



Discover an astonishing trove of natural and cultural treasures as you navigate the Caribbean coast of Panama and Colombia aboard the 100-guest *National Geographic Quest*. Hike into dense rainforests that harbor extraordinary biodiversity, glide through little-explored inlets by Zodiac and kayak; and meet the indigenous inhabitants of a secluded Panamanian archipelago where age-old traditions remain part of everyday life. Experience the diverse heritage of stunning cities and remote towns off the beaten path, from the Arab-influenced architecture of Colombia's Santa Cruz de Lorica to the bustling shores of Santa Cruz del Islote—the most densely populated island in the world.

DAY 1: PANAMA CITY, PANAMA

Upon arrival in Panama City, transfer to the port in Balboa and embark our ship. (D)

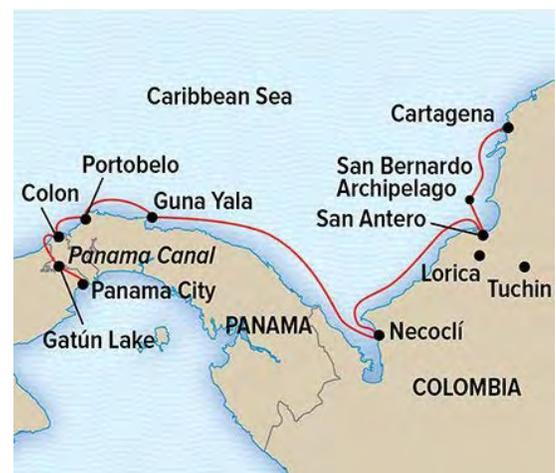
DAY 2: GATÚN LAKE

By special permission, our ship anchors overnight in Gatún Lake, a vast artificial lake that forms a major part of the Panama Canal. In the morning, disembark on Barro Colorado, a hilltop transformed into an island by the damming of the Chagres River to build the Panama Canal. Visit the Smithsonian Tropical Research Institute and learn about initiatives to protect the incredible biodiversity of the surrounding Barro Colorado Nature Monument, one of the most studied areas of tropical forest on the planet and the site of various National Geographic-supported studies. Later, choose to hike into the jungle, navigate the lake by Zodiac, or take a boat ride to the mouth of the Chagres River to explore the Panama Rainforest Discovery Center. Tonight, cruise onward through the complex lock system of the Panama Canal, taking advantage of the nighttime lull in cargo activity. Completed in 1914, the canal is about 50 miles long and sees

some 14,000 ships pass through every year. Witness this astonishing feat of engineering under the dramatic golden glow of floodlights. (B,L,D)

DAY 3: PORTOBELLO

This morning, we arrive along Panama's Caribbean coast and step ashore at the historic town of Portobello. Named by Christopher Columbus in 1502, Portobello, or "beautiful port," was one of the most important Spanish trading centers in the



New World. Explore the town's 17th- and 18th-century Spanish colonial fortifications, designated a UNESCO World Heritage site. Later, hike into Portobelo's lush jungles in search of mantled howler monkeys, toucans, and a variety of parrots. In the afternoon, our ship sails further down the Panamanian coast, where we'll set out with snorkel and fins to explore the vibrant undersea world of the Caribbean. (B,L,D)

DAY 4: GUNA YALA

Wake up amid the archipelago of Guna Yala (also known as the San Blas islands), a constellation of 368 tiny, white-sand isles scattered off the northeast coast of Panama. Get to know the indigenous Guna people, one of the first native groups to achieve political autonomy in Latin America. Spend the morning among the thatched huts of an island village, learning about Guna culture and handicrafts. Marvel at the intricate designs of handmade textiles called molas, which harken back to a female tradition of body painting. In the afternoon, explore the vibrant marine world around the islands by snorkel, kayak, and stand-up paddleboard. (B,L,D)

DAY 5: NECOCLÍ, COLOMBIA

Discover the little-explored coastal community of Necoclí and the surrounding region. Our exploration begins with Zodiac excursions into lagoons fringed by mangroves, part of a protected coastal wetlands area. Keep an eye out for wildlife, including a variety of colorful bird species such as great and snowy egrets, and Amazon and green kingfishers. After lunch, visit a local cocoa farm, where residents are striving to incorporate the UN's Sustainable Development Goals into their agricultural community. (B,L,D)

