

Duke TRAVELS

**BOOK
WORRY-FREE**

Cash-back Guarantee
up to 90 days prior to departure!

See our website
for details

CUBA

& its People

SMALL GROUP

Limited to only
12 Guests!

Featuring
the African
Diaspora



November 4-11, 2022
November 11-18, 2022

AIR INCLUSIVE
from Miami, FL

duke-travels.com



Inspiring Moments

- ▶ **Broaden your understanding** of the extensive influence of the African diaspora on Cuban life and culture.
- ▶ Connect with local experts, community leaders, musicians and artists during **Support the Cuban People visits.**
- ▶ Visit independently owned shops and restaurants to have meaningful discussions with **entrepreneurial Afro-Cubans.**
- ▶ Discover the deep Afro-Cuban roots of **Matanzas, Guanabacoa and Regla.**
- ▶ Tour a farm in **Caimito** and learn about the owner's vision to help Cuban farmers.
- ▶ Encounter Havana's vibrant **jazz scene and burgeoning street art movement.**
- ▶ Ride in an independently owned **1950s convertible** along Havana's Malecón.
- ▶ Experience the thrill of Old Havana and its Fortification System, a **UNESCO World Heritage site.**

Dear Duke Travelers,

From its signature vintage cars and colonial buildings to genuine personal encounters, Cuba leaves visitors with an indelible sense of curiosity. Stay for seven nights in a privately owned boutique hotel located in Havana's Vedado neighborhood. With your intimately sized group, limited to 12 travelers, make authentic connections with Cuba's community and unravel the far-reaching influences of the African diaspora on the island's culture and people.

Duke Travels is pleased to have AHI Travel to operate this educational travel program to Cuba. Our thoughtfully designed Support for the Cuban People travel program delivers a full schedule of activities that provide meaningful interactions between our travelers and Cuban residents while benefiting civil society. Enjoy Cuba's lively jazz and art scenes, learn about organic farming and uncover the profound Afro-Cuban roots of Matanzas, Guanabacoa and Regla. We'll introduce you to independent, small business owners, community leaders, dancers and other residents who share with you their way of life and their arts. Along the way, local experts offer professional insights into their country and expert-led excursions immerse you in the rhythms of everyday life.

Our extensive networks of guides and locals are ready to share their passion for their country with you. Space is limited so we encourage you to make your reservations today!

This exclusive program, developed by AHI Travel, is operated in accordance with a Support for the Cuban People general license established by the Treasury Department's Office of Foreign Assets Control.

Forever Duke,



Beth Ray-Schroeder '83
Senior Director, Duke Travels
Duke Alumni Engagement and Development

UNESCO World Heritage

1. Old Havana and its Fortification System





Plaza Vieja, Havana

Day 1 | Miami, Florida | Havana, Cuba

Depart Miami for Havana. Upon arrival, check in to the Hotel La Reserva Vedado.

Tonight, gather for a Welcome Dinner at a local *paladar*, a privately owned and operated restaurant. Meet and mingle with locals on your first night in Cuba while supporting Cuban entrepreneurialism.

Day 2 | Havana | Guanabacoa | Regla

Discovery: Afro-Cuban Havana. Join Cuban writer and activist Roberto Zurbarano for a walking tour of Old Havana. Along the way, learn about the engrossing history and culture of the Afro-Cuban people. Meet and talk with the founder of Beyond Roots, an independent shop dedicated to promoting Afro-Cuban culture through educational experiences and workshops. Continue to Guanabacoa, the center of Havana's Afro-Cuban culture, and visit the house of a Babalawo, a priest of the Ifá oracle. This intimate experience offers first-hand insight into the practice. After a flavorful lunch, see the Iglesia de Nuestra Señora de Regla in the municipality of Regla. This district is known for its long traditions of Santería, Palo Monte and other religions. Cap off the day at the Christ of Havana statue, made from Carrara white marble.

Day 3 | Havana

Discovery: In-Depth Havana. Climb aboard a classic convertible for a ride through Havana's historic quarter. Peek beneath the hood and learn how these well-preserved cars are maintained, including the challenges of getting access to necessities. Join an expert for a thought-provoking tour of Havana's National

Museum of Fine Arts and see mixed media, paintings and sculptures by Afro-Cuban artists. After lunch at a *paladar*, explore the eclectic Callejón de Hamel, a colorful alleyway that is a central part of Afro-Cuban culture. This paint-splattered street is often full of rumba drummers and dancers, vibrant murals and sculptures, and art made from recycled items. Walk along the alleyway as you learn about a variety of Afro-Cuban religions practiced in Cuba. On Sundays, the alley pulsates with the rhythmic sounds of Afro-Cuban music.

