Crossroads of the Mediterranean ... the “toe” in Italy’s boot ... “God’s Kitchen” ... Sicily is all this, and much more, as we see on our stellar small group journey around this Italian island. It’s lively cities and ancient ruins, temples of man – and of nature, hospitable people and delectable cuisine ... a feast for all the senses.

Day 1: Depart U.S. for Palermo, Italy

Day 2: Arrive Palermo We arrive today in Palermo, capital of Italy's autonomous region of Sicily. This evening we gather at our hotel for a briefing on the journey ahead, followed by a welcome dinner. D

Day 3: Palermo On this morning's walking tour, we discover 2,700-year-old Palermo's twin claims to fame: impressive architecture and world-class street food. Highlights include Palermo Cathedral and Palazzo Reale, both part of Arab-Norman Palermo, a UNESCO site comprising nine civil and religious structures dating to Norman rule in Sicily (c. 12th century). We also see Massimo Vittorio Emanuele Theater, one of Europe's largest opera houses; and the Church of San Cataldo, another of Palermo's Arab-Norman treasures. Along the way we pass through vibrant markets selling arancini, cannoli, and other Sicilian specialties – which of course, we stop to sample. Following our tour, we enjoy lunch at a local restaurant then return to our hotel in the city center. The remainder of the day is free for independent exploration. With dinner on our own tonight, perhaps a culinary adventure is in order – and thanks to Sicily's strategic Mediterranean location that lured many invaders, Sicilian food incorporates Italian, Arabic, and African influences into a singular, and delicious, cuisine. B,L

Day 4: Palermo/Erice/Trapani A full day of touring takes us first to the medieval walled town of Erice. Perched atop a mountain nearly 2,500 feet above sea level, Erice offers panoramic views of the valley below, the port town of Trapani, and the Tyrrhenian Sea beyond. We continue to Trapani, where we visit the region's famed salt pans. Though the area is a designated Nature Reserve, Sicilians still harvest salt here using centuries-old methods; indeed, the oldest of the area's 60 working windmills dates to the island's Arabic regime. We tour the museum here then enjoy lunch at a local restaurant before returning to Palermo. B,L

Day 5: Palermo/Monreale/Agrigento En route to Agrigento today, we stop in nearby Monreale. Sitting on the slopes of Monte Caputo, Monreale looks over La Conca d’Oro, or “the Golden Shell,” a richly fertile valley studded with groves of orange, olive, and almond trees. Here we visit the city's celebrated cathedral, another gem of Arab-Norman Palermo and one of the finest examples of Norman architecture still in existence. The imposing main façade and ornate outer cloister serve to prepare us for the cathedral's breathtaking main sanctuary, where every inch of wall and ceiling space is covered with painstakingly detailed mosaics. Crafted by artisans from Constantinople (now Istanbul), the dazzling mosaics contain some...
Day 6: Agrigento This morning we visit the Valley of the Temples, a UNESCO site and archaeological zone whose ruins of fallen Doric temples and sanctuaries date to Greek rule in the 5th century BCE. Known in its heyday as “the most beautiful city of mortals,” Agrigento was one of the leading cities during the Golden Age of ancient Greece. Our tour features both the eastern zone, where we see the beautifully preserved Temple of Concordia (c. 430 BCE), and the western zone, with the massive temple of Olympian Zeus, believed to be the largest Doric temple ever built. From the outdoor sites, we then move on to Agrigento’s archaeological museum, with exhibits and artifacts that tell the story of this outpost of classical Greece. Then we return to our hotel for a cooking lesson and dinner. B,D

Day 7: Agrigento/Piazza Armerina/Syracuse We travel across Sicily’s southern reaches today to Syracuse (Siracusa), stopping along the way in Piazza Armerina to visit Villa Romana del Casale, an elaborate 4th-century CE villa and UNESCO site boasting one of the richest, and largest, collections of mosaics in the Roman world. Thanks to having been buried by landslides, the villa’s vivid frescoes, and the more than 3,200 square feet of mosaics survived the millennia in remarkably good shape. Following our tour here, we continue on to Syracuse, arriving late this afternoon. Once the largest city in the ancient world, Syracuse today is an alluring spot known for its superb archaeological sites and the relaxed seaside ambiance of its Baroque old town. B,L,D