DAY 6: SANTA CRUZ DEL ISLOTE/SAN BERNARDO ARCHIPELAGO/SAN ANTERO/ TUCHÍN

Santa Cruz del Isote is one of the most densely populated islands on Earth, where some 600 inhabitants live squeezed together in an area the size of two soccer fields, surrounded by turquoise seas and coral reefs. Stroll the island's motor-free streets, past brightly painted houses and bustling docks; and experience daily life on this unusual island as you chat with local residents. Later, as we enjoy lunch on-board, we cruise through the San Bernardo archipelago calling at San Antero. Our afternoon excursion takes us to Tuchín, an indigenous village celebrated as the birthplace of the sombrero *vueltaio*, a type of hat considered a national symbol of Colombia. Observe *vueltaio* makers at work, and then meet with members of the local Zenú community, known for their ingenious irrigation systems. Return to *National Geographic Quest* which will stay at anchor tonight in San Antero. (B,L,D)

DAY 7: SANTA CRUZ DE LORICA/ CISPATÁ BAY

Disembark this morning for our short drive to Santa Cruz de Loricá, a charming riverside town influenced by several waves of immigration from France, Belgium, England, Syria, and Lebanon. Stroll through the central square, overlooked by a stunning Spanish-colonial cathedral and historic buildings in colorful Arabic styles. Return to the ship for lunch and time to relax before embarking on a late afternoon cruise in the rarely-explored Cispatá Bay, timed for optimum wildlife spotting, as native creatures emerge from their mid-day rest. (B,L,D)

DAY 8: CARTAGENA

After breakfast on board, disembark in Cartagena and transfer to the airport to connect with your flight home. (B)

FOR RESERVATIONS, CONTACT:

Duke Travels
 Phone: (919) 684-2988
 Email: duketravels@duke.edu

ADVANCE PAYMENT: \$750 per person

COST INCLUDES: Seven nights' accommodations aboard ship; all meals and nonalcoholic beverages aboard ship; shore excursions; sight-seeing and entrance fees; special access permits and park fees; transfers to and from group flights; use of kayaks, paddleboards, wetsuits, and snorkel gear; all port charges and service taxes; services of the ship's physician and Lindblad Expeditions' natural history staff; gratuities to local guides.

NOT INCLUDED: Airfare; passport and visa fees; meals not indicated; extensions; travel protection plan; personal items such as Wi-Fi, spa treatments, alcoholic beverages, etc.; gratuities to the ship's crew are at guests' discretion.

AIRFARE: Airfare is an additional cost (unless otherwise indicated). Lindblad will assist in making your air arrangements for a \$50 per person service fee.

IMPORTANT FLIGHT INFORMATION: *Please confirm arrival and departure dates prior to booking flights.*

NATIONAL GEOGRAPHIC QUEST

CABIN CAGETORY	CAT. 1	CAT. 2	CAT. 3	CAT. 4	CAT. 5 SUITE
COST PER PERSON – DOUBLE OCCUPANCY	\$ 5,990	\$ 7,040	\$ 7,620	\$ 8,640	\$ 9,620
			CAT. 1 SOLO	CAT. 2 SOLO	
COST PER PERSON – SINGLE OCCUPANCY			\$ 9,250	\$ 10,560	



National Geographic Quest features 50 cabins accommodating 100 guests; the dining room with large picture windows; category 4 cabin with lower single beds can convert to a Queen and a private step-out balcony. Select cabins connect via an inside doorway.

NATIONAL GEOGRAPHIC QUEST

CAPACITY: 100 Guests in 50 cabins.

REGISTRY: United States. **OVERALL LENGTH:** 238 feet.

Purpose-built to deliver the best possible expedition cruising experience, and designed with over 50 years of expedition heritage, *National Geographic Quest* is able to explore the same remote locations we've sought out for decades, while setting a new standard in comfort and style.

PUBLIC AREAS: Global gallery; fitness center; LEXspa; lounge with full service bar and facilities for films and presentations; observation deck; mudroom with lockers for expedition gear, and a partially covered sundeck with chairs and tables. Our "open bridge" provides guests an opportunity to meet our officers and captain and learn about navigation.

