Sailing the Windward Islands
Barbados • St. Vincent and the Grenadines
Martinique • St. Lucia • Grenada
aboard the
Exclusively Chartered, Deluxe Small Sailing Ship
LE PONANT
March 5 to 12, 2019

Experience the Caribbean under full sail
Only 32 Staterooms—100% ocean-view
An excursion in each port

dukealumnitravels.com
Dear Duke Alumni and Friends:

Elude the depths of winter in the idyllic Windward Islands, a remote archipelago of dynamic volcanic peaks, lush gardens and white-sand beaches in the southern Caribbean. Experience seafaring in its most timeless form—beneath 16,000 square feet of billowing white sails aboard the exclusively chartered Le Ponant—during this exceptional opportunity, calling at historic towns and picturesque islands favored by yachtsmen for hundreds of years.

The intimate, deluxe motor yacht Le Ponant, featuring only 32 ocean-view Staterooms, is able to call in smaller ports and secluded bays that are completely inaccessible to larger ships—making this the best way to see the real Caribbean. The idyllic tropical breezes this time of year compel the seasoned crew to unfurl three-masted sails amid the turquoise waters and balmy temperatures. Enjoy a refined yet casual lifestyle on board and revel in the sublime charm of island life.

This custom-designed itinerary spans the boundlessly lush natural landscapes of the Windward Islands from Grenada to Martinique to Barbados. Visit St. Vincent, which boasts the oldest botanic garden in the Western Hemisphere, and travel amid waving coconut palms alongside the Caribbean Sea on the most captivating isle of the Grenadines, Bequia. Be on deck as you approach St. Lucia for a stunning panorama of the Gros and Petit Pitons, twin mountain peaks and a UNESCO World Heritage site, and see the island’s geothermal activity in volcanic Sulphur Springs. Snorkel amid the intricate reefs blooming with marine life in the lagoons of Tobago Cays Marine Park, Mayreau and Union Island; and delve into the history of Grenada, where the scent of spices permeates the air. Learn about the enduring West African, Creole, Arawak and Carib heritages and their colonial influences, unique to each island and historic city.

As our Duke group grows in size, a Duke host will join the trip to bring a uniquely Duke perspective to the tour. Escape to the warm temperatures and alluring ports of the pristine southern Caribbean by intimate sailing ship; this quintessential cruise around the Windward Islands is an excellent value and a special small group experience to be shared with those who, too, love the lure of the sea. Book now, while space and Early Booking Savings are available.

Forever Duke,

Beth Ray-Schroeder ’83
Director, Duke Alumni Travels
In 1493, while pursuing the ever-elusive route to the gold and spices of the East Indies, Christopher Columbus encountered the sun-drenched shores of an archipelago abundant with lush tropical rainforests and the fresh breeze of the cooling trade winds. Recapture the spirit of this long-ago era aboard your exclusively chartered small ship. Watch the sails unfurl to harness favorable winds and carry you toward the unspoiled, secluded havens of the Windward Islands. Each of these tropical ports, which alternated between rivalrous British and French rule, today holds its own local heritage and natural treasures.

**Grenada**
Best known as the “Spice Island,” this volcanic isle enjoys cool breezes perfumed with fragrant exports—salt air swirled with nutmeg, cinnamon, cloves, mace, allspice, wild coffee and organic cocoa. First controlled by the French in the early 17th century, Grenada was a British colony for nearly two centuries before achieving independence in 1974; however, distinctive French influences remain in surnames, dialect and spicy dishes, much like New Orleans Creole.

See historic landmarks in the picturesque capital, St. George’s, including the cannons and defensive tunnels of Fort George. Enjoy panoramic views of the Carenage, a scenic waterfront dotted with colorful fishing boats and Georgian buildings. Walk among cinnamon, clove and bay trees in an herb and spice garden, where ginger, pepper and turmeric also grow, and learn about rare botanicals, such as zebapique and jump-up-and-kiss-me, used in cooking, medicines and liqueurs. Visit Grenada’s largest rum distillery and savor regional, impeccably aged rum. Later, stroll the quintessential white-sand shores of Grand Anse Beach at your leisure.

