

Duke TRAVELS

WITH PROFESSOR J. CLARE WOODS

NATURE & CIVILIZATION IN THE ANCIENT CLASSICAL WORLD



**EXPLORING CAPPADOCIA,
COASTAL TURKEY & THE GREEK ISLANDS**

ABOARD THE 34-GUEST YACHT CALLISTO | OCTOBER 12- 24, 2022

duke-travels.com

Duke TRAVELS

Dear Duke Travelers,

In the golden days of autumn, explore the fascinating connection between nature and civilization in a magnificent corner of the world - Turkey and the Greek islands. The architects of ancient civilizations understood that location is essential. In their sanctuaries, temples and palaces, stadiums, churches and towns, they relied on the natural characteristics of the landscape to augment, illuminate and enhance their own masterworks.

Duke Travels is pleased to have engaged Thalassa Journeys to offer this program, which will begin in Cappadocia, a region in central Turkey featuring one of the most unusual landscapes on Earth. In this striking landscape of towering boulders, dwellings and churches were dug out of the rock and often decorated with beautiful frescoes. Spend three days in this extraordinary place that has been a refuge of people since deep antiquity and a flourishing center of early Christianity. Continue to the country's Mediterranean coast, stopping in thriving Konya, known as the capital Iconium under the Romans and Byzantines, visited several times by Saints Paul and Barnabas, and later becoming the capital of the Seljuks.

At the port of Antalya, board the yacht *Callisto*, and sail first along Turkey's coast calling at Finike. Explore Myra with its impressive ancient Lydian remains and the Church of St. Nicholas. Enter the realm of the fabled Greek islands to visit Rhodes, the island dedicated to Helios, the sun god, and site of the Colossus, one of the Seven Wonders of the Ancient World; Kos, the birthplace of Hippocrates, the father of medicine; unspoiled Amorgos, with its characteristic cubic whitewash architecture; and Santorini, perhaps the most unique island in the entire Mediterranean Sea. Conclude your voyage in Heraklion, on the great island of Crete, which was home to the brilliant Bronze Age Minoan civilization, the earliest civilization in Europe.

Join Professor Clare Woods for a journey that will surely enrich the mind and inspire the senses.

Forever Duke,



Beth Ray-Schroeder '83
Senior Director, Duke Travels
Duke Alumni Engagement and Development

DUKE GUEST LECTURER Professor J. Clare Woods



Clare Woods (PhD, King's College, London) is an Associate Professor of Classical Studies at Duke University. Her research delves into medieval Latin literature and culture, and she has published on early medieval sermon collections, lexicography, and the cult of Mary in Western Europe. Her specializations also include work with Latin manuscripts, paleography (the study of ancient and medieval scripts/ handwriting), and early printed books. Since arriving at Duke in 1999, she has taught a wide range of courses on ancient and medieval texts and authors, as well as mythology, ancient environmental history, the city of Rome through the ages, and the history of the book.

Cover photo: Goreme, Cappadocia

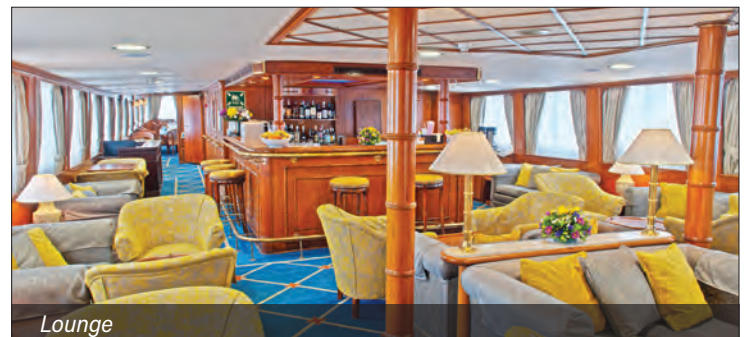
FOR RESERVATIONS AND INFORMATION, PLEASE CONTACT DUKE TRAVELS AT (919) 684-2988 or duketravels@duke.edu

THE 34-GUEST YACHT CALLISTO

More Like A Private Yacht Than A Cruise Ship



Cabin



Lounge



Sun Deck



Library



Dining Room

In an era of mega cruise ships that carry thousands of passengers, *Callisto* is a delightful alternative. More like a private yacht than a cruise ship, *Callisto* accommodates a maximum of just 34 guests in 17 cabins that face outside.

