Insider's Japan

13 days from \$7,384 total price from Los Angeles

(\$6,695 air & land inclusive plus \$689 airline taxes and fees)

It's a land of delicate art and bustling commerce, of rich traditions and dizzying modernity; a jumble of sights, sounds, and tastes that for visitors are truly foreign – and truly fascinating. This well-crafted tour features the highlights of Tokyo and Kyoto, engages us in local life, and takes us off the beaten path to the lovely historic cities of Takayama and Kanazawa.



Your Small Group Tour Highlights

Tokyo touring, including Imperial Palace District and Meiji Shrine • Stunning scenery of Mt. Fuji and Fuji-Hakone-Izu National Park • Overnight stay in traditional *ryokan* • Takayama's ancient streets and houses • Hands-on cooking class • Culturally rich Kanazawa • Tour of Kyoto, Japan's cultural capital • Traditional tea ceremony

Day	Itinerary	Hotel	Rating
1	Depart U.S. for Tokyo		
2-4	Tokyo	Dai-ichi Hotel Tokyo	Deluxe
5	Hakone	Hakone Setsugetsuka (<i>ryokan</i>)	Not rated
6-7	Takayama	Hida Hotel Plaza	First Class
8-9	Kanazawa	Hotel Nikko Kanazawa	First Class
10-12	Kyoto	The Thousand Kyoto	First Class
13	Depart Kvoto	forUS	

Ratings are based on the Hotel & Travel Index, the travel industry standard reference. Unrated hotels may be too small, too new, or too remote to be listed.



A UNESCO site and "Special Place of Scenic Beauty," beloved Mount Fuji has drawn visitors for centuries.

Day 1: Depart U.S. for Tokyo, Japan

Day 2: Arrive Tokyo Upon arrival in Japan's financial, commercial, and political capital, we transfer to our hotel. As guests' arrival times may vary, we have no scheduled activities or meals planned.

Day 3: Tokyo After a briefing about the journey ahead, we set out to discover a small part of this amazing city that covers a staggering 840 miles. Our sightseeing features the Meiji Shrine, a peaceful enclave of Shinto temples and gardens. We also visit the gallery of preeminent calligrapher Koshun Masunaga, where we learn about this ancient art of artistic writing and browse the collection. Our tour ends in Ginza, Tokyo's famed shopping, dining, and entertainment district, where we can stay to explore as we wish or return to our hotel for an afternoon at leisure. Tonight, we gather for a welcome dinner at a local restaurant. *B,D*

Day 4: Tokyo Our tour of Tokyo continues this morning at the Imperial Palace, surrounded by moats and ramparts and home of the Imperial Family. Here we visit the East Gardens, part of the innermost circle of defense of the historic Edo Castle that once stood here. We continue on to the Buddhist Asakusa Kannon, Tokyo's oldest temple (c. 645 cE), and the adjacent Nakamise shopping arcade, dating to the 17th century.

Last, we visit the Tokyo National Museum, housing an extensive collection of art and antiquities from Japan and other Asian countries. This afternoon is free for independent exploration; lunch and dinner are on our own in this city with endless dining options. *B*

Day 5: Tokyo/Fuji-Hakone-Izu National Park/

Hakone Japan's pastoral side is on tap as we leave Tokyo for Fuji-Hakone-Izu National Park. Here sits imposing Mt. Fuji, a dormant volcano (it last erupted in 1707) with a perfectly symmetrical cone that rises to 12,388 feet. We learn about environmental and conservation efforts on the mountain at the Mt. Fuji World Heritage Center then enjoy a relaxing cruise on Ashi Lake, with Mt. Fuji in the background. Leaving the park, we travel to the town of Hakone, where we spend the night at a *ryokan*, a traditional Japanese inn where we take off our shoes upon