**The Grenadines**
An ideal snorkeling retreat shielded from the sea by Horseshoe Reef, **Tobago Cays Marine Park**

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**Itinerary**

**Day**

**Grenada Pre-Cruise Option**

1. Depart the U.S./Arrive St. George’s, Grenada/Embark Le Ponant
2. St. George’s, Grenada
3. Tobago Cays, Grenadines/Chatham Bay, Union Island, Grenadines
4. Fort-de-France, Martinique
5. Soufrière, St. Lucia/Marigot Bay, St. Lucia
6. Saline Bay, Mayreau, Grenadines
7. Kingstown, St. Vincent/Port Elizabeth, Bequia, Grenadines
8. Bridgetown, Barbados/Disembark ship/Return to the U.S.

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Photo this page: *Uninhabited Tobago Cays Marine Park is a snorkeler’s paradise of crystal-clear lagoons known for green sea turtles and colorful coral reefs.*

Cover Photo: *Sail along the coast of St. Lucia for an unforgettable view of its iconic twin peaks, the Petit and Gros Pitons, a UNESCO World Heritage site.*
Caribbean Sea is an underwater gallery of colorful sponges, conchs, sea turtles and reef fish.

Dramatic volcanic peaks juxtapose the shallow coral reef in Chatham Bay, Union Island. Snorkel in turquoise waters flourishing with marine life. Gather on deck for a barbecue dinner under a bright blanket of stars (weather permitting).

Spend time swimming and snorkeling in Saline Bay, Mayreau, where iridescent blue waves wash peaceful shores, and savor a seaside barbecue lunch.

Sail to lush Bequia, the largest of the Grenadines at just seven square miles and arguably the most beautiful. Although Amerindians from South America first inhabited Bequia, it was the Caribs who named it the “Island of Clouds.” Enjoy spectacular views of yacht-filled Admiralty Bay from the remains of 18th-century Hamilton Fort. Visit the Old Hegg Turtle Sanctuary, dedicated to raising and safely releasing endangered hawksbill sea turtles.

**Martinique**

The most heavily French-influenced of all the Caribbean Basin, Martinique celebrates its Creole heritage amid paradisical scenery. In Fort-de-France, see the varied architectural styles of its historic buildings blending harmoniously with the landscape, including the elaborate Romanesque Schoelcher Library. Admire the verdant Pitons du Carbet from the Sacré Coeur de Balata, a reduced replica of the Basilica of Montmartre in Paris.

From the veranda of a Creole farmhouse in the famous Balata Gardens, watch effervescent hummingbirds feed on sweet nectar.

Mineral deposits in Soufrière cause Diamond Falls to be the most colorful waterfall in the Caribbean.

Grenada’s historic capital of St. George is scenically tucked into the horseshoe-shaped harbor of Carenage. Snorkel among peaceful hawksbill sea turtles in the clear-blue waters of the Grenadines.

Then, wind through a shaded canopy of trees, including twining begonias, mahogany, musa nana and bamboo, and around the 3000 varieties of its tropical plants. In the St. Pierre Volcanological Museum, see artifacts excavated from the petrified ash of Mount Pelée.

Admire typical Creole architecture amid vast sugarcane fields at the Clément Plantation.
a French historical landmark and producer of Clément rum for more than 125 years. Tour the former distillery and see galleries that highlight local Caribbean artists and Creole heritage. Stop in the manor house, notable as the site of the 1991 post-Gulf War meeting between French President François Mitterand and U.S. President George H. W. Bush.

**St. Lucia**

The view of St. Lucia’s twin volcanic peaks—the Gros Piton and Petit Piton, together a UNESCO World Heritage site—is majestic and unmistakable. In Soufrière, wander a canopied haven of vivid flora in Diamond Falls Botanical Gardens, cultivated since the 18th century, when mineral baths were crafted over steaming springs for King Louis XVI’s Frenchmen, past rocks tinted yellow, green and purple from the falls’ mineral-rich waters. At Sulphur Springs, witness firsthand ongoing geological activity in the dormant crater of Soufrière Volcano.

