BELIZE TO TIKAL
REEFS, RIVERS & RUINS OF THE MAYA WORLD
ABOARD NATIONAL GEOGRAPHIC QUEST / MARCH 10-18, 2019

FREE AIR OR AIR CREDIT. BOOK BY OCTOBER 31, 2018.

dukealumnitravels.com
DEAR DUKE ALUMNI AND FRIENDS,

Our Belize-Guatemala expedition is particularly exciting for a number of reasons. The geography is truly remarkable—with a great diversity of ecosystems, and an abundance of land and marine species. On the human side, there is fascinating variety as well: the region contains many cultures and languages, and a rich history—it was part of the great Mayan civilization, some 1500 years ago.

This newly enhanced land-and-sea itinerary aboard the 50-cabin National Geographic Quest delivers the best of this region’s natural and archaeological wonders. Take to kayaks, Zodias, and paddleboards to explore crystalline waters, and land on out-of-the-way cayes adorned with sugar-white sand and a scatter of palm trees. Spot rainbow-colored fish, sea turtles, rays, and over 90 varieties of coral as you snorkel the Belize Barrier Reef, one of the largest coral reef systems in the world. And in Guatemala discover the spectacular temples and pyramids of Tikal and Yaxhá, cloaked within the lush jungle. Along the way local experts will unlock the many mysteries of the Mayan people.

And you’ll share the adventure with many other top experts—naturalists, biologists, undersea specialists—who will ensure that you get the most out of your journey. You’ll also benefit from the Lindblad-National Geographic certified photo instructor, who helps you capture it all in your best photos ever. The entire expedition team looks forward to sharing with you the sights, sounds, and memorable experiences this adventure will bring. As the Duke group grows in size, a Duke representative will be engaged to join the voyage and enhance this already rich educational experience.

I hope you will choose to join us in this fascinating part of the world. To reserve your space, please return the reservation form or call (919) 684-2988.

Forever Duke,

Beth Ray-Schroeder ’83
Director, Duke Alumni Travels, Duke Alumni Association

Cover: Temple 1, Tikal National Park, Guatemala. © David Vargas
Opposite page: Aerial view of the Mesoamerican Reef, Belize. © Brian Skerry
Ship’s registry: United States

SPECIAL OFFER
Book by October 31, 2018 and receive FREE ROUND-TRIP economy group airfare between Miami/Guatemala City or a $350 air credit. Plus upgrade to Business Class for just $550. Call for details.
Remarkable ruins and abundant rain forests take center stage on the land portion of this compact yet comprehensive expedition. In Tikal, one of the largest and most impressive archaeological sites of the pre-Columbian Maya civilization, delve into mystery and history as you explore well-preserved stone temples, palaces, ceremonial platforms, terraces, and roads cloaked in lush vegetation. You have a full day to explore this UNESCO World Heritage site, while local experts and the expedition staff share tales of this once great political and cultural center, weaving its history into an enlightening investigation.

You also venture off-the-beaten path to seldom-visited ruins. Enjoy stellar views at Yaxhá, beautifully situated on a ridge overlooking Yaxhá Lake, where you may choose to ascend to the top of Temple 216 in the Acrópolis Este for stunning views. Along with this fascinating human history, discover a myriad of wildlife up in the canopies and down on the rain forest floor. Hike into the Maya Biosphere Reserve amid giant ceiba trees—the sacred tree of the Maya—and with the help of experienced naturalists search for 400+ species of birds, howler and spider monkeys, tapirs, tree frogs, and more.
Belize: Dive into a Wealth of Biodiversity

An invigorating counterpoint to the historic and natural riches on land, the Belize Barrier Reef, a UNESCO World Heritage site and the largest reef system in the Northern Hemisphere, reveals a wide spectrum of sea life—hundreds of species of fish, majestic sea turtles, graceful rays, gentle manatees, and 65 varieties of hard coral and 35 varieties of soft coral. As only a small percentage of the reef has been studied, researchers believe hundreds more species could be discovered in this protected zone.

