

# Duke TRAVELS

## JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

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14 DAYS / 11 NIGHTS | JANUARY 6-19, 2023  
TRAVEL WITH PROFESSOR NICOLAS CASSAR



ABOARD NATIONAL GEOGRAPHIC EXPLORER

[duke-travels.com](http://duke-travels.com)



THAT'S THE  
EXHILARATION  
OF DISCOVERY.

**Travel with confidence.** We encourage you to view the Health & Safety protocols currently in effect. Scan the QR code, or visit [bit.ly/3atsiNM](https://bit.ly/3atsiNM).



## DEAR DUKE TRAVELERS,

A trip to majestic, remote Antarctica is truly the journey of a lifetime. Join our voyage and you'll be able to observe thousands of penguins. You will trek through the exhilarating landscape, see cathedral-sized icebergs and from your Zodiacs, observe whales feeding, and kayak for your own personal polar adventure.

You'll have a greater appreciation of the Antarctic undersea, with the expertise of an undersea specialist and with the help of a Remotely Operated Vehicle (ROV). You'll capture the amazing scenery and wildlife with a unique expedition photography program, featuring an onboard professional photographer. Duke Travels is pleased to have engaged Lindblad Expeditions to operate this educational adventure.

It is important to remember that Antarctica is not tame—it is one of the most remote and wild places on Earth. Our tour operator for this program, Lindblad Expeditions, pioneered expedition travel to Antarctica over 50 years ago and is well known for their experience and commitment to safety and preserving the environment. We'll travel to the White Continent aboard the state-of-the-art expedition ship *National Geographic Explorer*, designed to provide you with the utmost safety and comfort. I hope you will join us on this memorable trip of a lifetime to the stunning wilderness of Antarctica!

**To reserve your space, please return the reservation form or call (919) 684-2988.**

Forever Duke,



Beth Ray-Schroeder '83  
Senior Director, Duke Travels  
Duke Alumni Engagement and Development



NICOLAS CASSAR received a B.S. from McGill University, a Ph.D. from the University of Hawaii, and was a postdoctoral fellow and research scholar at Princeton University before coming to Duke. He is currently a Professor and Senior Associate Dean of Research and Doctoral Programs in the Nicholas School of the Environment. His research is in biogeochemistry with the objective of constraining the mechanisms governing carbon, nitrogen, and oxygen in our global climate. Dr. Cassar's work is interdisciplinary, integrating field and satellite observations, laboratory experiments, method development, modeling, and theory. He has sailed on multiple research vessels navigating the seven seas, all the way from the North Pole to the waters off Antarctica. As part of his work, Dr. Cassar studies the central role polar oceans play in our global climate, and conversely, how they are impacted by climate change. He has received numerous awards, including an Alfred P. Sloan fellowship, an NSF CAREER award, and a Presidential Early Career Award for Scientists and Engineers (PECASE). The PECASE is the highest honor bestowed by the United States government on outstanding scientists and engineers in the early stages of their independent research careers.

*Cover photo: Emperor Penguin poses for a shot on Snow Hill Island. ©Ryder Redfield. Opposite: Make your adventure as active as you choose—with plenty of opportunities to Zodiac and kayak around scenic icebergs. ©Ralph Lee Hopkins. A curious adult leopard seal. ©Michael S. Nolan. Guests exploring by Zodiac in Antarctica. Ship's Registry: Bahamas*



# DISCOVER THE THRILL OF THE ICE

Edifying. Captivating. And deeply moving. The ice art of Antarctica is among the world's most singular sights. The Antarctic ice sheet is the most distinctive feature of Earth as seen from space—as described by every astronaut's account. And the ice is what makes every Antarctic explorer vow to return. It's visually stunning and nearly kaleidoscopic in its variety of form. But what's exhilarating to discover is the ice's voice. Sitting in a stilled kayak, listening to the subtle sibilance of 1,000-year-old gases releasing from a bobbing field of floating bergy bits is like eavesdropping on Earth's whispered secrets. Ice fever. It's a thing.

# ENCOUNTER PENGUINS GALORE

Adélies. Chinstraps. Gentoos. These are the riveting, often raucous, denizens of Antarctica. Meet and greet three of the world's penguin species. Visit their rookeries and see fascinating behavior. Whether they're squabbling, fetching krill and feeding chicks, or “porpoising” (propelling themselves from the sea), you will delight in their antics and marvel at their adaptation to life on the ice.



