view, expansive floor-to-ceiling sliding glass doors onto private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets, writing desk and dressing table. Deck 6, Le France.

**Deluxe Suite**

Ocean-view, expansive floor-to-ceiling sliding glass doors onto private balcony, tub/shower and sitting area with sofas. Deck 6, Le France.

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**Notes:**

- SCOTTISH ISLES AND NORWEGIAN FJORDS RESERVATION FORM.
- Please make my/our reservation(s) in Stateroom Category:
- 1st Choice _______  2nd Choice _______
- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).
- Please make my/our reservation(s):
- Edinburgh • Copenhagen Post-Cruise Option
- Double at $985 per person.
- Single at $525 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).
- Wonders of Norway • Copenhagen Post-Cruise Option
- Double at $2565 per person.
- Single at $1385 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

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**MS LE BORÉAL**

Oct. 16, 2017

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**Early Booking Tariff** through Oct. 16, 2017  
**Tariff** after Oct. 16, 2017

### Oct. 16, 2017

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**Tariff after Oct. 16, 2017**

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**Checklist**

- Please make my/our reservation(s) to Glasgow, Scotland, with return from Bergen, Norway, at additional cost to be advised.
- Economics Class
- Upgrade Economy
-斩 First Class
- UW We want to book my/our air from
- (fill in departure city)
- Note: Airfare is subject to change and availability and is nonrefundable.
- UW We will make my/our own air arrangements.

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**Legal Form**

Enclosed is my/our check for $__________ as deposit.

I/We authorize you to charge my/our deposit of $__________ to:

Make checks payable to Thomas P. Gohagan & Company.

I/We want you to book my/our air from

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by February 2, 2018.
CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until receipt in writing to the offices of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($10 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 60 through 94 days prior to departure, 50% of the published full regular tariffs; cancellations 59 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend for your protection that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Insurance information will be sent upon confirmation from Duke.

RATES: Prices are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid by Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

REGISTRATION: To register, send an original or copy in the form of a fax or scan of the Deposit Form (complete with credit card information), to: 3033168-40, WST#: 601 767 666, OTSR: TA-0905. BINDING ARBITRATION: Any dispute concerning, relating or resulting from or in any manner connected with the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for himself/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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