Day 6: Hakone/Takayama Today we travel first by bullet train then by Wide View Hida express train to lovely Takayama in the Japanese Alps, considered one of the country's most attractive towns with its 16th-century castle and old-style buildings. Our explorations center on three narrow streets in the San-machi-suji district where, in feudal times,

entering, enjoy a Japanese-style Kaiseki dinner, and

sleep on a futon. B,D

Tour membership limited to 24 Duke alumni, family, and friends

merchants lived amidst the authentically preserved small inns, teahouses, and sake breweries. This afternoon we attend a traditional Japanese tea ceremony here, an historic ritual of form, grace, and spirituality. *B,D*

Day 7: Takayama We pay an early visit to the riverside Miyagawa Morning Market, a blaze of dazzling colors and foodstuffs. Here we'll gather ingredients for lunch then we will prepare it together at a nearby site. After enjoying the fruits of our labors, we embark on a walking tour, visiting Takayama Jinya, an historic government house; the local sake brewery; and Takayama's old town, whose well-preserved buildings and homes date to the Edo Period (1600–1868). *B,L*

Day 8: Takayama/Shirakawago/Kanazawa We leave Takayama this morning for the UNESCO World Heritage site of Shirakawago Gassho-zukuri Village. Comprising buildings relocated from authentic villages nearby that were razed for a dam, the village is also a vibrant community whose residents work together to preserve the unique traditional architecture here known as Gassho style. Then we visit Gokayama Village to see how traditional Japanese *washi* paper is made. Late this afternoon we reach the castle town



Geishas in traditional dress

Post-Tour Extension

April 6-8, 2024

Hiroshima: City of Peace

3 days/2 nights for \$1,195 total price Single Supplement: \$155

Discover the city reborn from the atomic destruction of World War II, now a modern and cosmopolitan urban center whose residents warmly welcome American visitors.

Your Tour Price Includes

- Rail transportation Kyoto/Hiroshima; Hiroshima/Osaka
- $\bullet \ 2 \ nights' \ accommodations \ at \ Hotel \ Granvia \ Hiroshima \ (First \ Class)$
- 3 meals: 2 breakfasts, 1 lunch
- Extensive included sightseeing: excursion to Miyajima Island and Daisho-in Temple; Hiroshima touring by local "Hiroden" train; visit to Peace Memorial Park and Museum; Atomic Bomb Dome
- Services of an Odysseys Unlimited Tour Director
- Gratuities for dining room servers, hotel porters, and all drivers

"

The temple bell stops
But the sound keeps coming
Out of the flowers."

- Basho

of Kanazawa, an alluring coastal city that survived the ravages of World War II. *B,L*

Day 9: Kanazawa Today's tour of this culturally rich city features renowned Kenrokuen Garden, a national landmark whose origins date to 1676. We also see Ishikawa Gate, the only remaining section of the town's original castle; Hakukokan, a museum celebrating the art and craft of gold leaf technology; and the Higashi Chayagai teahouse and geisha area. Last, we visit the Kutani Kosen Kiln, where artists fashion the prized, highly decorated pottery. We dine tonight at a local Japanese restaurant. *B,D*

Day 10: Kanazawa/Kyoto We depart this morning by train for Kyoto, formerly Japan's Imperial Capital and now the country's cultural and artistic center, with more than 1,600 temples, hundreds of shrines, artful gardens, and historic architecture. Upon arrival, we visit Kinkaku-ji, the beloved lakeside Temple of the Golden Pavilion set on pillars suspended over the water. Next: Ryoanji, a Zen Buddhist temple whose acclaimed dry garden epitomizes the simplicity of Zen meditation. We enjoy dinner together tonight. *B,D*

Day 11: Kyoto More of Kyoto is on tap today, beginning with a visit to the otherworldly Arashiyama Bamboo Grove; the Kyoto Museum of Traditional Crafts (Fureaikan), showcasing all of Kyoto's 74 different *métiers* in one place; and Nijo-jo Castle (ca. 1603), the extravagant residence and fortifications of the *shoguns* who ruled Japan for more than 250 years. Then the remainder of the day is free for independent exploration in this traditional, yet modern city. *B*