*Opposite page (clockwise from top): Take in Antarctica's unrivaled landscape; guests observing a leopard seal up close; guests enjoy the spectacular vistas from deck; guest takes the polar plunge challenge; photographing an Adélie penguin up close.*



# PERFECT PLATFORM FOR EXPLORATION

*National Geographic Explorer* is a genuine expedition ship, not a cruise ship masquerading as one. Therefore, she is uniquely equipped to facilitate the expedition philosophy of in-depth seeing and experiencing—with state-of-the-art tools for exploration. An unparalleled base for discovery, the ship enables the fullest expression of the expedition style: an intimate, authentic, learning-oriented environment. She is also most importantly able to provide excellent safety features and an equally excellent Antarctic experience. In addition to being an ice-class polar expedition vessel, *National Geographic Explorer* is a beautiful ship, built with careful attention to details and comfort. Accommodating just 148 guests in 81 outside-facing cabins, she fosters a welcoming esprit de corps within the expedition community and provides a perfect ending to active days.



Guests review nautical maps at the Bridge.

## TOOLS & TECHNOLOGY ENSURE EXTRAORDINARY BENEFITS

- **DNV ICE-1A Class Rating** on the hull, enabling us to navigate the ice safely
- **Remotely Operated Vehicle (ROV)** that can explore the ocean at depths to 1,000 feet
- **Crow's Nest Remote-controlled Camera** with real-time footage broadcast on high definition LCD video screens within each cabin
- **Electronic Chart System** that broadcasts as a channel in the cabins
- **Chart Room** with nautical maps and a coffee, tea, hot cocoa station
- Open Invitation to **Visit the Bridge**
- **Observation Lounge**, providing panoramic vistas of the scenery and a supply of binoculars
- **Large Fleet of Zodiacs** and internal boarding mechanism for swift, effortless disembarkation of all guests
- **36 Double Kayaks** that allow personal exploring in pristine Antarctic environments
- **Professional Video Chronicler** to capture every facet of your unique adventure, and professionally edit a DVD prior to departure available for purchase

*Opposite (clockwise from top): National Geographic Explorer is designed with the utmost attention to safety and comfort; an exuberant guest enjoys the view from the deck; exploring amid the bergs via Zodiac with narration by a naturalist; kayaks allow for personal exploration.*

# TRAVEL WITH AN A+ EXPEDITION TEAM

You'll travel with the top team plying polar waters. The ship's Captain and officers have decades of experience navigating Antarctic expeditions, confirming they have the expertise and confidence to safely conduct guests through the full range of polar weather and sea conditions. With a profound love for the polar geographies, the Captain and his team ensure that spontaneity and memorable moments remain expedition hallmarks.



*The expedition staff helps guests board kayaks safely and swiftly.*

# TAKE GREAT PHOTOS WITH THE PROS

Unique in the world of travel, our expedition photography program offers guests of every skill and interest level unrivaled photography opportunities—including a top world-class professional photographer aboard. Plus, a certified photo instructor is on hand to help you understand your camera settings, the basics of composition, and wildlife behavior. Then, test the latest high-end photo gear, on loan from B&H Photo Video. Now, every guest—from smartphone camera users to semi-pro shooters—can stand side-by-side with top photographers and pick up tips in the field and take great photos.



*Guests photograph an iceberg in the Drake Passage.*

# ACTIVELY EXPLORE EVERY DAY, IN MANY WAYS



*Guests enjoying the view on a hike.*

Go with us for a genuinely immersive experience. *National Geographic Explorer's* Antarctic itinerary is crafted by explorers, enhanced by onboard experts and advanced tools, and features myriad opportunities for adventure. Begin each day with a morning stretch class or pre-breakfast coffee. Hang out on the Bridge to watch the Captain navigate

or head to the bow to watch the ship slice through the ice. Pick up pro tips from an accomplished professional photographer, and explore the undersea from the cozy lounge via live footage captured by the undersea specialist. Go ashore to hike for spectacular views, explore a penguin colony, and a chance to kayak for personal exploration. A fleet of Zodiacs and kayaks, plus the team's swiftness in deploying them, ensures you'll never be wistfully awaiting a turn. You'll be out in nature—enjoying and exploring all it offers—as quickly as possible.

