Passage through the Panama Canal and Costa Rica

aboard the Exclusively Chartered, Five-Star, Small Ship Le Dumont-d’Urville
February 5 to 13, 2020

- Daylight Transit through the Panama Canal
- Luxury Small Ship
- 100% Ocean-View Staterooms

dukealumnitravels.com
Dear Duke Alumni and Friends:

During a specially arranged and narrated daylight transit, cruise from the Pacific to the Atlantic through the storied Panama Canal. Experience the mighty locks that raise and lower oceangoing vessels 85 feet to accomplish in hours what historically required a lengthy and perilous navigation around the tip of South America. A monumental expansion in 2016 doubled the canal’s capacity. This 50-mile passage through the narrow Isthmus of Panama continues to astonish the most veteran traveler.

This journey also features some of the Earth’s most pristine ecosystems in the rainforests, islands and archipelagos of Panama and Costa Rica. Explore the heart of Panama City’s UNESCO World Heritage designated Casco Antiguo—the city’s old town—and tour acclaimed architect Frank Gehry’s only design in Latin America, Panama City’s Biodiversity Museum. Visit the stunning and biodiverse Manuel Antonio National Park, where expert naturalists will lead a trail walk among rare species, including the scarlet macaw and fiery-billed aracari.

Cruise aboard the exclusively chartered, Five-Star LE DUMONT-D’URVILLE, launching in 2019 and featuring the extraordinary Blue Eye, the world’s first multisensory Observation Lounge. This sophisticated small ship is the optimal vessel for accessing the small ports of call on this journey and passage of the Panama Canal.

As our Duke group grows in size, a Duke host will join the trip to bring a uniquely Duke perspective to the tour. Space is limited for this extraordinary travel opportunity and excellent value, so call us soon to reserve your space!

Forever Duke,

Beth Ray-Schroeder ’83
Director, Duke Alumni Travels

Cover photo: Cruise from the Pacific to the Atlantic on our daylight passage through the Panama Canal.
Called the “rich coast” by the Spanish conquistadors who sought to colonize it following Columbus’s arrival in 1502, Costa Rica offers diverse and fascinating richness, seen in its fertile landscapes and the perseverant culture of its indigenous people. More than 25 percent of this captivating country is a national park, wildlife refuge or protected rainforest, earning Costa Rica the distinction of one of the greenest countries in the world and a leading destination for eco-tourism. Explore lush rainforests, stroll the white sands of coral-fringed beaches and encounter a vivid array of wildlife, including howler monkeys and 600 species of non-migratory birds. The national motto of Costa Rica is “¡Pura Vida!” translating to “pure life,” and is expressed in the proud and welcoming faces of the Ticos (Costa Ricans), the passionate biologists captivated by the flourishing rare and endemic species and the spectacularly vivacious landscape itself.

San José, Costa Rica
In the heart of the fertile Valle Central, Costa Rica’s dynamic capital city of San José possesses an eclectic mix of museums; lush, landscaped parks; lively cafés; fascinating art galleries and an interesting fusion of Spanish Colonial, Moorish and Modernist architectural styles. Visit the ornate, Neo-Classical National Theater, built between 1891 and 1897 and recently declared a National Symbol; the interior is famous for its marble staircases and golden statues. Peruse the National Museum’s impressive collections showcasing the country’s natural and cultural heritage, including pre-Columbian artifacts.

Curú National Wildlife Refuge
A unique blend of sustainable agriculture, forest management and wildlife protection, the Curú National Wildlife Refuge is home to species like the scarlet macaw and spider monkey, both reintroduced into the wild here. Encompassing five distinctive untouched habitats that range from mangrove swamps and dry and humid forests, it is the ideal place to see the intricacies of interdependent ecosystems.

Photo this page: See the indigenous Guna people paddling traditional dugout canoes, their main method of transport.
Enjoy a guided walk in the morning, the best time of day to watch for groups of capuchin and howler monkeys, coatis, iguanas and more than 230 bird species.

**Isla Tortuga**
Nestled in a private reserve near the stunning Nicoya Peninsula, idyllic Isla Tortuga is named for its tortoise-like volcanic rock formations. Against a backdrop of coconut palm trees and white-sand beaches, enjoy opportunities to swim and snorkel in this protected island’s clear, sheltered waters, home to fascinating marine life including angelfish, spotted eagle rays and sea horses.

**Manuel Antonio National Park**
Experience an unparalleled diversity of wildlife in this lush tropical haven, a captivating combination of rainforest, beach and coral reef, home to more than 100 species of mammals, almost 200 species of birds and a variety of reptiles and amphibians.