Aboard National Geographic Quest, the only expedition ship exploring the Mesoamerican Reef, you get up-close access to places such as the Cockscomb Basin Wildlife Sanctuary, recognized as the world’s first jaguar preserve, and for its diverse tropical plants and abundant birdlife. In addition, a suite of onboard tools—snorkel gear for every guest, Zodiacs, kayaks, stand-up paddleboards, video microscope—lets you experience this vibrant underwater wilderness with all your senses. Kayak or paddleboard on turquoise lagoons, and snorkel or dive on colorful reefs. Or see it all from the comfort of the ship; the onboard undersea specialist will dive and shoot with an HD video camera, and you can view the footage on plasma screens in the lounge, making these wild, beautiful places accessible to all.

A school of black margates.

Opposite page (clockwise from top): Diver encounters hawksbill turtle, Belize; howler monkey; hike trails to hidden waterfalls in the Cockscomb Basin Wildlife Sanctuary; green iguana.
THE PERFECT PLATFORM FOR EXPLORING

**National Geographic Quest benefits from 35+ years of expedition experience,** whether she is sailing in the fast-moving channels and shallow coves of Alaska, or the tropical waterways of Central America. She was designed with a shallow draft depth, allowing us to navigate inner reaches and reefs, to provide an intimate experience of the charismatic region you explore on this voyage. Her twin platforms enable us to rapidly deploy the fleet of Zodiacs, kayaks, and paddleboards; and her dive locker holds complete snorkel gear for all, to ensure you maximize your time exploring off the ship. A supremely comfortable ship, **Quest** offers large view-encompassing windows in her public spaces, and 50 spacious outside cabins, 22 of which feature step-out balconies; and 6 of which are interconnecting, ideal for families and friends.

**SHARE THE ADVENTURE WITH AN EXPERT TEAM**

The A+ expedition team that accompanies you is your key to unlocking the wonders that lie within the diverse ecosystems and spectacular archaeological sites you explore. You travel with an expedition leader, an assistant expedition leader, and several naturalists—many of whom are knowledgeable locals—plus an undersea specialist and an expedition diver, a wellness specialist, and a video chronicler. A Lindblad-National Geographic certified photo instructor is also aboard to assist you. Whether you are a novice or more advanced, you will take your best photos ever.

**SPECIAL MUSICAL FEATURE**

Ethnomusicologist Jacob Edgar has arranged for a performance by the internationally renowned Garifuna Collective, the premier representative of Garifuna music from Belize on the international stage.

*Opposite page (clockwise from top): National Geographic Quest carries a fleet of Zodiacs which can be launched at a moment’s notice; kayaking allows for personal exploration; discover diverse habitats up close on Zodiac forays; naturalists help you spot birds and other wildlife.*
Embark on a unique land-and-sea expedition to discover Maya ruins overgrown with tropical rain forest, and incredible, seldom-seen reefs. Snorkel among some of the 65 species of stony coral and 500 species of fish on the Belize Barrier Reef with the 50-cabin *National Geographic Quest* as your base, the only expedition ship exploring the Mesoamerican Reef. Then venture to the ancient Maya ruins of Tikal to explore the stories and archaeological sites of these stone temples swathed in the rain forest, teeming with wildlife.

**DAY 1: DEPART U.S./GUATEMALA/EMBARK SHIP**

Arrive in Guatemala City and connect to a charter flight to Puerto Barrios, where you’ll embark *National Geographic Quest*. (D)

**DAY 2: MONKEY RIVER & LAUGHING BIRD CAYE NATIONAL PARK, BELIZE**

Board Zodiacs this morning and explore one of Belize’s coastal rivers in search of toucans, green iguanas, and other wildlife. This afternoon, anchor near one of the cayes within Laughing Bird Caye National Park. Snorkel, kayak, or try stand-up paddleboarding. Certified scuba divers may opt to join a reef dive (at an additional cost). (B,L,D)
DAY 3: EXPLORING THE BELIZE BARRIER REEF
Spanning more than 200 miles, the Belize Barrier Reef offers countless opportunities for exploration by ship and ashore on one of the many cayes. Don mask, fins, and snorkel or paddle a kayak on a turquoise lagoon. Conditions permitting, have a beach barbecue lunch or dinner ashore. (B,L,D)

