Changing Tides of History
CRUISING THE
Baltic Sea

DENMARK • POLAND • ESTONIA • ST. PETERSBURG • FINLAND • SWEDEN

Featuring Guest Speakers

LECH WAŁĘSA
Former President of Poland
and
SERGEIKHRUSHCHEV
Son of Nikita Khrushchev

June 23 to July 2, 2019

dukealumni travels.com
Dear Duke Alumni and Friends,

Join us for the rare opportunity to explore the lands and legacies forged by centuries of Baltic history. Hear and learn more firsthand from historic world leader, Nobel Peace Prize Laureate and former President of Poland, Lech Wałęsa, and from noted author and award-winning scholar Sergei Khrushchev, son of Soviet Premier Nikita Khrushchev.

One of the great cruise itineraries of the world, this unique Baltic Sea voyage features six Baltic countries and seven UNESCO World Heritage sites. Our program is scheduled during the best time of year to experience the natural phenomenon of the luminous “White Nights.”

Experience the cultural rebirth of the Baltic States and imperial past of St. Petersburg, Russia, while cruising aboard the exclusively chartered, Five-Star, Le Dumont d’Urville, newly launching in 2019 and featuring only 92 ocean-view Suites and Staterooms. In the tradition of ancient Viking mariners and medieval merchants, set forth from Denmark’s sophisticated, innovative and exceptionally “green” capital city of Copenhagen to the cosmopolitan, royal Swedish capital and seaport of Stockholm. Spend two days docked in the heart of regal St. Petersburg, featuring visits to the world-acclaimed State Hermitage Museum, the Peter and Paul Fortress and the spectacular czarist palaces at Petrodvorets and Pushkin. See the storied architecture of Helsinki, Finland; tour the well-preserved medieval Old Town of Tallinn, Estonia; explore the former Vikings site and Hanseatic League town of Visby on Sweden’s Gotland Island; and immerse yourself in the legacy of the Solidarity movement in Gdańsk, Poland. On the Wonders of Norway Pre-Cruise Option, visit the vibrant city of Bergen, cruise through stunning fjordlands and enjoy one of the world’s most scenic train rides; splendors of Stockholm during the Post-Cruise Option or experience the Splendors of Stockholm during the Post-Cruise Option.

This exclusive travel program features a comprehensive itinerary, Five-Star accommodations, a specially arranged shore excursion in each port and all meals. Book now, as capacity is limited and this popular program sells out quickly!

Forever Duke,

Beth Ray-Schroeder ’83
Director, Duke Alumni Travels

Study Leader

Bruce Jentleson is a Duke University Professor and leading scholar of American foreign policy and has served in a number of U.S. foreign policy and political positions. He held the 2015-16 Henry Kissinger Chair in Foreign Policy and International Relations at the Kluge Center in the Library of Congress and currently is a Global Fellow at the Woodrow Wilson International Center for Scholars and a Non-Resident Senior Fellow for the Chicago Council on Global Affairs. His just-published book is The Peacemakers: Leadership Lessons from 20th-Century Statesmanship (W.W. Norton, 2018), which apropos to this trip includes a chapter on Lech Wałęsa. He is often quoted in the press and has appeared on such shows as the PBS News Hour and on the BBC, Al Jazeera, China Radio International and National Public Radio.
U.S. Sunday, June 23 Depart the U.S.

Copenhagen, Denmark Monday, June 24
Arrive in Copenhagen and embark the Five-Star Le Dumont d’Urville.

Gdańsk, Poland Tuesday, June 25
Once a flourishing Hanseatic League port, today Gdańsk showcases its architectural heritage in the meticulously restored, late Renaissance and Baroque patrician mansions in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewska (the Royal Route) to see the iconic Neptune’s Fountain and the 14th-century Artus Court, a Gothic guildhall inspired by the ideals of Britain’s legendary King Arthur.

In 1980, shipyard workers led by Lech Wałęsa founded the Solidarity movement, the first independent trade union in Eastern Europe and the key factor in winning Poland’s struggle against Communism. Visit the historic Lenin Shipyard, where the movement began, see its Monument to the Fallen Shipyard Workers and meet the leader of the Solidarity movement, former President of Poland and Nobel Peace Prize Laureate Lech Wałęsa on board the ship this evening, where he will discuss his perspective on Solidarity, globalization and progress in the region.