## DISCOVER THE VIVID UNDERSEA

An onboard undersea specialist will dive with a video camera and bring back footage for all to watch in vivid HD, in the dry warmth and comfort of the ship's lounge, perhaps with a cocktail in hand and hors d'oeuvres at the ready. Always interesting, it can also be pioneering. In Antarctica, the footage you see may be of marine life few scientists, or human eyes for that matter, have ever seen.

*Undersea specialist dives with a video camera to shoot footage for viewing in the lounge.*



# JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

14 DAYS/11 NIGHTS—ABOARD *NATIONAL GEOGRAPHIC EXPLORER*



*National Geographic Explorer approaching iceberg, Antarctica.*

Traveling aboard the state-of-the-art *National Geographic Explorer*, encounter the spectacular Antarctic Peninsula and the surrounding islands and waterways. Glide around enormous tabular icebergs by Zodiac, photograph the penguin colonies, and kayak in complete tranquility.

## **DAYS 1 AND 2: U.S./BUENOS AIRES, ARGENTINA**

Depart on an overnight flight to Buenos Aires, Argentina's cosmopolitan capital. Settle into the Alvear Art Hotel (or similar) before seeing the city's Beaux Arts palaces and the famous balcony forever associated with Eva Perón. (Day 2: L)

## **DAY 3: FLY TO USHUAIA/EMBARK**

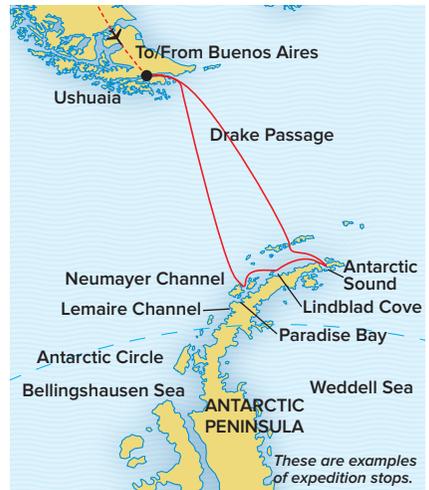
Fly by private charter to Ushuaia, the southernmost city in the world. Enjoy lunch on a catamaran cruise of the Beagle Channel before embarking the ship. (B,L,D)

## **DAY 4: AT SEA/DRAKE PASSAGE**

While crossing the legendary Drake Passage, spot albatross and other seabirds that glide alongside the ship. (B,L,D)

## DAYS 5-10: EXPLORING ANTARCTICA

With long hours of daylight at this time of year, you have ample opportunity to explore the Antarctic Peninsula and the surrounding islands. In keeping with the nature of an expedition, the schedule is flexible so that we can take advantage of the unexpected—watching whales perform off the bow, taking an after-dinner Zodiac cruise, or heading out on an unplanned landing. We anticipate making landings to walk ashore and kayak among the ice floes, and experience close encounters with wildlife. You may have the thrill of watching the powerful ship crunch through the pack ice, or step ashore to thousands of Adélie and chinstrap penguins. You'll learn how climate change affects the penguin populations, and how to capture images of those same penguins from an accomplished professional photographer. Back aboard, the undersea specialist may present video from that day's dive or show rare images taken up to 1,000 feet below the surface using the ROV. The expert staff will craft an expedition where you will learn, see, and experience more. (B,L,D)



## DAYS 11 AND 12: AT SEA

Enjoy the ship's amenities as the Antarctic coast disappears from view. Round the southernmost tip of South America, and see the meeting of the Atlantic and Pacific Oceans. Celebrate your voyage at a farewell dinner on board. (B,L,D)

## DAYS 13 AND 14: USHUAIA, ARGENTINA/DISEMBARK/BUENOS AIRES/U.S.

Disembark in Ushuaia. Fly by charter to Buenos Aires and connect with your overnight flight home. (Day 13: B,L)

## OPTIONAL EXTENSIONS:

Buenos Aires: Pre-voyage, 2 days.  
Iguazú Falls: Post-voyage, 3 days.  
Easter Island: Post-voyage, 4 days.  
Call for details.