Encircled by thickly forested hilltops, crisp-blue Marigot Bay is a naturally formed shelter and long-time sailor hideaway. Enjoy an afternoon at leisure on the secluded beach in this sublime respite, where an alluring variety of luxurious vessels routinely anchor.

**St. Vincent**

Walk through the largest botanical gardens in the Western Hemisphere, populated with trees from around the world and the endangered St. Vincent parrot. Enjoy sweeping vistas of the Caribbean Sea and the capital city of Kingstown from the early-19th-century ruins of Fort Charlotte, built atop a steep promontory. Known as the “City of Arches,” Kingstown is replete with historic architecture, including the 19th-century cathedrals of St. George and St. Mary.

**Barbados**

Conclude your Caribbean cruise in UNESCO World Heritage-designated Bridgetown. Originally inhabited by Arawaks, stunning Barbados was the first landing spot for many Spanish and Portuguese explorers, who named it Los Barbados—“the bearded ones”—for the unusual bearded fig trees.

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**Sojourn on the “Spice Island” Pre-Cruise Option**

Savor life in the Caribbean with two nights in handsome St. George’s, Grenada. Explore the lush and biodiverse Grand Etang Rainforest, a lush realm where high-reaching mahogany and giant gommier trees tower like natural cathedral arches, a crater lake rests on an extinct volcano and the chatterings of Antillean crested hummingbirds and mona monkeys fill the fresh air; visit Belmont Estate, a fully functioning 17th-century plantation; and stop in the Grenada Nutmeg Station to learn more about the island’s famed spice. Enjoy deluxe tropical accommodations in the Radisson Grenada Beach Resort—on Grand Anse Beach.

*The Pre-Cruise Option is available at additional cost. Details will be provided with your reservation confirmation.*
Seafaring in its Most Timeless Form
Join us aboard the exclusively chartered, deluxe Le Ponant, an intimate, three-masted motor yacht with sleek lines and elegant beauty. This small ship is designed to cruise into secluded bays larger vessels cannot reach, unfurling 16,000 square feet of sails when winds prevail.

Only 32 Staterooms
Each of the 32 ocean-view Staterooms features a window or porthole, private bathroom with shower, one queen bed or two twin beds, individual climate control, satellite flat-screen television, direct-dial telephone, safe, minibar, dressing table, hair dryer and plush robes.

With Our Compliments
Indulge in our complimentary amenities—alcoholic and nonalcoholic beverages throughout the cruise and in your Stateroom minibar, and Wi-Fi access on board.

Chic and Casual Dining
Enjoy superb, French-inspired international specialties alfresco in the indoor-outdoor restaurant or in the elegant, wood-paneled dining room. Wine is served with lunch and dinner.

Life on Board
Epitomizing the refined yet casual lifestyle on board, the comfortable public areas showcase the ship’s tasteful sophistication. There is one lounge, a library, expansive open-air decks that extend the full length of the vessel, and an observation platform. Fully equipped Zodiacs are used to facilitate landings.

World-Class Service
The ship’s guest-to-crew ratio of less than two to one allows for the most courteous, attentive and professional service, and the crew are always delighted to answer your questions about sailing. There is a doctor on board.
Included Features
On Board the Exclusively Chartered, Deluxe Sailing Ship Le Ponant

◆ Seven-night cruise featuring the most beautiful locales of the Windward Islands—Grenada; St. Vincent and the Grenadines, including Tobago Cays, Union Island, Mayreau and Bequia; Martinique; St. Lucia; and Barbados.

◆ Deluxe, ocean-view, air-conditioned Stateroom.

◆ Captain's Welcome and Farewell Receptions.

◆ All meals aboard ship.

◆ Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.

◆ Complimentary Wi-Fi throughout the ship.

◆ Complimentary snorkeling equipment.

Sailing the Windward Islands

◆ Tour of Grenada, the "Spice Island," featuring historic Fort St. George and a visit to a local herb and spice garden.

◆ Specially arranged rum tasting at Grenada's largest distillery.