Cruising the Baltic Sea Wednesday, June 26
Spend the day at leisure cruising the Baltic Sea while enjoying a series of enriching lectures, including one by distinguished author and scholar Dr. Sergei Khrushchev. Attend the Captain’s Welcome Reception this evening.

Tallinn, Estonia Thursday, June 27
Tallinn’s UNESCO World Heritage-designated Old Town has remained virtually unchanged for 600 years, largely escaping the ravages of World War II. During the walking tour, see the landmark Alexander Nevsky Cathedral, the 13th-century Church of St. Nicholas and Toompea Castle, the seat of Estonia’s Parliament.

St. Petersburg, Russia Friday, June 28
Founded in 1703 as his “Window on the West,” St. Petersburg is Peter the Great’s extraordinary vision. Cruise into the heart of the city for a specially arranged, early-entry guided tour of the incomparable State Hermitage Museum. One of the world’s greatest art repositories, the UNESCO World Heritage-listed Hermitage Museum is home to an extensive collection of art and artifacts, including works by Rembrandt, Vermeer, and Rubens.

Cover photo: Visby’s medieval wall, constructed in the 13th century, stretches two miles in length around the town.

Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. During leisure time, wander Tallinn’s incredibly preserved Old Town before returning to the ship.

Photo this page: Peter the Great himself partially engineered the resplendent plexus of waterfalls, fountains and statues that adorns the foreground of the opulent Grand Palace at Petrodvorets.
Heritage-designated museum was the former czarist palace of Catherine the Great. Its prestigious collections are rivaled only by the museum’s lavish interior.

Enjoy the panoramic tour of the city’s UNESCO World Heritage-designated historic center, where landmarks are scattered across more than 40 islands linked by eight times as many bridges. See exquisite examples of Russian Baroque and neoclassical architecture along the main thoroughfare, Nevsky Prospekt; the ornate Church of Our Savior on Spilled Blood (Church of the Resurrection of Christ), built on Emperor Alexander II’s assassination site; and the 19th-century St. Isaac’s Cathedral, whose striking golden dome crowns the city’s skyline.

Visit St. Petersburg’s first building, the Peter and Paul Fortress, constructed to secure the country’s access to the sea, and the Baroque Cathedral of Saints Peter and Paul, where 32 czars, from Peter the Great to Nicholas II, the last of the Romanovs, are interred.

This evening, choose to attend an optional Russian folklore show performed in the Nikolaevsky Art Center.

St. Petersburg
Saturday, June 29

Visit the imperial compound of Pushkin and the elaborate rococo Catherine Palace, a UNESCO World Heritage site, highlighted by the jewel-encrusted Amber Room, said to be the “Eighth Wonder of the World.” Savor a lunch of Russian specialties while enjoying a traditional Cossack dance performance.

Tour the UNESCO World Heritage-designated Grand Palace of Petrodvorets, commissioned by Peter the Great to rival the Palace of Versailles, and its elaborately landscaped grounds, encompassing two centuries of imperial style, executed to perfection. Return to the ship by hydrofoil.

Helsinki, Finland
Sunday, June 30


While approaching this “Daughter of the Baltic Sea,” view the 18th-century maritime fortress of Suomenlinna, a UNESCO World Heritage site. On a panoramic city tour, see the stately Senate Square and the diplomatic quarter of Kaivopuisto and visit the modernistic Temppeliaukio Church, or “Church of the Rock,” impressively hewn out of natural bedrock.

The traditional fishing boats and colorful edifices along Copenhagen’s Nyhavn canal retain the waterfront’s authentic 18th-century maritime character.
Visby, Gotland Island, Sweden
Monday, July 1
Call at the Baltic island of Gotland, rich with Swedish history and abundant Viking and medieval sites. The UNESCO World Heritage-designated Old Town of Visby, the former Baltic center of the Hanseatic League, is arguably the best preserved medieval city in Scandinavia. On the walking tour of this “city of roses,” see 13th-century walls and original medieval architecture, and tour the Gotlands Historical Museum and iconic Cathedral of St. Mary.