DAY 4: COCKSCOMB BASIN WILDLIFE SANCTUARY & MANATEE OR SITTEE RIVER
Devote your morning to exploring Cockscomb Basin Wildlife Sanctuary, internationally recognized as the world’s first jaguar reserve. Hike one of the many nature trails with your naturalists, photograph colorful tropical plants, scan the forest for its abundant birdlife, and be on the lookout for the tracks of deer, tapirs, wild cats, and other wildlife. Afterward, stop at a traditional Maya handicraft center. This afternoon, take a Zodiac cruise along the mangrove channels of one of Belize’s coastal rivers. Internationally acclaimed drumming group, the Garifuna Collective, performs this evening. (B,L,D)

DAY 5: LIGHTHOUSE REEF ATOLL
Snorkel, dive, kayak, and stand-up paddleboard inside the fringing reef that surrounds Lighthouse Reef Atoll. This lagoon is dotted with hundreds of coral patches and is known for its high diversity of corals and fishes. (B,L,D)

DAY 6: PUERTO SANTO TOMÁS, GUATEMALA/DISEMBARK/FLORES
Disembark this morning for a charter flight to Flores. Lunch at a picturesque restaurant overlooking Lake Petén Itza, before transferring to the Hotel Camino Real Tikal. Check-in on arrival, then take an optional bird-watching walk with your naturalists, or a sunset boat ride on the lake. (B,L,D)

DAY 7: TIKAL NATIONAL PARK
Today is dedicated to exploring Tikal, a UNESCO World Heritage site and one of the largest and most impressive archaeological sites and urban centers of the pre-Columbian Maya civilization. Delve deep into Maya history and architecture as you explore the many temples, including Temple I, which rises 154 feet from the jungle floor, and the North and South Acrópolis. (B,L,D)

DAY 8: YAXHÁ
Visit Yaxhá, the third largest ruin in the Maya world, beautifully situated on a ridge overlooking Yaxhá Lake. One of the few Maya sites still known by its Mayan name, “green waters,” Yaxhá is spread out over nine plazas. This little-visited site contains hundreds of structures, dozens of stelae, multiple pyramid temples, and ball courts. Stop at a traditional Guatemalan restaurant for lunch today. (B,L,D)

DAY 9: FLORES/GUATEMALA CITY/HOME
Depart on a charter flight to Guatemala City this morning, where you’ll connect to international flights home. (B)

EXTEND YOUR ADVENTURE
Combine your Belize to Tikal expedition with a two-day/two-night stay in Antigua, Guatemala OR join a 9-day/8-night extension Exploring Costa Rica: Cloud Forest to the Caribbean that also includes one day in Guatemala City. Call for details.
NATIONAL GEOGRAPHIC QUEST

CAPACITY: 50 cabins accommodating 100 guests.
REGISTRY: United States. OVERALL LENGTH: 238 feet.

National Geographic Quest (launched in 2017) is designed with over 50 years of expedition heritage and built in the U.S.A. She sets a new standard in exploration comfort and style.

PUBLIC AREAS: Global gallery; fitness center; LEXspa; lounge with full service bar and facilities for films and presentations; observation deck; mudroom with lockers for expedition gear, and a partially covered sundeck with chairs and tables. The “open bridge” provides guests an opportunity to meet the officers and captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfast is a wide selection buffet and lunch is often served family-style. Cuisine is fresh, sustainable, and accented with regional flair.

CABINS: All cabins face outside with windows or portholes, private facilities, and climate controls. Category 4 cabins have step-out balconies.

EXPEDITION EQUIPMENT: A fleet of 8 Zodiacs and 24 kayaks, stand-up paddleboards, snorkeling equipment, ROV (remotely operated vehicle), hydrophone, splash-cam, underwater video camera, and video microscope.

SPECIAL FEATURES: Guest Internet access, elevator, Lindblad-National Geographic certified photo instructor, undersea specialist, video chronicler, and ship’s doctor.