*Adélie penguins.*



## NATIONAL GEOGRAPHIC EXPLORER

**CAPACITY:** 81 outside cabins accommodating 148 guests.

**REGISTRY:** Bahamas. **OVERALL LENGTH:** 367 feet.

*National Geographic Explorer* is a state-of-the-art expedition ship. She is a fully stabilized, ice-class vessel, with an ice-reinforced hull, enabling her to navigate polar passages while providing exceptional comfort.

**PUBLIC AREAS:** Bistro bar; chart room; restaurant; global gallery; library; lounge with full-service bar and state-of-the-art facilities for films, slideshows, and presentations; mudroom with lockers for expedition gear, and observation lounge. An open Bridge enables guests to meet the officers and Captain and learn about navigation.

**MEALS:** Served in single seatings with unassigned tables for an informal atmosphere. Menu is international with local flair.

**CABINS:** All cabins face outside with windows or portholes, private bathroom, and climate controls. Cabin are equipped with Wi-Fi, multiple electrical outlets, USB outlets, full length mirror and phones. TV featuring entertainment on demand, live feed for onboard presentations, bow camera and ship's position. Luxury bed linens and pillows. Botanically inspired shampoo, conditioner, shower gel, and lotion are stocked in the cabin bathrooms, as well as an Expedition Essential Kit. Hair dryers, complimentary insulated water bottles and a *National Geographic Atlas* are available in each cabin.

**EXPEDITION EQUIPMENT:** Zodiacs, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, crow's nest remote-controlled camera, video microscope.

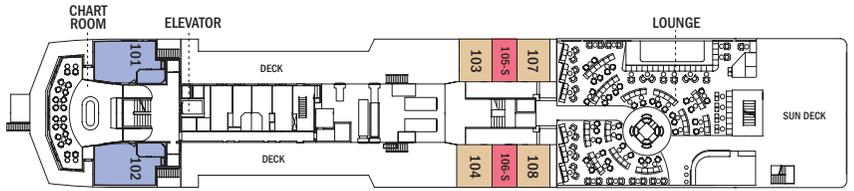
**SPECIAL FEATURES:** A full-time doctor, undersea specialist, Global Perspectives guest speaker, professional photographer, certified photo instructor, video chronicler, internet café, and laundry.

**WELLNESS:** The vessel is staffed by a wellness specialist and features a glass-enclosed fitness center, outdoor stretching area, LEXspa treatment room, and sauna.

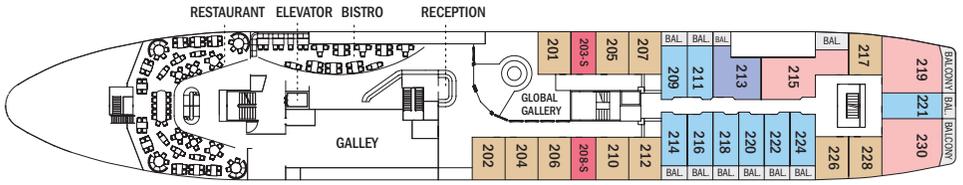
**SUSTAINABILITY:** Lindblad Expeditions takes responsible, sustainable travel to heart. For 50+ years, our expeditions have inspired travelers to protect the ocean, conserve wildlife, bolster local communities, and enable meaningful scientific research. We are 100% carbon neutral and dedicated to green business practices at every level of our operations. When you travel with us, you'll eat sustainable meals, experience our commitment to single-use plastic free travel, and be aboard the industry's first self-disinfecting expedition ships, prioritizing your health and safety. Feel good about exploring with us and preserve the planet for future generations.



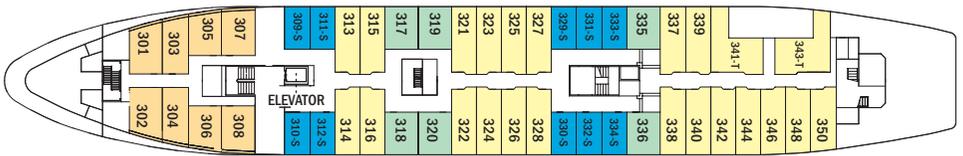
*From top: Our expert staff will ensure you have a wonderful onboard experience; comfortable Category 5 cabin with balcony; standard bathroom; fitness center with panoramic views.*



**VERANDA DECK**



**UPPER DECK**



**MAIN DECK**

COSTS ARE PER PERSON, DOUBLE OCCUPANCY UNLESS INDICATED AS SOLO.