Day 12: Kyoto We continue our encounter with Kyoto today, first at the important Fushimi Inari shrine, with its trails straddled by red *torii* gates; Sanjyusangendo Hall (ca. 1266), an important Buddhist temple housing 1,000 statues of the Thousand-Armed Kannon deity; and Nishiki Market, "Kyoto's Kitchen" of restaurants, stores, and stalls selling everything food-

Your Tour Price Includes

- Round-trip air transportation from listed cities
- 11 nights' accommodations: 10 nights in Deluxe and First Class hotels; 1 night in traditional Japanese *ryokan*
- 19 meals: 11 breakfasts, 2 lunches, 6 dinners
- Extensive sightseeing as described, including all entrance fees
- Services of an Odysseys Unlimited Tour Director
- Private motorcoach transportation throughout your trip
- Rail transportation as described
- Luggage handling for one bag per person
- Gratuities for local guides, dining room servers, airport and hotel porters, and all drivers
- \$100 frequent traveler credit towards your next Duke/Odysseys
 Unlimited tour (\$200 after 3 tours; \$300 after 10 tours)

Duke Faculty



Margaret McKean joined Duke's Political Science department in 1974 to teach Japanese Politics. She soon expanded her teaching and research as well to political economy writ large, particularly the way institutions and collective action affect environmental

outcomes, in Japan and anywhere else, resulting in an additional faculty appointment in Duke's Nicholas School of the Environment. Her work on the Japanese commons (shared management of natural resources) includes research in Japanese social, legal, and economic history. She has lived in Japan (usually Tokyo, but also Kyoto and Morioka) for a total of possibly five years, speaks and reads Japanese, loves Kabuki theatre and classical dance (an effective time machine into mass culture of the Tokugawa period), and enjoys traveling throughout the country on Japan's wonderful trains and buses.

related. Then this afternoon is at leisure; tonight we toast our Japan adventure at a farewell dinner at a local restaurant. B,D

Day 13: Depart Kyoto for U.S. This morning we travel by motorcoach to Osaka, where we board our return flight to the United States. *B*

Tour Departs: March 25, 2024

Prices include international airfare and all taxes, surcharges, and fees **Los Angeles** \$7,384 Portland (OR), Seattle, \$7,684 San Francisco Boston, Chicago, Cleveland, Dallas, Denver, Detroit, Houston, Minneapolis, \$7,884 New York, Philadelphia, Phoenix, Raleigh-Durham Atlanta, Baltimore, Charlotte, Cincinnati, \$7,984 Miami, Orlando, Tampa, Washington, DC Land Only (transfers not included) \$5,995

Please call if your city is not listed. Prices are per person based on double occupancy and include airline taxes, surcharges, and fees of \$689, which are subject to change until final payment is made.

Single travelers please add \$1,695. All tour prices above (excluding airline taxes, surcharges, and fees) are guaranteed.

Business Class upgrade on round-trip Trans-Pacific flight from Los Angeles: \$4,995 per person; from other cities: \$8,995 per person in addition to the above costs (upgrade is subject to availability and pricing is subject to change).

Please note: This trip involves full days of sightseeing and significant amounts of walking on stairs and uneven surfaces. You should be in good physical condition to enjoy the tour to its fullest.





THE SMALL GROUP TRAVEL EXPERIENCE

Important Information About Your Tour

General Terms and Conditions

Please read this information carefully, as payment of a deposit represents your acceptance of the following Terms and Conditions.

Tour Prices

Tour prices quoted are guaranteed through December 31, 2024, and include accommodations based on double occupancy; airfare from your departure city; airline taxes, surcharges, and fees, and port charges and cruise line fees (where applicable), which are subject to change until final payment has been made; internal air, rail, and motorcoach transportation; meals, sightseeing, and transfers as described; hotel taxes; entrance fees for included sightseeing; the services of an Odysseys Unlimited Tour Director; luggage handling for one bag per person; and all gratuities as described below. Please note that the cost of air upgrades is subject to change.