WELLNESS: The vessel is staffed by a wellness specialist and features a gym with an elliptical machine, treadmill, exercycles, handweights, and resistance bands. Treatments in the LEXspa are available by appointment.

Prices are per person, double occupancy unless indicated as solo.

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<tr>
<th>ITINERARY</th>
<th>CAT. 1</th>
<th>CAT. 2</th>
<th>CAT. 3</th>
<th>CAT. 4</th>
<th>CAT. 5 SUITE</th>
<th>CAT. 1 SOLO</th>
<th>CAT. 2 SOLO</th>
<th>ADVANCE PAYMENT</th>
<th>SAMPLE AIRFARES</th>
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<tbody>
<tr>
<td>Belize to Tikal: Reefs, Rivers &amp; Ruins of the Maya World</td>
<td>$5,760</td>
<td>$6,180</td>
<td>$6,600</td>
<td>$7,030</td>
<td>$8,180</td>
<td>$8,640</td>
<td>$9,270</td>
<td>$750</td>
<td><em>Miami/Guatemala City/Miami – Economy from $475; Business from $1,050. Charter flight – Flores/Guatemala City: $275. Subject to change.</em></td>
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</table>
**CATEGORY 1:** Main Deck #301-306
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

**CATEGORY 2:** Main Deck #307-315
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

**CATEGORY 3:** Upper Deck #201-206
Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two large view windows.

**CATEGORY 4:** Upper Deck #207-229
Cabins feature two lower single beds that can convert to a Queen, a writing desk, sliding glass door, and small, private balcony.

**CATEGORY 5 (SUITE):** Observation Deck #101-108
Cabins feature two lower single beds that can convert to a Queen, large view windows, an expanded bathroom, writing desk, ample storage space, and a convertible sofa bed to accommodate a third person.

**NOTE:** Sole Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in Category 5 cabins at one half the double occupancy rate.

**Connecting Cabins via internal doorway access:** Main Deck: #312-314, #311-315, #306-308, #305-307; Upper Deck: #224-226, #225-227

Clockwise from top left: The casual dining room with its expansive windows; Category 4 cabin with lower single beds (which can be converted to a Queen) and a private step-out balcony; library and photo kiosk in lounge; Category 5 cabin is the most spacious aboard.
INCLUSIVE PRICING

ABOARD SHIP
✓ All meals served in the dining room
✓ All nonalcoholic beverages including unlimited cappuccinos, lattes, coffee, tea & soda
✓ Hors d’oeuvres & snacks during nightly recap
✓ Environmentally friendly refillable water bottle
✓ Fully stocked library
✓ Mac computers for downloading your camera’s memory card & Internet access
✓ Fitness center
✓ The guidance & company of the expedition staff
✓ Access to the bridge to learn about navigation

ASHORE
✓ Three nights at Camino Real Tikal Hotel
✓ Meals as indicated
✓ Special access permits, park fees, port taxes
✓ Transfers to & from group flights
✓ The expertise of the expedition staff & local guides

ACTIVITIES
✓ All shore activities
✓ Zodiac & kayak explorations
✓ Snorkeling & paddleboarding
✓ Lectures & presentations in the lounge
✓ Special musical performances
✓ Photo instruction
✓ Morning stretch class with wellness specialist

SPECIAL OFFERS

FREE AIR: Book by October 31, 2018 and receive FREE ROUND-TRIP economy group airfare between Miami/Guatemala City or save $350 as air credit. Upgrade to Business Class available for $550. Tickets must be issued by Lindblad Expeditions. Valid for new bookings only, subject to availability at the time of booking, and may not be combined with other offers or pre- or post-extensions. Call for details.

BRING THE KIDS: Sharing an expedition with your kids or grandkids is a life-enhancing experience. Take $500 off the double occupancy price for each person under 18.

TERMS AND CONDITIONS

EXPEDITION COSTS INCLUDE: Five nights’ accommodations aboard ship; three hotel nights in Tikal; all meals and nonalcoholic beverages aboard ship; meals on land as indicated; charter flights to/from Puerto Barrios (Santo Tomás), Guatemala; shore excursions, sightseeing, entrance fees, and special access permits; use of kayaks, paddleboards, and snorkeling gear; transfers to and from group flights; tips (except to ship’s crew), taxes, and service charges, and services of a ship physician, the expedition staff and local guides.