**CATEGORY 1:** \$15,380

Main Deck — With one or two portholes #301-308

**CATEGORY 2:** \$16,470

Main Deck — With window #317-320, 335-336

**CATEGORY 3:** \$17,050

Main Deck — With window #313-316, 321-328, 337-340, 342, 344, 346, 348, 350

**CATEGORY 4:** \$18,330

Upper & Veranda Decks — With window #103-104, 107-108, 201-202, 204-207, 210, 212, 217, 226, 228

**CATEGORY 5:** \$22,090

Upper Deck — With balcony #209, 211, 214, 216, 218, 220-222, 224

**CATEGORY 6:** \$25,180

Veranda Deck — Suite #101-102; Upper Deck-Suite with balcony #213

**CATEGORY 7:** \$28,760

Upper Deck — Suite with balcony #215, 219, 230

**CATEGORY A SOLO:** \$20,390

Main Deck — With window #309-312, 329-334

**CATEGORY B SOLO:** \$21,270

Upper & Veranda Decks — With window #105-106, 203, 208

**SHARED ACCOMMODATIONS:** Available in Categories 1 and 2.

**SOLO OCCUPANCY:** Cabins available in Categories A and B.

**Note:** Cabins #209, 211, 214, 216-218, 220, 222, 224, 226, 228, 303-306 have one queen-sized bed. All other double cabins have two lower single beds; some can convert to a queen-sized bed.

\*Third person rates are available in the designated triple occupancy cabins at one-half the double occupancy rate. Cabins #341, 343, 101, 102, 215, 219 and 230 can accommodate a third person.

# INCLUSIVE PRICING

## ABOARD SHIP

- ✓ All meals and alcoholic (except certain super-premium brands) and nonalcoholic beverages
- ✓ 24-hour coffee, tea and soda and complimentary refillable water bottle
- ✓ Hors d'oeuvres and snacks during evening Recaps
- ✓ Fully stocked library
- ✓ Sauna and fitness center
- ✓ The guidance and company of the expedition staff
- ✓ Crew gratuities
- ✓ Mac computers for downloading your photos and internet access
- ✓ Access to the B&H photo locker with latest gear to try out on loan
- ✓ Complimentary Exclusive Antarctica Parka

## ASHORE

- ✓ One hotel night in Buenos Aires with city tour
- ✓ Guided tour of Ushuaia and hotel VIP lounge pre-departure with refreshments
- ✓ Meals on land as indicated in itinerary
- ✓ Special access permits, park fees, port taxes
- ✓ Transfers to and from group flights
- ✓ The expertise of the expedition staff

## ACTIVITIES

- ✓ All shore activities
- ✓ Zodiac and kayak explorations
- ✓ Lectures and presentations in the lounge
- ✓ Photo instruction
- ✓ Morning stretch classes with a wellness specialist

# SPECIAL OFFER

**BRING THE KIDS:** Sharing the expedition with your kids or grandkids is a life-enhancing experience. Take \$500 off the double-occupancy price for each person under the age of 18.

# TERMS AND CONDITIONS

**EXPEDITION COST INCLUDES:** Accommodations aboard ship; one hotel night in Buenos Aires; meals and all beverages aboard ship (except certain super premium brands of alcohol); meals on land as indicated; transfers to/from airport if traveling on group flights; all shore excursions, sightseeing, and entrance fees; use of kayaks; taxes, service charges, and tips (including gratuities to the ship's crew); services of the ship physician and expedition staff. Unused services or items included in this program are non-refundable.

**NOT INCLUDED:** Air transportation (unless otherwise indicated) including charter airfare Buenos Aires/Ushuaia/ Buenos Aires; extensions; passport, visa, immigration fees; meals not indicated; travel protection plan; items of a personal nature, such as Wi-Fi, voyage chronicle, laundry, etc.