Unlike the formalities found on larger cruise ships, a relaxed and informal atmosphere prevails aboard. A well-trained English-speaking crew of 18 manages the ship and provides friendly and efficient service. The dining room, surrounded by large windows, accommodates all guests at one unassigned seating, while the adjoining lounge, which is also lined with windows, is a good place to meet and socialize with fellow travelers, and attend

lectures. When the weather permits, several meals will be served al fresco. A library faces the spacious Sun Deck.

The 17 cabins range in size from 130 sq. ft. to 145 sq. ft. There are four different categories of cabins arranged on two decks, all of which feature either windows (Categories A & B), or portholes (Categories C & D); twin, double or queen-size beds; individually controlled air-conditioning; flat-screen TV; mini fridge; wardrobe; safety deposit box; and telephone (internal use). Each cabin has a private bathroom with shower, marble sink countertop, hair dryer, and fine toiletries.

Callisto is equipped with stabilizers that provide smoother sailing.

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ITINERARY



Ancient Agora ruins, Perge

DAY 1: Wednesday, October 12

DEPART THE US: Depart the US for Kayseri, Turkey.

DAY 2: Thursday, October 13

KAYSERI, Cappadocia, Turkey: Arrive in Kayseri, in Turkey's Cappadocia region. Boasting one of the world's most extraordinary landscapes, Cappadocia is dominated by enormous boulders of various shapes, giving the area an outwardly beauty. Beginning in the 6th century, Christians carved from the rock hermitages, churches, and entire monastic complexes into the rock. Upon arrival, transfer to the magnificent Gamirasu Cave Hotel, formerly a Byzantine monastery that was carved out of the rock, where we will spend the next three nights. Meals: D

DAY 3: Friday, October 14

CAPPADOCIA: Explore in the morning Goreme, the honey-colored village carved out of the hills, and visit the Goreme Open-Air Museum, a UNESCO World heritage site, that consists of several rock-cut churches and chapels. Continue to Pasabagi ("Monks' Valley"), a landscape dominated by conical formations of tuff, and renowned for its mushroom-shaped fairy chimneys that were once inhabited by monks. After lunch at a local



Roman Amphitheater, Aspendos

restaurant, visit the Zelve Open-Air Museum, spectacularly set at the head of two canyons and the town of Avanos, a pottery-making center since the Bronze Age, where we will visit the Guray Ceramic Museum.

Meals: B, L, D

DAY 4: Saturday, October 15

CAPPADOCIA: Leave the hotel in the morning for the underground city of Kaymakli, and the beautiful village of Sinasos, notable for its lovely Greek stone-carved mansions. Nearby is the Keslik Monastery, a rock-cut labyrinthine Byzantine complex dating to the 13th century. Next to it is the St. Stefanos church, built in the 9th century in a rock cone. After lunch at a local restaurant, spend the afternoon at leisure. Enjoy dinner at a local restaurant.

Meals: B, L, D

DAY 5: Sunday, October 16

CAPPADOCIA/KONYA: Depart from Cappadocia in the morning for Konya, stopping on the way at the Sultanhanı Caravanserai, a fortress-like inn that dates from 1229. The bustling and prosperous university city of Konya, the Roman and Byzantine Iconium, reached its golden age in the 12th century when the Seljuks made it their capital. It was during that period that Celaleddin Rumi, one of the world's great mystic philosophers, and the founder of the whirling Dervishes. After his death, his son organized his followers into a brotherhood who became known as the Whirling Dervishes. After lunch at a restaurant in Konya, visit the Mevlana Museum, housed in the former lodge of the Whirling Dervishes; the Tile Museum, built in 1251; and the 13th-century Alaeddin Mosque, surrounded by a lovely garden. In the evening, attend a Whirling Dervish performance. Overnight at the Hilton Garden Inn.