Explore this protected, biodiverse paradise where expert naturalists will assist in spotting colorful toucans, screeching howler monkeys, camouflaged iguanas, arboreal squirrel monkeys, two- and three-toed sloths and rambunctious capuchin monkeys.

**Isla Cébaco, Panamá**
A winding coastline of pristine, seldom-visited sandy beaches and towering palm trees front the dense rainforests that dominate Isla Cébaco, a hidden gem in the sparkling Gulf of Montijo. Snorkel in its emerald waters, where schools of brilliantly colored fish, giant manta rays and four different species of turtles swim amid spectacular rock reefs.

**Panamá City**
In Central America’s most attractive capital city, visit the Punta Culebra Nature Center, an open-air museum focused on marine science and conservation. Nearby, the spectacularly colorful Biodiversity Museum, designed by architect Frank Gehry of Guggenheim fame, showcases the ecological significance of Panamá’s exotic flora and fauna. Visit the UNESCO World Heritage-designated Historic District, a charming neighborhood replete with cobblestone streets and historical buildings, including a 16th-century cathedral. By special arrangement, cruise through the fascinating Panamá Canal.

**San Blas Islands**
Located on the Caribbean side of Panamá, the sun-drenched San Blas Islands are a living testament to Panamá’s indigenous Guna Curú National Wildlife Refuge.
people, also known as the Kuna, and their centuries-old language, customs and culture. The Guna live in thatched-roof huts, barter or trade in fish and agricultural products and travel in dugout canoes. Guna women hand embroider traditional colorful *molas* (reverse appliqué panels) and wear *winis*, long strings of tiny beads wrapped around their forearms and legs in striking geometric patterns.

The turquoise waters of Golfo de San Blas, populated with untouched coral reefs and vibrant marine life, offer a paradisal setting for swimming and snorkeling.

**Landscapes of Costa Rica**

**Pre-Program Option**
Experience the beauty of Costa Rica’s diverse biospheres, from steamy hot springs to misty cloud forests. In view of towering Arenal Volcano, explore the lush rainforest along a series of suspended and fixed bridges. Tour historic San José, and visit an organic chocolate workshop, an award-winning coffee estate and a traditional artisan town known for intricately hand-painted woodcrafts. Accommodations are for two nights in the ideally located Hotel Royal Corin and two nights in the deluxe Costa Rica Marriott Hotel Hacienda Belen.

**Panamá’s Renaissance**

**Post-Program Option**
An exploration of old and new, Panamá is the perfect complement to “the crossroads of the Americas.” Visit the UNESCO World Heritage-designated Panamá Viejo to see the ruins of the oldest European settlement on the Pacific American coast; visit the fascinating Agua Clara Visitor Center for panoramic views of the Panamá Canal expansion and cruise the Gatún River to meet the indigenous Embera people. Spend two nights in the deluxe Bristol Panamá Hotel.

The Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation. Pre-Program pricing includes a credit for one night’s accommodations in San José and the San José city tour already included in the cost of the main program.

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Interact with the Guna people of Panamá’s San Blas region.

Snorkel in the Caribbean’s crystal-clear waters and see colorful marine life up close.
Blue Eye – World’s First Multisensory, Underwater Observation Lounge

Introducing the extraordinary Blue Eye, the world’s first multisensory, underwater Observation Lounge. View the beauty of marine life through the large, subaquatic windows and integrated digital screens providing live images from underwater cameras, and enjoy the sensory experience of listening to the ocean’s unique underwater universe in the comfort of the exclusive Blue Eye lounge.*

Luxury Small Ship, Innovative Design


Life on Board

Enjoy sweeping views from the lounges, which open to the outdoors, and lectures, cultural performances or film screenings in the state-of-the-art theater. Relax in the spa and sauna or the Sun Deck’s infinity-style swimming pool. There is a beauty salon, fitness room and there are three elevators. Complimentary Wi-Fi access is available (conditions permitting).

92 Elegant Suites and Staterooms, 100% with Private Balconies

Each Five-Star Stateroom and Suite (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a bay window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control, private bathrooms with a shower and luxury hotel-style amenities.

Respect for the Environment

A new addition to the Ponant “Clean Ship” fleet, an important distinction among ocean-cruising vessels, Le Dumont-d’Urville is energy efficient and eco-friendly, protecting fragile marine ecosystems.

Chic and Casual Dining

Dine indoors or alfresco on international and regional cuisine served in the stylish, spacious indoor-outdoor restaurant, at the casual pool deck grill or from 24-hour room service. Daily meals include continental and buffet breakfasts, buffet lunch, afternoon tea and four-course dinner.