Gratuities

Tour prices include all gratuities for local guides, dining room servers, airport and hotel porters, and all drivers on base tours and on optional extensions when accompanied by an Odysseys Unlimited representative. Please note that gratuities for the Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) are not included unless otherwise specified. These tips are optional and should be extended on a voluntary basis. Gratuities are not included on "On Your Own" optional extensions.

Not Included in Your Tour Price

Airfare from your hometown to your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; immunizations, inoculations, and COVID-19 testing; communications charges; airport transfers when

purchasing a land-only package; gratuities to your Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) unless otherwise specified, which are at your discretion (suggested gratuities \$10-\$15 per guest, per day); and a Travel Protection Plan. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Registration and Payment

A deposit of \$500 per person confirms your reservation. Full payment is due at least 95 days prior to departure and may be made by personal check or credit card. Odysseys Unlimited, Inc. reserves the right to cancel any reservations that are not paid in full at any time after final payment is due. If you make your reservation after the final payment date, payment in full will be required upon reservation.

A minimum number of participants is required to secure the services of a Duke Travels representative (faculty or host). Every attempt will be made to find a Duke host who will join the program to add a uniquely Duke perspective to the experience. If this is important to you in making your decision to travel with this program, please call 1-919-684-3046 before making your final payment.

Cancellations and Refunds

If you must cancel your tour, the effective date of cancellation will be upon our receipt of your written notification. Refunds for cancellations are subject to the following per person charges:

For all tours (except as noted)

Prior to departure	Charge
95 days or more:	\$200
94-65 days:	25% of tour price
64-45 days:	50% of tour price
44-30 days:	75% of tour price
29-0 days:	No refund

For Egypt & the Eternal Nile, Machu Picchu to the Galapagos, Patagonian Frontiers, Southern Africa Odyssey

Prior to departure	Charge	
95 days or more:	\$200	
94-65 days:	50% of tour price	
64-30 days:	75% of tour price	
29-0 days:	No refund	

Please note that we will not refund the cost of any unused portion of your tour package, should you or your travel companion cancel your participation during the tour. If due to unforeseen circumstances Odysseys Unlimited, Inc. cancels your tour, you will receive a complete refund of all payments you have made to us.

Pre-Departure

Upon reservation, you will be able to access all information regarding your tour in My Odyssey, our secure on-line portal. This material includes your invoice, a detailed day-by-day itinerary, visa requirements (if applicable), Travel Protection Plan information, and more. Your final tour documents, including airline itineraries (with e-ticket numbers), will be available in the portal two to three weeks before departure.

Single Travelers

We welcome single travelers, and offer a limited number of single accommodations on each tour. Because hotel and cruise rates are priced by the room or cabin, the per person cost for accommodations occupied by one person is higher than that shared by two people. We will endeavor to keep single supplements at a reasonable cost. Please note that single rooms in many foreign hotels may be smaller than those to which you are accustomed.

Changes to Your Reservation

We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a \$100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. No changes to your reservation can be made within 30 days of departure.

Required Information

Upon reservation, we will need to obtain from you passport information including the following, in accordance with the Transportation Security Administration's (TSA) Secure Flight program, as well as by our international travel partners: your full legal name as it appears on your passport, as well as your date of birth and gender (for further information, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket's reissue. In addition, airlines may require that we provide them with your contact information prior to departure.

Travel Documents

A passport valid for at least six months after the completion of your tour is required for U.S. citizens on all of our international tours. For all domestic tours, where we fly into a U.S. city to begin the tour or out of a U.S. city at the end, you must present a valid U.S. government-issued photo identification. Starting on May 7, 2025, your government-issued photo ID must be REAL ID-compliant (or you can present an alternate form of ID, such as a passport). Visit www.dhs.gov/real-id or contact your local DMV for more information. If your tour requires a visa(s), we strongly recommend that you have at least six blank visa pages available; for tours not requiring a visa(s), we recommend that your passport have at least three blank visa pages. We will send you specific visa and entry requirements after you make a reservation. You are responsible for obtaining these documents. If you need to obtain a visa, we recommend our preferred provider G3 Global Services. If you are traveling with a minor, please contact us for special entry requirements. If you are not a U.S.

citizen, please contact your embassy or consulate to ensure you obtain the proper documentation.