Day 8: Syracuse Today we discover what this city is best known for: the Archaeological Park of Neapolis, a UNESCO site that comprises a range of ancient monuments. We begin our explorations at the 5th-century BCE Greek theater, the 16,000-seat amphitheater where the tragedies of Aeschylus were staged – in his presence – and still in use today. Next: Latomia del Paradiso (Paradise Quarry), the now overgrown shaft from which the white limestone used to build Syracuse was cut. Because it has excellent acoustics, the quarry also is known as the Ear of Dionysius. We continue on to the Roman amphitheater, the 1st-century BCE arena that once held gladiator spectacles; today it hosts musicals on its ancient stones. Then we take a walking tour of Ortigia, the “white pearl” of Sicily, the historical center of Syracuse, and a UNESCO site. B,D

Day 9: Syracuse This morning we embark on a cruise along Sicily’s Ionian coast dotted with tiny islands and caves. We see the Spanish Wall, 13th-century Castello Maniace that served as a bulwark against invaders in the Middle Ages, and historic Ortigia Island. We disembark on Ortigia, where we’re free to explore and enjoy lunch on our own. Late afternoon we return to our hotel, where we dine tonight. B,D

Day 10: Syracuse/Mt. Etna/Taormina We depart Syracuse this morning and make our way up the coast to Mt. Etna, one of Europe’s largest active volcanoes. The ancients believed conical snow-topped Etna to be the forge of Vulcan, god of fire; today, modern-day Sicilians have a very personal relationship with the volcano, which frequently erupts but is seldom destructive. Descending from the volcano, we stop at a private farm set amidst acres of lemon and kiwi groves, where we enjoy a small group highlight: a homemade lunch prepared by the family who lives here. To accompany our meal, we sample some excellent Sicilian wines. Then we resume our journey to Taormina, arriving late this afternoon. This evening is at leisure, with dinner tonight on our own. B,L

Day 11: Taormina This morning we embark on a walking tour of this delightful medieval town set on a rocky terrace overlooking the Ionian Sea. Highlights include the 3rd-century BCE Greek theater, where gladiators once battled; the 13th-century fortress-like Duomo; and grand Piazza Vittorio Emanuele, site of the ancient agora and today an inviting plaza. This afternoon is at leisure to enjoy Taormina as we wish; tonight we celebrate our Sicily adventure over a farewell dinner at a local restaurant. B,D

Day 12: Depart for U.S. We transfer today to the Catania airport for our return flight to the U.S. B
Duke TRAVELS

ODYSSEYS UNLIMITED

The Small Group Travel Experience

Important Information About Your Tour

General Terms and Conditions

Please read this information carefully, as payment of a deposit represents your acceptance of the following Terms and Conditions.

Tour Prices
Tour prices quoted are guaranteed through December 31, 2022, and include accommodations based on double occupancy; airfare from your departure city; airline taxes, surcharges, and fees, and port charges and cruise line fees (where applicable), which are subject to change until final payment has been made; internal air, rail, and motorcoach transportation; meals, sightseeing, and transfers as described; hotel taxes; entrance fees for included sightseeing; the services of an Odysseys Unlimited Tour Director; luggage handling for one bag per person; and all gratuities as described below. Please note that the cost of air upgrades is subject to change.

Gratuities
Tour prices include all gratuities for local guides, dining room servers, airport and hotel porters, and all drivers on base tours and on optional extensions when accompanied by an Odysseys Unlimited representative. Please note that gratuities for the Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) are not included unless otherwise specified. These tips are optional and should be extended on a voluntary basis. Gratuities are not included on “On Your Own” optional extensions.

Not Included in Your Tour Price
Airfare from your hometown to your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; immunizations and inoculations; communications charges; airport transfers when purchasing a land-only package; gratuities to your Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) unless otherwise specified, which are at your discretion (suggested gratuities $10-$15 per guest, per day); and a Travel Protection Plan. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Registration and Payment
A deposit of $500 per person confirms your reservation and is fully refundable up to 95 days prior to departure. Full payment is due at least 95 days prior to departure and may be made by personal check or credit card. Odysseys Unlimited, Inc. reserves the right to cancel any reservations that are not paid in full at any time after final payment is due. If you make your reservation after the final payment date, payment in full will be required upon reservation.

A minimum number of participants is required to secure the services of a Duke Travels representative (faculty or host). Every attempt will be made to find a Duke host who will join the program to add a uniquely Duke perspective to the experience. If this is important to you in making your decision to travel with this program, please call 1-919-684-3046 before making your final payment.
Cancellations and Refunds
If you must cancel your tour, the effective date of cancellation will be upon our receipt of your written notification. Refunds for cancellations are subject to the following per person charges:

For all tours (except as noted)

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For Africa’s Wildlife, Egypt & the Eternal Nile, Patagonian Frontiers

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Required Information
Upon reservation, we will need to obtain from you passport information including the following, in accordance with the Transportation Security Administration’s (TSA) Secure Flight program, as well as by our international travel partners: your full legal name as it appears on your passport, as well as your date of birth and gender (for further information, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket’s reissue. In addition, airlines may require that we provide them with your contact information prior to departure.