Meals: B, L, D



Santorini

DAY 6: Monday, October 17

KONYA/ASPENDOS/PERGE/EMBARK ON *CALLISTO* IN ANTALYA:

Drive south to Aspendos, an ancient Greek city dating to the 7th century BC. The chief monument of the site is the superb theater, built in the 2nd century AD. Close to Aspendos is Perge, another Greek city, which according to legend, was settled after the Trojan War. Perge was visited by Paul and Barnabas on their first missionary journey. "They preached the word of the Lord in Perge, and went down to Attalia, taking a ship there for Antioch." (Acts 14.24.) Explore the substantial remains of the city, and then drive to nearby Attalia, now called Antalya, to board our yacht, *Callisto*. Overnight aboard docked in Antalya.

Meals: B, L, D

DAY 7: Tuesday, October 18

FINIKE & MYRA: Spend the morning cruising along Turkey's coast. Arrive early in the afternoon in Finike for an excursion to Myra, one of the most important ancient cities of Lysia. According to the Acts of the Apostles, when St. Paul was taken as a prisoner to Rome in AD 60, his ship called at Myra. With the spread of Christianity in the Greco-Roman world, in the 4th century Myra acquired widespread fame because of the miracles performed by its gift-bearing bishop, St. Nicholas, identified with the legend of Santa Claus. Tour the city's ancient remains and visit the Church of St. Nicholas, originally built in the 4th century and rebuilt several times since then.

Meals: B, L, D

DAY 8: Wednesday, October 19

RHODES, Greece: Entering the Greek islands of the Aegean Sea, we will call in Rhodes. Inhabited since the Neolithic period,

Rhodes flourished during antiquity, especially during the 3rd and 2nd centuries BC. Standing by the city's harbor was the Colossus, an enormous statue dedicated to the sun god, the island's patron, that was one of the Seven Wonders of the Ancient World. Occupied by the Knights of St. John of Jerusalem from 1309 to 1523, Rhodes features one of the best-preserved medieval towns in Europe, which we will explore in the morning. In the afternoon, drive along the coastal road to the village of Lindos, one of the prettiest settings in the Aegean. Spread below the towering ancient acropolis is the village with its distinctive architecture and narrow alleyways, while the acropolis is crowned by the 4th-century BC Temple of Athena.

Meals: B, L, D

DAY 9: Thursday, October 20

KOS: The pretty island of Kos was the birthplace of Hippocrates (460 - 377 BC), acknowledged to be the founder of Western medicine. Tour the island, including the plane tree under which, according to tradition, Hippocrates taught his pupils; the ancient Agora, whose buildings date from the 4th century BC; the House of Europa, with its magnificent mosaics; the beautifully-situated Asclepeion, a sanctuary dedicated to Asclepius, the god of healing, that was also a school of medicine and a healing center; and the Archaeological Museum, notable for its collections of sculptures.

Meals: B, L, D

DAY 10: Friday, October 21

AMORGOS: Known for its dramatic scenery, Amorgos has been settled since the 5th millennium BC. Today it is one of the most attractive Greek islands. Land at the main harbor, which hugs a curving bay, and tour Minoa, the island's most important ancient city that was founded in the 10th century BC. Continue to the Monastery of Chozoviotissa, built in the 11th century in a spectacular setting of precipitous hills above the sea. Spend time at leisure in Chora, the enchanting main town of Amorgos, sited on a plateau and crowned by an old castle.

Meals: B, L, D

DAY 11: Saturday, October 22

SANTORINI: Be on deck this morning as the ship approaches Santorini to admire one of the most memorable sights in the



Acropolis of Lindos, Rhodes



Whirling Dervishes



Monastery of Chozoviotissa, Amorgos

Mediterranean – the island's white-washed town of Phira perched on the edge of the 1,000-foot-high palisade of the volcanic caldera. During the Bronze Age, Santorini was a flourishing trading center inhabited by a prosperous and well-organized society. In the late 17th century BC, a massive volcanic eruption collapsed half of the island and buried its main town, now called Akrotiri, in a thick layer of ash and pumice, thus preserving its houses, streets and squares as they existed 3,700 years ago. After touring this magnificent archaeological site, return to Phira to visit the Museum of Prehistoric Thera, which houses artifacts from the Akrotiri excavations. Enjoy lunch at a restaurant that provides beautiful views of the caldera, and spend the afternoon at leisure to explore this unique place on your own.