Enjoy time at leisure to explore the lively Market Square. Reboard the ship and attend the Captain’s Farewell Reception.

Stockholm/U.S.
Tuesday, July 2
Disembark in Sweden’s “Venice of the North” and continue on the Splendors of Stockholm Post-Cruise Option or depart for the U.S.

Splendors of Stockholm
A Royal Seaport and Capital City
Extend your Baltic experience with a Post-Cruise Option in handsome Stockholm, a harmonious blend of medieval Renaissance and modern architecture showcased across 14 small islands connected by more than 23 bridges, to. Visit the magnificent City Hall, the site of the annual Nobel Prize banquet. Walk through the Gamla Stan (Old Town) and visit the maritime museum built to house the Vasa, the world’s only preserved 17th-century warship. Spend two nights in the ideally located Sheraton Stockholm Hotel.

Wonders of Norway
Bergen • Fjords • Oslo • Copenhagen
By Flåm Mountain Railway and Coastal Ferry
The Pre-Cruise Option immerses you in majestic Norwegian landscapes and Scandinavian culture on this unique five-night journey from Bergen to Copenhagen. Tour the historic city of Bergen, including Bryggen (the old wharf), a UNESCO World Heritage site, and visit Troldhaugen, the home of famed composer Edvard Grieg. Travel through pristine fjordlands on the Flåm Railway, one of the world’s most scenic train rides, amid snowclad mountains and alpine lakes. Enjoy a private cruise into UNESCO World Heritage-designated Nærøyfjord, the highlights of vibrant Oslo and an exclusively chartered cruise along Copenhagen’s idyllic canals. Spend four nights in comfortable hotels, including the historic Stalheim Hotel, and one night aboard an award-winning Seaways ferry.

Pre- and Post-Cruise Options and the Optional Russian Folklore Excursion are available at additional cost. Details will be included with your reservation confirmation.
Blue Eye – The World’s First Luxury Underwater Observatory!

Introducing the extraordinary Blue Eye, the world’s first multisensory, underwater observation lounge. View the beauty of marine life through the large, subaquatic windows and integrated digital screens providing live images from underwater cameras and enjoy the sensory experience of listening to the ocean’s unique underwater universe in the comfort of the exclusive Blue Eye lounge. Marine life viewing varies by location.

Luxury Small Ship, Innovative Design


Respect for the Environment

The newest addition to the Ponant “clean ship” fleet, Le Dumont d’Urville is energy efficient and eco-friendly, protecting fragile marine ecosystems while providing a safe and comfortable voyage.

Chic and Casual Dining

Dine indoors or alfresco on international and regional cuisine served in the stylish, spacious indoor-outdoor restaurant, at the casual pool deck grill or from 24-hour room service. Daily meals include continental and buffet breakfasts, buffet lunch, afternoon tea and four-course dinner.

92 Elegant Suites and Staterooms, with Private Balconies

Each Five-Star Stateroom and Suite (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a bay window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control and luxurious hotel amenities.

Life on Board

Enjoy sweeping views from the lounges, which open to the outdoors, and lectures, cultural performances or film screenings in the state-of-the-art theater. Relax in the spa and sauna or the Sun Deck’s infinity-style swimming pool. There is a beauty salon, fitness room and three elevators. Complimentary Wi-Fi is available throughout the ship.

World-Class Service

The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and nurse.
Included Features

Acclaimed Guest Speakers
- Poland’s former President and Nobel Peace Prize Laureate Lech Wałęsa.
- Scholar and author Sergei Khrushchev, son of Soviet Union Premier Nikita Khrushchev.

On Board the Exclusively Chartered, Five-Star Small Ship Le Dumont d’Urville
- Eight-night cruise from Copenhagen, Denmark, to Stockholm, Sweden.
- Elegantly appointed, Five-Star Suite or Stateroom.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
- All meals aboard ship.
- Complimentary Wi-Fi throughout the ship.
- Tour of the storied port city of Gdańsk, including its historic Lenin Shipyard and Old Town.
- City tour of Helsinki featuring a visit to Temppeliaukio Church.