Travel Documents
A passport valid for at least six months after the completion of your tour is required for U.S. citizens on all tours in this catalog. If your tour requires a visa(s), we strongly recommend that you have at least six blank visa pages available; for tours not requiring a visa(s), we recommend that your passport have at least three blank visa pages. We will send you specific visa and entry requirements after you make a reservation. You are responsible for obtaining these documents. If you are not a U.S. citizen, please contact your embassy or consulate to ensure you obtain the proper documentation.
Smoking
For the convenience of the majority of our travelers, Odysseys Unlimited, Inc. has a No Smoking policy (including e-cigarettes and vaping) on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

Health and Medical Issues
We welcome all travelers, but request that you be in good health to participate in an Odysseys Unlimited, Inc. tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day), often uphill or on uneven or cobblestone streets. **You must be able to get on and off motorcoaches and boats on your own.** We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that many of our itineraries, for reasons beyond our control, do not accommodate wheelchairs. Please call or e-mail us to inquire, and we will do our best to answer any questions you may have. Please call or email us to inquire, and we will do our best to answer any questions you may have. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, Duke University (DUKE) and Odysseys Unlimited, Inc. assume no financial responsibility for any unused portion of the tour. While we do our best to accommodate food allergy concerns, we cannot guarantee zero cross-contamination.

Air Transportation
Odysseys Unlimited, Inc. includes in its tour price round trip economy air from designated gateway cities as shown, and contracts with those airlines the company feels provide the level of service, routings, and value necessary for your entire trip. While another airline may offer a more direct connection, it may be at a price unavailable at the lower group rates. You will receive your preliminary air schedule approximately 2½ months prior to departure. **Please note that seat assignment on your international flight is usually done at airport check-in. Odysseys Unlimited, Inc. is unable to guarantee any seat assignments.** Due to the nature of tour operator tickets, other restrictions apply, including, but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour “Land Only” is available on most tours. Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Odysseys Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

Responsibility
The liability of Duke University (DUKE), as sponsor, and Odysseys Unlimited, Inc. (OU), as tour operator, is strictly limited. As operator, OU purchases transportation, hotel accommodations, and restaurant and other services from independent suppliers not under their control. OU serves only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, or of their employees, agents, servants, or representatives. DUKE and OU are not liable for injury, damage, loss, accident, or delay that maybe caused by events not within our control, including, without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise lines, and other independent suppliers. OU will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require OU to change a hotel, we will select alternative accommodations of the same or better quality. Cruise itineraries may change due to factors such as government regulations, water levels, or weather conditions.
DUKE TRAVELS RESERVATION FORM

To reserve your place on tour, please call Duke Travels at (919) 684-2988 (preferred registration method) or email duketravels@duke.edu. Please have the information outlined below available to share with a Duke Travels representative. If you prefer, you may also complete this Reservation Form and mail it to Duke Travels’ office. Please alert Duke Travels to your pending reservations request.

Once this request is received by Duke Travels (either by phone, email, or mail), a Travel Counselor from Odysseys Unlimited will contact you within two business days to securely take your credit card information for the deposit. Your reservation is not confirmed until your deposit is paid and processed. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. If paying by check, please make check payable to Odysseys Unlimited, Inc. and include with the form. Final payment is due 95 days prior to departure.

For trip information only, please contact Odysseys Unlimited, Inc. at (888) 370-6765.

Send to: Duke Travels
Box 90572
Durham, NC 27708

I/We would like to request __________ place(s). (Deposit amount is $500 per person.)

Full Passport Name ___________________________________________ Date of Birth ______________ Gender _____
Full Passport Name ___________________________________________ Date of Birth ______________ Gender _____
Address __________________________________________________________
City ______________________________ State __________ ZIP ______________________________
Home Phone (_____) __________________________ Cell Phone (_____) __________________________
E-mail(s) __________________________________________ Badge Name(s) __________________________

Please book my/our air from __________________________ I/We request an air upgrade to __________________________
I will share a room with ______________________________________ I request a single room (limited availability) ❑
I/We request an upgrade to tent category ________ (for Africa’s Wildlife only)
I/We request an upgrade to cabin category ________ (for Patagonian Frontiers only)