**SAMPLE AIRFARES:** Round-trip Miami/Buenos Aires: Economy from \$1,100; Business from \$3,100. Charter airfare from \$990-\$1,420 round-trip Buenos Aires/Ushuaia must be ticketed by Lindblad Expeditions, Immigration fees are not included. Airfares subject to change. Lindblad will assist in making your air arrangements for a \$50 per person service fee.

**RESERVATIONS:** To confirm your place, an advance payment of US \$2,500 per person is payable by VISA, MasterCard, American Express, Discover or check. Receipt of advance payment indicates your acceptance of the terms and conditions.

**FINAL PAYMENT:** Due 120 days prior to departure. Lindblad Expeditions reserves the right to cancel your reservation if payment has not been received by final payment due date.

**TRAVEL PROTECTION PLAN:** Travel protection and medical insurance are available at extra cost. Information will be sent upon registration.

**SMOKING AND VAPING POLICY:** Allowed only in designated outdoor areas.

**ENTRY AND VISA REQUIREMENTS:** Guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country, if you are unable to provide valid documents as per the country's requirement.

**RESPONSIBILITY AND OTHER TERMS & CONDITIONS:** Certain other provisions concerning, among other things, limitations of Lindblad Expeditions' and National Geographic Expeditions' (a division of National Geographic Partners, LLC) liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions.

Note: Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

CANCELLATION POLICY	
Number of Days Prior to Expedition Start	Per Person Cancellation Fee
180 or more days	\$750
179-120 days	Advance payment cost
119-90 days	25% of trip cost
89-60 days	50% of trip cost
59-0 days	No refund
<i>This policy applies to the voyage only. We strongly recommend that you purchase a travel protection plan.</i>	

*Photo Credits: Sisse Brimberg & Cotton Coulson, Stewart Cohen, Eric Guth, Ralph Lee Hopkins, Sven-Olof Lindblad, Michael Luppino, Michael S. Nolan, Ryder Redfield, Marco Ricca, Max Seigal. Shutterstock, David Vargas.*



Please call to reserve:  
Phone: (919) 684-2988

Or please send reservation to:  
Duke Travels  
Box 90572  
Durham, NC 27708  
Email: duketravels@duke.edu

## RESERVATION FORM:

### JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

14 DAYS / 11 NIGHTS | JANUARY 6-19, 2023

ABOARD NATIONAL GEOGRAPHIC EXPLORER

Please reserve \_\_\_\_\_ place(s).

Name 1: \_\_\_\_\_ (M/F): \_\_\_\_\_  
*(As it appears on passport)*

Name 1: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
*(Preferred name for name badge)*

Name 1: \_\_\_\_\_ (M/F): \_\_\_\_\_  
*(As it appears on passport)*

Name 2: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
*(Preferred name for name badge)*

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Accommodations:  Double  Single  Twin share w/friend

Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference:

1st choice: \_\_\_\_\_ 2nd choice: \_\_\_\_\_

Please send information on the extension to  Buenos Aires  Iguazú Falls  Easter Island.

**Advance Payment Information:** US\$2,500 per person.

If paying by check, please make payable to: **Lindblad Maritime Enterprises, Ltd.**

Enclosed is my advance payment of \$ \_\_\_\_\_

If paying by credit card, we will contact you to finalize your booking and collect payment information.

## JOURNEY TO ANTARCTICA EXPEDITION HIGHLIGHTS

- » Explore the world's last great wilderness in the company of Duke Professor Nicolas Cassar and a team of top naturalists.
- » View magnificent mountains, towering icebergs, and ice formations.
- » On shore observe thousands of penguins: gentoo, Adélie, and chinstrap.
- » Cruise aboard sturdy Zodiac landing craft in search of wildlife.
- » Kayak in protected waters, paddling as penguins swim nearby.
- » Choose to spend two days prior in warm Buenos Aires, or time post-voyage at Easter Island or Iguazú Falls.

### 100% CARBON NEUTRAL & SINGLE-USE PLASTIC FREE

We have chosen Lindblad Expeditions because they care deeply about the planet, and see travel as a powerful force for good.

 Printed on 10% recycled content paper with soy-based inks. We recommend that you pass this along for others to enjoy or recycle.



## Duke TRAVELS

Duke Travels  
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Durham, NC 27708  
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