World-Class Service

The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and nurse.

*Marine life viewing varies by location.
Included Features

In San José, Costa Rica

◆ One night in the deluxe Costa Rica Marriott Hotel Hacienda Belen.
◆ American breakfast.
◆ Tour of San José, including visits to the National Theater and National Museum, with lunch.

Scenic transfer from San José to Puerto Caldera.

On Board the Exclusively Chartered, Five-Star, Small Ship Le Dumont-D’Urville

◆ Seven-night cruise from Colón, Panamá, to Puerto Caldera, Costa Rica.
◆ Elegantly appointed, Five-Star Suite or Stateroom.
◆ Captain’s Welcome and Farewell Receptions.
◆ Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
◆ All meals aboard ship.
◆ Complimentary Wi-Fi access (conditions permitting).
◆ Blue Eye—the world’s first luxury, multisensory, underwater Observation Lounge.
◆ Expert onboard naturalist guides to lead small group excursions.
◆ Guided tour in the Curú National Wildlife Refuge.
◆ Visit to picture-perfect Tortuga Island known for palm-fringed beaches and lush, tropical flora.
◆ Excursion in stunning and biodiverse Manuel Antonio National Park with a naturalist-led trail walk through the protected rainforest.
◆ Specially arranged, onboard guitar performance by local Quepos musicians.
◆ Visit to pristine Isla Cébaco, with time at leisure to swim and snorkel among colorful marine life.
◆ Tour of Panamá City, including a visit to the UNESCO World Heritage site of Casco Antiguo, the Biodiversity Museum and the Punta Culeba Nature Center.
◆ Daylight passage through the Panamá Canal, accompanied by a historical narration. Transit times through the canal are controlled by the Panamá Canal Authority and are subject to traffic conditions.
◆ Visit to the San Blas Islands archipelago to experience indigenous Guna culture.

Scenic transfer from Colón to Panamá City.

Always Included

◆ Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ Experienced, English-speaking local guides for included excursions.
◆ Gratuities to hotel personnel, local guides and drivers on included excursions and transfers.
◆ Hospitality desk aboard ship and in the hotel.
◆ Complimentary bottled water in your Suite or Stateroom and on excursions.
◆ Experienced Gohagan & Company Travel Directors at your service.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Marvel at the grand construction of the Panama Canal, a monumental project that spanned more than 30 years.
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travel@dau.duke.edu

THE PANAMA CANAL AND COSTA RICA RESERVATION FORM

Please make my/our reservation(s)
in Stateroom Category:
1st choice _____ 2nd choice _____
- Double occupancy (one queen bed).
- Double occupancy (two twin beds).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s): Costa Rica Pre-Program Option
- Double at $1345 per person.
- Single at $895 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Panama Post-Program Option
- Double at $645 per person.
- Single at $395 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

1/ We want you to book my/our air, at an additional cost to be advised, from: (fill in departure city)
- Economy Class
- Upgraded Economy
- Business Class
- First Class

Note: Airfare is subject to change and availability and is nonrefundable.

1/ I will make my/our own air arrangements.

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**LAND/Cruise Tariff** excluding taxes*

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<tr>
<th>Stateroom Category</th>
<th>Early Booking Tariff* through Sept. 6, 2019</th>
<th>Tariff* after Sept. 6, 2019</th>
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<tr>
<td>Prestige Suite</td>
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<td>$12995 $13995</td>
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</tbody>
</table>

*Taxes are an additional $415 per person and are subject to change.

I/We authorize you to charge my/our deposit of $__________ to:
- Enclosed is my/our check(s) for $__________ as deposit.
- Make checks payable to Gohagan & Company.
- I/We authorize you to charge my/our deposit of $__________ to:
  - Visa
  - MasterCard

All FINAL PAYMENTS are required to be made by check or wire transfer by November 1, 2019.
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESERVATION OF RIGHT: Gohagan reserves the right to substitute travel accommodations, associations/organizations, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively) the “Travel Agent” and its “designated representative” in the event that a “replacement” reservation is required to meet any travel program. If due to weather, flight schedules or other uncontrollable factors, you are unable to arrive or depart timely or safely, the only source of reimbursement. Insurance information will be sent upon confirmation from Duke.

CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until received in writing to the office of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 61 through 94 days prior to departure, 70% of the published full regular tariff, cancellations 60 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline or cruise cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend for your protection that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Insurance information will be sent upon confirmation from Duke.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel and energy prices and all such increases are to be paid by Gohagan upon notice to the trip participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

REGISTRATION: CST#: 2031885-40, WST#: 601 767 666, CST#: 2A 0905. BINDING ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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