UNESCO World Heritage Site Highlights
- Walking tour of Tallinn’s lower town and Town Hall Square.
- Specially arranged, early entry to St. Petersburg’s world-renowned State Hermitage Museum.
- City tour of St. Petersburg, featuring a visit to the impressive Peter and Paul Fortress.
- Excursions to Peter the Great’s Petrodvorets and Catherine the Great’s palace in Pushkin, featuring the acclaimed Amber Room—including a lunch of traditional Russian specialties.
- View of the old fortifications of Suomenlinna in Helsinki.
- Walking tour of Visby, a historic former Hanseatic city on the island of Gotland.

Enhanced Travel Services
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to local guides and drivers on included excursions and transfers.
- Group visa is included for excursions in Russia.
- Complimentary bottled water in your Suite or Stateroom and on excursions.
- An optional cultural performance in St. Petersburg is available at additional cost.
- Hospitality desk aboard the ship.
- Experienced Gohagan & Company Travel Director at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
By exclusive arrangement, Lech Wałęsa, former President of Poland (1990 to 1995), Polish hero and international icon in the pursuit of freedom and democracy, will meet with our group on board Le Dumont d’Urville. From his position as a marine electrician in Gdansk’s Lenin Shipyard, Mr. Wałęsa emerged as a world-renowned figure in the struggle against Communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. Despite winning the right to form an independent union, Mr. Wałęsa and Solidarity continued to confront the Soviet-backed regime of General Wojciech Jaruzelski, which jailed Mr. Wałęsa and imposed martial law in Poland in December 1981. Mr. Wałęsa was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. Mr. Wałęsa became the first foreign non-head of state to address a joint meeting of the U.S. Congress in 1989.

A distinguished author and scholar, Dr. Sergei Khrushchev is the son of former Soviet Premier Nikita Khrushchev (1957-1964) and a former Visiting Professor of Slavic Studies at Brown University, where he also served as a Senior Fellow at the Watson Institute for International Studies. Dr. Khrushchev’s research has focused on the history of the Cold War and the turning points in relations between the U.S. and the Soviet Union in the Khrushchev, Eisenhower and Kennedy eras; the history of Soviet missiles and space development, in which he played an active role; and the Soviet Union’s transformation from centralized to decentralized government and market economy. He co-authored his father’s memoirs, The Time, the People, the Power (1999), and translated them into English (2005-2007). Dr. Khrushchev is a popular commentator for the American media and the author of more than 350 books and articles, including Khrushchev on Khrushchev (1990), Nikita Khrushchev: Crisis and Missiles (1994) and Nikita Khrushchev and the Creation of a Super Power (2000).
**LAND/Cruise Tariff** excluding taxes*  
Per person, based on double occupancy  

<table>
<thead>
<tr>
<th>Stateroom Category</th>
<th>LAND/Cruise Tariff excluding taxes*</th>
<th>Early Booking Tariff* through Oct. 26, 2018</th>
<th>Tariff* after Oct. 26, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Picture window, single door onto private, partial-wall balcony, shower. Deck 3, forward. (limited availability)</td>
<td>$6995</td>
<td>$7995</td>
</tr>
<tr>
<td>7</td>
<td>Picture window, single door onto private, partial-wall balcony, shower. Deck 3, midship.</td>
<td>$7995</td>
<td>$8995</td>
</tr>
<tr>
<td>6</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Deck 4, forward.</td>
<td>$8695</td>
<td>$9695</td>
</tr>
<tr>
<td>5</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Deck 4, midship.</td>
<td>$9395</td>
<td>$10395</td>
</tr>
<tr>
<td>4</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Decks 5 and 6, aft. (limited availability)</td>
<td>$9895</td>
<td>$10895</td>
</tr>
<tr>
<td>3</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Deck 5, forward. (Limited availability)</td>
<td>$10395</td>
<td>$11395</td>
</tr>
<tr>
<td>2</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Deck 5, midship.</td>
<td>$10795</td>
<td>$11795</td>
</tr>
<tr>
<td>1</td>
<td>Expansive sliding glass door, <strong>private balcony</strong>, shower. Deck 6, midship.</td>
<td>$11295</td>
<td>$12295</td>
</tr>
</tbody>
</table>