Enrichment: Cuban Economy. Join a University of Havana professor for a talk about the U.S., Cuba and the Cuban economy.

Dine at a *paladar*, an example of Cuba's gradual shift to a more free-market economy.

Day 4 | Havana

Enrichment: Empowering Cuban Women.

A local sociologist gives an insightful talk about gender relations and the role of women in Cuba. Also discuss the challenges that women still need to overcome in order to achieve gender equality on the island.



Callejón de Hamel



Casa Fuster, Havana

Discovery: Inside an Art Studio. Cuba's art scene reflects a menagerie of African, North and South American, and European cultures and influences. Tour Casa Fuster, the studio of Cuban painter and sculptor Jose Fuster, and talk with an artist about his work and the opportunities for local artists.

This afternoon, visit the Ludwig Foundation, a non-profit cultural institution that is dedicated to protecting and promoting Cuban artists. Meet independent local artists and learn about their desires to pursue artistic ventures.

Reflect on the day's events and savor local cuisine at a nearby *paladar*.

Day 5 | Matanzas | Havana

Discovery: Matanzas - The Slaves' Route.

Delve into the cultural riches of Matanzas. Cuba underwent a long period of slavery from 1511 until 1886. Today, Afro-Cuban roots remain profound across the island, especially in Matanzas. Tour the San Severino Museum, a castle built by slave labor to protect the city against attacks. This symbolic museum has many objects and photos illustrating slavery times. Learn about the history of the slave trade and how Afro-Cuban culture is celebrated through art, religion, music, language and other forms of expression. Also visit the Sugar



Wall mural, Matanzas



Afro-Cuban musicians

Mill Triunvirato, the site of the 1843 Rebellion of the Triunvirato.

Enrichment: Race and the Cuban Revolution. Discuss the effect of the Cuban Revolution on racism across the island.

Day 6 | Havana

Discovery: Norma Guillard. This Cuban social psychologist and adjunct lecturer at the University of Havana shares stories about her work. Watch "Maestra," a documentary about female volunteers who taught more than 700,000 Cubans to read and write during the Cuban Literacy Campaign.

Discovery: Cuban Dance. Visit a contemporary dance studio for a look into Cuba's infectious dance scene, and meet some dancers. During a discussion with these specialists, learn about their experiences and commitments to their art and training.

Enrichment: Cuba's Justice System.

A professor from the University of Havana shares his perspective and experiences with working alongside Cuba's justice system.

Day 7 | Caimito | Havana

Discovery: Caimito. Visit an *agromercado*, a street market selling vegetables, fruits and varieties of meats and beans. Continue to Finca Marta, a farm started by agronomist Fernando Funes. The property grows more than 60 varieties of vegetables, fruits and



Finca Marta

INCLUDED FEATURES



herbs that are free from agrochemicals, and it supplies organic produce to many of Havana's restaurants. Learn about Funes' vision to transform the Cuban farming model by using resource-efficient artisanal farming methods and his goals for helping Cuban farmers make a living from their land. Dine on a delicious farm-to-table meal during lunch at Finca Marta.

Enrichment: *Rhythms of Cuban Music.*

Join a Cuban ethnomusicologist to talk about Cuba's enthralling music scene, which has its roots in rhythms from Spain and West Africa.

Tonight, gather for a Cuban jazz show at Paseo 206. Then enjoy a delicious Caribbean Farewell Dinner prepared with artisanal ingredients at the Eclectic restaurant. Raise a toast to your Cuban adventure!

Day 8 | Havana | Miami, Florida

After breakfast, transfer to the airport for the return flight to Miami, Florida.

Note: *This itinerary is subject to change. If an event must be canceled, it will be replaced with another Support for the Cuban People event.*

Explore Cuban culture through interaction with local Cuban residents, artists and artisans, musicians, writers and entrepreneurs, which will directly benefit and support the Cuban people. This exclusive program, developed by AHI Travel, is operated in accordance with a Support for the Cuban People general license established by the Treasury Department's Office of Foreign Assets Control pursuant to 31 CFR section 515.574.



Agromercado

Accommodations (with baggage handling)

– **7 nights** in Havana, Cuba, at the first-class Hotel La Reserva Vedado, a privately owned boutique hotel.

Flights & Transfers (with baggage handling)

– Round-trip flights between Miami and Cuba and all deluxe motor coach transfers during the Land Program.

Extensive Meal Program

– 7 breakfasts, 6 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus a local beverage with dinner.

– Opportunities to sample authentic cuisine and local flavors.

Your One-of-a-Kind Journey

– **AHI Travel Assurance** plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.

– Expert-led **Enrichment programs** enhance your insight into Cuba's history, heritage and culture.

– **Discovery excursions** provide meaningful connections with small business owners and individual Cuban residents who share their personal stories and unique perspectives.