Meals: B, L, D

DAY 12: Sunday, October 23

HERAKLION & KNOSSOS, Crete: The largest of the Greek islands, Crete was home of the Minoans, who created Europe's

earliest advanced civilization. Upon arrival in the morning, tour the fabled Minoan palace of Knossos. Clustered around a spacious courtyard, the palace contains a maze of rooms, passages and stairways that probably inspired the concept of the labyrinth. Also visit the excellent Heraklion Museum, whose exhibits from excavations at various ancient sites of the island reveal the brilliance and refinement of the Minoan civilization. Afternoon will be at leisure, providing time to visit Heraklion's colorful market and other sites. Crete is renowned for its cuisine, which gave the basis of the now celebrated Mediterranean diet. To experience the cuisine, farewell dinner will be served at a local restaurant. Overnight aboard docked in port.

Meals: B, L, D

DAY 13: Monday, October 24

HERAKLION/USA

Disembark in the morning and transfer to the airport for the return flight home.

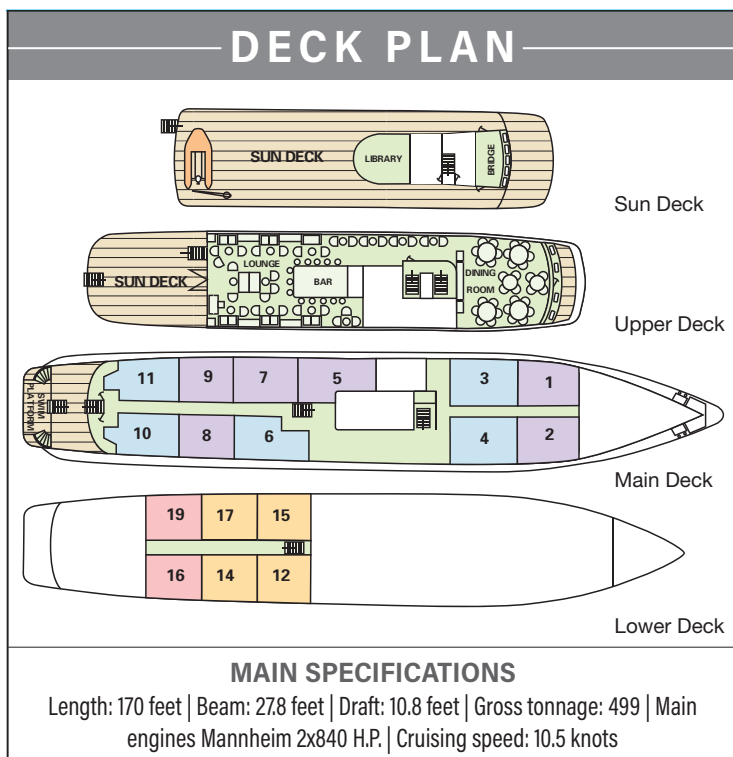
Meals: B

OPTIONAL PRE-TRIP ISTANBUL EXTENSION

October 11 – 13, 2022

Begin your Nature and Civilization in the Ancient Classical World journey by spending two nights in storied Istanbul before flying to Cappadocia. Accommodations will be at the historic Pera Palace Hotel. Airport/hotel/airport transfers will be provided, and tours will include the city's main Byzantine and Ottoman landmark sites such as the basilica of Aghia Sophia and the Topkapi Palace. Also, a welcome dinner at one of Istanbul's fine restaurants is included.

Price: \$ 940 per person, double occupancy. Single room occupancy supplement: \$ 210.