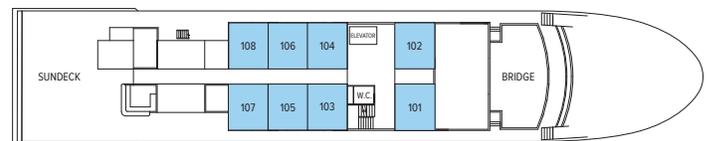
MEALS: Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfast is a wide selection buffet and dinner is served family-style. Menu emphasizes local fare.

CABINS: All cabins face outside with windows or portholes, private facilities and climate controls. Category 4 cabins have step-out balconies.

EXPEDITION EQUIPMENT: A fleet of 8 Zodiacs and 24 kayaks, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, video microscope, paddle boards, snorkeling gear for all guests (where applicable).

SPECIAL FEATURES: Guest internet access, elevator, a Lindblad certified photo instructor, a video chronicler and undersea specialist.

WELLNESS: The vessel is staffed by a Wellness Specialist and features a gym with an elliptical machine, treadmill, exercycles, handweights and resistance bands. Treatments in the LEXspa are available by appointment.



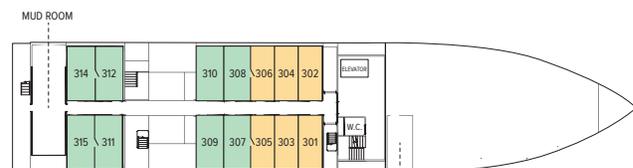
OBSERVATION DECK



LOUNGE DECK



UPPER DECK



MAIN DECK

CATEGORY 1: Main Deck #301-306 Cabins feature two lower single beds that can convert to a Queen, a writing desk and two portholes.

CATEGORY 2: Main Deck #307-315 Cabins feature two lower single beds that can convert to a Queen, a writing desk and two portholes.

CATEGORY 3: Upper Deck #201-206 Cabins feature two lower single beds that can convert to a Queen, a writing desk and two large view windows.

CATEGORY 4: Upper Deck #207-229 Cabins feature two lower single beds that can convert to a Queen, a writing desk, large view window and small, private balcony.

CATEGORY 5 (SUITE): Observation Deck #101-108 Cabins feature two lower single beds that can convert to a Queen, large view windows, an expanded bathroom, writing desk, ample storage space, and a convertible sofa bed to accommodate a third person.

NOTE: Sole Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in Category 5 cabins at one half the double occupancy rate.

Connecting Cabins via internal doorway access:
Main Deck: #312-314, #311- 315, #306-308, #305-307
Upper Deck: #224-226, #225-227



PLEASE RETURN FORM TO:

Duke Travels
Box 90572
Durham, NC 27708

Phone: 919-684-2988

Email: duketravels@duke.edu

RESERVATION FORM

PANAMA AND COLOMBIA | NOVEMBER 13-20, 2021

Please reserve _____ place(s) on the Panama and Colombia expedition with Duke Travels.

Passport Name: _____ Date of Birth: _____

Preferred Name for Name Badge: _____
Email: _____

Passport Name: _____ Date of Birth: _____

Preferred Name for Name Badge: _____
Email: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: _____ Cell Phone: _____

ACCOMMODATIONS: Double Single Twin share w/ friend Share with roommate assigned by tour operator.

Please indicate choice of cabin category in order of preference: 1st choice: _____ 2nd choice: _____

Yes, contact me about arranging air travel

DEPOSIT INFORMATION: \$750 per person

Enclosed is my deposit check of _____. Checks payable to Lindblad Maritime Enterprises, Ltd.

Charge my deposit of \$_____ to my: Visa MasterCard American Express Discover

Account Number: _____ Expires: _____

Cardholder Signature _____ Date: _____

Cancellation Policy

# of Days Prior to Expedition Start /Per Person Cancellation Fee:	
120 or more days	\$350
119-90 days	Advance payment cost
89-60 days	25% of trip cost
59-45 days	50% of trip cost
44-0 days	No refund

Lindblad Expeditions' **Good Faith Plan** means you can book, confident that should you choose to cancel prior to your 2021 voyage, you can—100% assured. For those who wish to cancel their 2021 expedition, we are providing two options: Our standard cancellation policy is available (see left), should that best suit your needs. Or, for more flexibility: cancel your expedition at least 14 days before departure and receive 100% future travel credit for expedition fare paid* to be used on any future 2021 or 2022 expedition. Valid for new bookings of 2021 departures booked between June 10, 2020 and December 31, 2020. See our website for complete details: <https://www.expeditions.com/book-assured/>