🌱 **AHI Sustainability Promise:**

Striving for a positive, purposeful impact on the destinations we visit: preserving the environment, supporting local communities and giving back to the places we travel.

– A personal VOX headset to hear your English-speaking guide clearly.

– Tipping of local guides and drivers.

– Cuban visa.

– Complimentary travel mementos.

A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

Excursions on this program require:

- ▶ walking on cobblestones, unpaved paths or uneven surfaces
- ▶ getting on and off motor coaches

AHI Travel Expertise

From your reservation to your return home, we're here to ensure you have the adventure of a lifetime.

Before you go:

- ▶ **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ **Passenger Service Representative** | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.
- ▶ **Travel Information** | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

Once you arrive:

Our top-notch, dedicated team takes your adventure to the next level! Share a laugh, learn where to find the best café and enjoy their unique perspectives on the local scene.

- ▶ **Travel Director** | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you'll enjoy a seamless, unforgettable travel experience.
- ▶ **Expert Guides** | Who better to show you around than the people who live there? We've specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.



Hotel La Reserva Vedado | Havana



Located in the revered neighborhood of El Vedado, this privately owned boutique hotel offers a peaceful tropical garden, contemporary Cuban art throughout and welcoming service. The inviting decor evokes the colonial past of this antiquated mansion and your individually decorated room offers the ideal blend of elegant furnishing and modern comforts.

Cuba ~ The African Diaspora

Trip #:11-27298W

Call Duke Travels at **919-684-2988** or email **duketravels@duke.edu** to reserve your place (preferred registration method).

Please inform Duke Travels if you are mailing in your reservation form in order to secure your place. Once you complete this Reservation Request with Duke Travels, they will submit it to AHI Travel's office. Then, an AHI Travel Expert will contact you within one business day of receipt of your reservation request to discuss deposit payment. Your reservation is not confirmed until your deposit is paid and processed.

Send to Duke Travels, 615 Chapel Drive
Box 90572, Durham, NC 27708-0572
Phone: **919-684-2988**
Email: **duketravels@duke.edu**

Please select your trip departure date.

- November 4-11, 2022
- November 11-18, 2022

I/we would like to request _____ place(s).

Deposit amount is \$600 per person.

Full Legal Name (*exactly as it appears on passport*)

1) _____
Title First Middle Last

Date of Birth

Email Name you would like on your name badge

2) _____
Title First Middle Last

Date of Birth

Email Name you would like on your name badge

Street Address _____

City _____ State _____ ZIP _____

Home (_____) _____ Cell (_____) _____

Sharing with _____
Name (Reservation Request sent separately)

Single Accommodations

Single accommodations are not available.

This is an air-inclusive program between Miami, FL, and Cuba.

Yes, I/we are requesting the round-trip flight(s) to and from Miami, FL, to depart from: _____
Departure City

Please contact me regarding air options.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **August 21, 2022** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Please note: Program-specific terms and conditions are available on our website on the trip page. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

LAND & AIR PROGRAM

November 4-11, 2022 | November 11-18, 2022

Full Price

\$5,045

Special Savings

\$250

Special Price*

\$4,795

*Special Price valid if booked by the date found on the address panel.

All prices quoted are in USD, per person, based on double occupancy and include round-trip air service between Miami and Cuba.

Suite upgrades are available at an additional cost (limited availability).

Single accommodations are not available on this program.

Christ of Havana statue



Afro-Cuban art



TRAVEL WITH CONFIDENCE

For more than half a century, our dedicated team has helped travelers explore the world safely and securely.

To offer you added peace of mind, we've fine-tuned all facets of your travel experience:

- ✓ **Included AHI Travel Assurance** covers travel- and health-related contingencies. Available for U.S. residents only.
- ✓ Increased booking flexibility and relaxed cancellation penalties.
- ✓ **Home support staff and ground team** communicating 24/7 to ensure a seamless and safe journey.
- ✓ Travel Directors specially trained to the highest standard in accordance with AHI's health and safety protocols.
- ✓ A global network of partners rigorously following new procedures and protocols.
- ✓ **Enhanced sanitization practices** for river ships, hotels, trains and motor coaches.
- ✓ Tour operations modified for smaller groups and greater physical distancing.
- ✓ Hand sanitizer available for guest use.



Afro-Cuban dancers

919-684-2988

TRAVEL
WITH CONFIDENCE

**Enhanced Health
& Safety Protocols**

See pricing panel
for details

Plaza de la Catedral, Old Havana

Discover the profound influence of the African diaspora on Cuban culture!

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



Please call or refer to our website for the most current program information, discounts and pricing.

Presorted Std.
U.S. Postage
Paid
AHI Travel