RATES		PER PERSON / DOUBLE OCCUPANCY
CATEGORY	DESCRIPTION	RATE
D	Outside cabins on Lower Deck with twin beds and portholes. Cabins 16, 19. 130 sq. feet	\$7,890
C	Outside cabins on Lower Deck with twin beds and portholes. Cabins 12, 14, 15, 17. 130 sq. feet	\$8,790
B	Outside cabins on Main Deck with two lower beds and window. Cabins 1*, 2*, 5, 7, 8, 9. 135 sq. feet *Cabins 1 and 2 have a double bed.	\$9,890
A	Outside cabins on Main Deck with twin beds and window. Cabins 3*, 4*, 6, 10, 11. 135 - 145 sq. feet *Cabins 3 and 4 have a queen-size bed.	\$10,590

Single occupancy: A few cabins in Categories C and B are available for single occupancy at a supplement of 150% of the per person double occupancy rate.

PROGRAM INCLUSIONS:

- Three nights at the **Gamirasu Cave Hotel**, Cappadocia; one night at the **Hilton Garden Inn**, Konya.
- Full breakfast each morning at the hotels.
- Lunch and dinner daily at local restaurants in Cappadocia and Konya (October 13 – 17), with soft drinks, wine or beer.
- Cruise aboard *Callisto*, as described in the itinerary.
- All meals aboard, with soft drinks, wine or beer served during lunch and dinner.
- Special farewell dinner at a restaurant in Heraklion.
- Open bar aboard ship throughout the cruise.
- Complete program of tours and excursions as described in the itinerary, with professional English-speaking guides.
- Program of lectures and discussions by professor J. Clare Woods
- Group airport/hotel/pier transfers and handling of luggage from arrival in Kayseri on October 13 through October 24.
- Port, embarkation and all other local taxes and service charges.
- Gratuities to guides, drivers, porters and restaurant service personnel.
- Experienced Thalassa Journeys trip director.
- Comprehensive pre-departure material.

NOT INCLUDED: Airfare; travel insurance; expenses of a personal nature; gratuities to shipboard personnel; any items not mentioned in the Itinerary and Program Inclusions.

FOR RESERVATIONS AND INFORMATION, PLEASE CONTACT

**DUKE TRAVELS at
(919) 684-2988**

or

duketravels@duke.edu

REGISTRATION

Enclosed is my check or credit card no. for \$ _____ (\$ 1,000 per person) as a deposit to hold _____ place(s) on **NATURE & CIVILIZATION IN THE ANCIENT CLASSICAL WORLD**, October 12- 24, 2022 with Duke Travels. I understand that final payment is due ninety (90) days prior to departure and is payable by check or credit card

To reserve your place, please contact Duke Travels at **(919) 684-2988** or **duketravels@duke.edu**, or complete and return this form with your deposit of \$1,000 per person by mail with credit card or a check payable to **Thalassa Journeys** and mail with this registration form to: **Duke Travels**, Box 90572, Durham, NC 27708-0572

If you mail in your reservation, please give Duke Travels a call so that space can be held.

AmEx Discover Visa Master Card

No. _____

Exp. _____ 3- or 4-Digit Security Code _____

PLEASE SELECT CABIN CATEGORY IN ORDER OF PREFERENCE

1st choice _____ 2nd choice _____ 3rd choice _____

Double Occupancy Single Occupancy (Inquire for rates)

_____ **I/We wish to register for the Optional Istanbul Extension, October 11-13, 2022**

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

FIRST MIDDLE LAST (AS ON YOUR PASSPORT)

ADDRESS _____

CITY/STATE/ZIP _____

TELEPHONE (DAY) _____

(EVENING) _____

SIGNATURE _____

DATE _____

EMAIL _____

SIGNATURE _____

DATE _____

Each participant must sign below: I/We have read the "General Information" section and agree to its terms.

GENERAL INFORMATION

PAYMENT SCHEDULE: A deposit of \$1,000 per person is required to reserve your space on the tour. Final payment is due 90 days prior to departure. Payment can be made by personal check or charged to a credit card.

CANCELLATIONS & REFUNDS: All cancellations are subject to a \$300 per person administrative fee. Cancellations received 61-90 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 60 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate.

INSURANCE: We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

ITINERARY: The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

RESPONSIBILITY: Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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JOIN PROFESSOR J. CLARE WOODS TO EXPLORE TREASURES OF TURKEY AND THE GREEK ISLANDS

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Palace of Knossos, Crete