NOT INCLUDED: International air transportation (unless otherwise indicated); charter flight from Flores to Guatemala City; meals not indicated; extensions; scuba diving; passport, visa, immigration fees; travel protection plan; items of a personal nature such as alcoholic beverages, email, voyage DVD, and laundry. Gratuities to ship’s crew at your discretion.

AIRFARE: Airfare is an additional cost (unless otherwise indicated). Lindblad will assist in making your air arrangements for a $50 per person service fee.

RESERVATIONS: To confirm your place, an advance payment of US$750 per person is payable by VISA, MasterCard, American Express, Discover, or check.

FINAL PAYMENT: Due 90 days prior to departure.

TRAVEL PROTECTION PLAN: Travel and medical insurance are available at an additional cost. Information will be sent to you by Duke Alumni Association upon registration.

SMOKING POLICY: Allowed only in designated outdoor areas.

ENTRY AND VISA REQUIREMENTS: All guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country, if you are unable to provide valid documents as per the country’s requirement.

RESPONSIBILITY AND OTHER TERMS & CONDITIONS: Certain other provisions concerning, among other things, limitations of Lindblad Maritime Enterprises’ liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship’s ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions. 

Terms and prices listed in this brochure are as of publication date, and are subject to change. Lindblad Maritime Enterprises reserves the right to impose surcharges based on increases in the actual cost of fuel.

CANCELLATION POLICY

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<tr>
<th>Number of Days Prior to Expedition Start</th>
<th>Per Person Cancellation Fee</th>
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<tr>
<td>120 or more days</td>
<td>$350</td>
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<td>119–90 days</td>
<td>Advance payment cost</td>
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<tr>
<td>89–60 days</td>
<td>25% of trip cost</td>
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<tr>
<td>59–45 days</td>
<td>50% of trip cost</td>
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<tr>
<td>44–0 days</td>
<td>No refund</td>
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We strongly recommend that you purchase a travel protection plan.

RESERVATION FORM: BELIZE TO TIKAL
ABOARD NATIONAL GEOGRAPHIC QUEST—MARCH 10-18, 2019

Please reserve ____________ place(s).

Name 1:_______________________________________________________________________
(As it appears on passport)
Name 1:____________________________________Date of Birth:_________________________
(Preferred name for name badge)
Name 2: ______________________________________________________________________
(As it appears on passport)
Name 2: ___________________________________Date of Birth:_________________________
(Preferred name for name badge)
Street Address:______________________________________________________________
City:_____________________________________ State: __________________Zip: _____________
Home Phone: ____________________Business Phone: _____________________________
Cell Phone: ________________________Fax: _________________________________
Email: _______________________________________________________________________

Accommodations: □ Double □ Single □ Twin share w/friend
□ Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference:
1st choice: _______________________________ 2nd choice: ____________________

Please send me information on the extension to □ Antigua, Guatemala □ Costa Rica
□ Enclosed is my advance payment of $ ______________________ (US$750 per person).

Check made payable to Lindblad Maritime Enterprises, Ltd.
□ Charge my advance payment of $ ______________________ (US$750 per person)
to my □ Visa □ MasterCard □ American Express □ Discover
Account Number: ____________________________ Expires: _______________________
Cardholder Signature: __________________________ Date: _____________
EXPEDITION HIGHLIGHTS

» Venture into the jungles of Guatemala with local experts to discover the spectacular temples and pyramids of both Tikal and Yaxhá.

» Spot rainbow-colored fish, turtles, and rays while snorkeling or diving the corals of the Belize Barrier Reef, one of the largest barrier reef systems in the world.

» Explore Belize’s coastal rivers by Zodiac to sight toucans, green iguanas, and other wildlife.

» Travel with a knowledgeable team of naturalists and cultural experts.

» Make the most of your travel time post-voyage. Add a 9-day Costa Rica expedition, or spend an extra 2 days in Antigua, Guatemala.