**Deluxe Suite**  
Suites with expansive sliding glass door, **large private balcony**, shower, sitting area with sofa. Decks 3, 4, 5 and 6. (Limited availability)  
|$12695 | $13695 |

**Suite**  
Two rooms, expansive sliding glass door, **large private balcony**, two bathrooms with showers, two closets, large sitting area with sofa. Deck 6. (Limited availability)  
|$13695 | $14695 |

**Premise Suite**  
Large Suite with expansive sliding glass door, **large private balcony**, shower, sitting area with sofa. Decks 5 and 6. (Limited availability)  
|$13995 | $14995 |

**Grand Deluxe Suite**  
Large two-room Suite, expansive sliding glass door, **spacious private terrace**, full bathroom with tub and separate shower, additional private powder room, sitting area with sofa. Decks 5 and 6. (Limited availability)  
|$15195 | $16195 |

**Owner’s Suite**  
Large two-room Suite, expansive sliding glass door, **spacious private terrace** with outdoor Jacuzzi, full bathroom with tub and separate shower, additional private powder room, sitting area with sofa. Deck 6. (Limited availability)  
|$15495 | $16495 |

Singles are available in category 5 at $15295* and in category 2 at $17795* on or before October 26, 2018. Add $1000 for reservations made after October 26, 2018.  

Taxes are an additional $495 per person and are subject to change.  

*The Le Dumont d’Urville has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

---

**CRUISING THE BALTIC SEA**  
**RESERVATION FORM**

Send to: Duke Alumni Travels  
Box 90572  
Durham, NC 27708-0572  
Phone: (919) 684-2988  
Fax: (919) 660-0148  
travel@daa.duke.edu

Title | Full Name (exactly as it appears on your passport) | Duke Class Year
---|---|---

Title | Full Name (exactly as it appears on your passport) | Duke Class Year
---|---|---

Date of Birth | MM/ DD/ YYYY | Date of Birth | MM/ DD/ YYYY

Street Mailing Address (no P.O. Box number please)  
City | State | ZIP Code *
---|---|---

Telephone: (Home) | (Mobile)
---|---

Email Address | (Business)
---|---

Preferred Name(s) or Badge(s)  
Tour No. 034-06/23/19-030

Program reservations require a deposit of $800 per person and $200 per person Wonders of Norway Pre-Cruise Option and/or $200 per person Splendors of Stockholm Post-Cruise Option. By reserving and depositing on this program, I agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

- Enclosed is my/our check(s) for $_______ as deposit.
- Make checks payable to **Gohagan & Company**.
- I/We authorize you to charge my/our deposit of $_______ to:  
  - Visa  
  - MasterCard  

Card Number | Exp. Date
---|---

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by March 20, 2019.

---

Please make my/our reservation(s) in Stateroom Category:  
1st choice | 2nd choice
---|---

- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):

- **Wonders of Norway Pre-Cruise Option**
  - Double at $2795 per person.
  - Single at $3695 per person.
  - I am reserving as a single but prefer to share accommodations.

- **Splendors of Stockholm Post-Cruise Option**
  - Double at $995 per person.
  - Single at $1395 per person.
  - I am reserving as a single but prefer to share accommodations.

- I/We want you to book my/our air, at an additional cost to be advised; from:
  - [ ] Economy Class
  - [ ] Uprated Economy
  - [ ] Business Class
  - [ ] First Class

*Note: Airfare is subject to change and availability and is nonrefundable.

- I/We will make my/our own air arrangements.
CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until received in writing in the offices of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 90 through 94 days prior to departure, 50% of the published full regular tariffs; cancellations 59 days or less prior to departure will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend for your protection that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Insurance information will be sent upon confirmation from Duke.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

REGISTRATION: CST#: 203188-40, VST#: 601 767 666, OSTD#: TA 0905. BOUNDARY ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

PHOTO CREDITS: 123 RF, Age Fotostock, Alamy, Deposit Photos, Elstock Photo, Shutterstock; all images are rights managed and cannot be used without permission.