◆ Island stop at the breathtaking Tobago Cays Marine Park comprising nearly 1500 acres of lagoons and coral reefs, for the opportunity to snorkel among an abundance of vibrant, fascinating marine life.

◆ City tour of Fort-de-France, Martinique, with a visit to the beautifully preserved Clément Plantation and Rum Distillery and the St. Pierre Volcanological Museum.

◆ Walk through the lush Balata Gardens on Martinique.

◆ Excursion in Soufrière, St. Lucia, featuring panoramic views of the iconic, UNESCO World Heritage-designated Pitons, and visits to Diamond Falls Botanical Gardens and volcanic Sulphur Springs.

◆ Tour of St. Vincent’s historic city center of Kingstown and visit to colonial Fort Charlotte.

◆ Excursion on verdant Bequia, the most beautiful isle of the Grenadines, featuring a visit to the Old Hegg Turtle Sanctuary for endangered hawksbill sea turtles.

◆ Time at leisure to enjoy the beach, swim, snorkel or scuba dive in Marigot Bay, St. Lucia; Saline Bay, Mayreau, and Chatham Bay, Union Island, Grenadines; and St. George's, Grenada.

Always Included

◆ Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).

◆ Experienced, English-speaking local guides for included excursions.

◆ Gratuities to local guides and drivers on included excursions and transfers.

◆ Hospitality desk aboard the ship.

◆ Complimentary bottled water in your Stateroom and on excursions.

◆ Experienced Gohagan & Company Travel Director at your service.

◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Caribbean tales call to mind elusive treasure maps, resonant cannon blasts and the locally produced beverage of choice, rum. The history of these islands, while owing much to colonial and native influences, would be incomplete without a mention of those fearsome swashbucklers of legend—pirates. From 1650 to 1720, thousands of these seafaring robbers, also known as buccaneers, targeted merchant ships and coastal towns. Notorious among them were Calico Jack, Henry Morgan and Captain Kidd, but perhaps most legendary of all was Edward Teach, better known as Blackbeard.

In 1717, Blackbeard famously captured the French slave ship *La Concorde* off the coast of Martinique, abandoned its crew and captive passengers ashore on Bequia and robbed them of their gold. Blackbeard renamed the ship *Queen Anne’s Revenge* and set sail, plundering the Caribbean and the southern Atlantic colonies and commandeering ships for his fleet. He grew quickly in infamy, tucking smoldering ropes into his wild hair and beard to intimidate his enemies with an air of supernatural terror, according to legend. Barely a year later, however, Blackbeard battled Royal Navy Lieutenant Robert Maynard, commissioned by the Crown governor of colonial Virginia, and fell in defeat, ending his notorious yet riveting swashbuckling days.

The 18th-century cannons at Bequia’s hilltop Hamilton Fort evoke the Caribbean's maritime legends and history.
Legends of the Caribbean

SAILING THE WINDWARD ISLANDS RESERVATION FORM

Please make my/our reservation(s)

in Stateroom Category:

1st choice _____ 2nd choice _____

Double occupancy (two twin beds).
Double occupancy (one queen bed).
Single accommodations.

I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

I/W we want you to book my/our air, at additional cost to be advised,‡ from:

____________________________________

(Economy Class)

Business Class

‡ Note: Airfare is subject to change and availability and is nonrefundable

I/W we will make my/our own air arrangements.

____________________________________________  ___________________

Title     Full Name (exactly as it appears on your passport)       Duke Class Year

____________________________________________  ___________________

Date of Birth_______/_______/_______  Date of Birth_______/_______/_______

MM          DD         YYYY

____________________________________________

Street Mailing Address (no P.O. Box number please)

____________________________________________  ________  _____________-____

City        State        ZIP Code

___________________________________  ____________________________________

Telephone: (Home) (Mobile)

___________________________________  ____________________________________

Email Address (Business)

___________________________________

Preferred Name(s) on Badge(s)

Tour No. 112-03/05/19-030

Program reservations require a deposit of $600 per person and $200 per person Grenada Pre-Cruise Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our check(s) for $__________ as deposit. Make checks payable to Gohagan & Company.