Smoking

For the convenience of the majority of our travelers, Odysseys Unlimited, Inc. has a No Smoking policy (including e-cigarettes and vaping) on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

Health and Medical Issues

We welcome all travelers, but request that you be in good health to participate in an Odysseys Unlimited, Inc. tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day), often uphill or on uneven or cobblestone streets. You must be able to get on and off motorcoaches and boats on your own. We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that many of our itineraries, for reasons beyond our control, do not accommodate wheelchairs. Please call or e-mail us to inquire, and we will do our best to answer any questions you may have. Please call or email us to inquire, and we will do our best to answer any questions you may have. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, Duke University (DUKE) and Odysseys Unlimited, Inc. assume no financial responsibility for any unused portion of the tour. While we do our best to accommodate food allergy concerns, we cannot guarantee zero cross-contamination.

Air Transportation

Odysseys Unlimited, Inc. includes in its tour price round trip economy air from designated gateway cities as shown, and contracts with those airlines the company feels provide the level of service, routings, and value necessary for your entire trip. While another airline may offer a more direct connection, it may be at a price unavailable at the lower group rates. You will receive your preliminary air schedule approximately $2\frac{1}{2}$ months prior to departure. Please note that seat assignment on your international flight

is usually done at airport check-in. Odysseys Unlimited, Inc. is unable to guarantee any seat assignments. Due to the nature of tour operator tickets, other restrictions apply, including, but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour "Land Only" is available on most tours. Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Odyssevs Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

Responsibility

The liability of Duke University (DUKE), as sponsor, and Odysseys Unlimited, Inc. (OU), as tour operator, is strictly limited. As operator, OU purchases transportation, hotel accommodations, and restaurant and other services from independent suppliers not under their control. OU serves only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, or of their employees, agents, servants, or representatives. DUKE and OU are not liable for injury, damage, loss, accident, or delay that maybe caused by events not within our control, including, without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise lines, and other independent suppliers.

OU will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require OU to change a hotel, we will select alternative accommodations of the same or better quality. Cruise itineraries may change due to factors such as government regulations, water levels, or weather conditions.

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DUKE TRAVELS RESERVATION FORM

To reserve your place on tour, please call Duke Travels at (919) 684-2988 (preferred registration method) or email duketravels@duke.edu. Please have the information outlined below available to share with a Duke Travels representative. If you prefer, you may also complete this Reservation Form and mail it to Duke Travels' office. Please alert Duke Travels to your pending reservations request.

Once this request is received by Duke Travels (either by phone, email, or mail), a Travel Counselor from Odysseys Unlimited will contact you within two business days to securely take your credit card information for the deposit. Your reservation is not confirmed until your deposit is paid and processed. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. If paying by check, please make check payable to **Odysseys Unlimited, Inc.** and include with the form. Final payment is due 95 days prior to departure.

For trip information only, please contact Odysseys Unlimited, Inc. at (888) 370-6765.

Send to: Duke Travels
Box 90572

Durham, NC 27708	
Tour Name	
Departure Date	
Pre- or Post-Tour Extension (as described on tour page): Please sign me/us up □	

I/We would like to request place	ce(s). (Deposit amount is \$500 per person.)
Full Passport Name	Date of Birth Gender
Full Passport Name	Date of Birth Gender
Address	
	State ZIP
Home Phone ()	Cell Phone ()
E-mail(s)	Badge Name(s)
Please book my/our air from	I/We request an air upgrade to
will share a room with	I request a single room (limited availab

I/We request an upgrade to cabin category _____ (for *Patagonian Frontiers* only) \Box