I/We authorize you to charge my/our deposit of $__________ to:

Visa  MasterCard

Card Number

Exp. Date

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by November 30, 2018.

* Taxes are an additional $495 per person and are subject to change.

Le Ponant has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

LAND/Cruise Tariff excluding taxes*  

<table>
<thead>
<tr>
<th>Stateroom Category</th>
<th>Per person, based on double occupancy</th>
<th>Early Booking Tariff* through Nov. 26, 2018</th>
<th>Tariff* after Nov. 26, 2018</th>
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<tr>
<td>6</td>
<td>One queen bed and a porthole.</td>
<td>$4795</td>
<td>$5795</td>
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<td></td>
<td>Marie-Galante Deck, forward.</td>
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<td>5</td>
<td>One queen bed or two twin beds and a porthole.</td>
<td>$5795</td>
<td>$6795</td>
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<td>Marie-Galante Deck, aft.</td>
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<tr>
<td>4</td>
<td>One queen bed or two twin beds and a porthole.</td>
<td>$6595</td>
<td>$7595</td>
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<td></td>
<td>Marie-Galante Deck, mid-forward.</td>
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<tr>
<td>3</td>
<td>One queen bed or two twin beds and a porthole.</td>
<td>$7195</td>
<td>$8195</td>
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<td></td>
<td>Marie-Galante Deck, midship.</td>
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<td>2</td>
<td>One queen bed and a window.</td>
<td>$7595</td>
<td>$8595</td>
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<td>Antigua Deck.</td>
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<tr>
<td>1</td>
<td>Larger Stateroom with one queen bed and a window.</td>
<td>$7995</td>
<td>$8995</td>
</tr>
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<td></td>
<td>Antigua Deck.</td>
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Singles are available in category 5 at $9295* and in category 3 at $11495* on or before November 26, 2018. Add $1000 for reservations made after November 26, 2018.

Send to: Duke Alumni Travels
Box 90572
Durham, NC 27708-0572
Phone: (919) 684-2988
Fax: (919) 660-0148
travel@daa.duke.edu

Please make my/our reservation(s) in Stateroom Category:

1st choice _____ 2nd choice _____

Double occupancy (two twin beds).
Double occupancy (one queen bed).
Single accommodations.

I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s): Grenada Pre-Cruise Option

Double at $795 per person.
Single at $1095 per person.

I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

1/We want you to book my/our air, at additional cost to be advised, from:

____________________________________

(fill in departure city)

Economy Class

Business Class

Note: Airfare is subject to change and availability and is nonrefundable

1/We will make my/our own air arrangements.
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Gohagan & Company, the sponsoring agency, distributor, and its agents, employees, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or may be included as part of your travel service for your trip unless specifically mentioned in the “Included Features” section. Gohagan & Company, the sponsoring entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provisions of any goods or services whether resulting from but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, bites from or attacks by animals, insects or pests, strikes or other labor activities, criminal acts or any activities of airlines, vessels, or other means of transportation, for any failure of any transportation mechanism to arrive or depart timely or safely. If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for handling equipment.

Not included:
T axes; passport, visas and associated fees;
Alcohol or other beverages and all other services not specifically mentioned in the “Included Features” section.

AIRFARE: Airfare is subject to change and availability and, on the fare basis, likely is nonrefundable. Your airline ticket constitutes a contract between you and the airline, even if purchased through Gohagan.

LUGGAGE: Luggage allowance policies are set by the airlines and may change mid-trip without notice.

PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special assistance such as a wheelchair) must be reported in writing when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance, and your traveling companions and climbing stairs and stairs over raised thresholds without assistance. Travelers requiring assistance must travel with a companion who will be responsible for handling equipment.

DISCOUNTED RESERVATIONS: Discounts apply only to those reservations received in the offices of Gohagan in writing, accompanied by the required deposit, by November 26, 2018. In the event a “discounted” reservation must be cancelled, no “replacement” reservation can be substituted at the discounted rate. A “replacement” reservation is a new reservation and can be substituted only at the full-fare tariff. Cancellation penalties may apply.