

# Duke TRAVELS

## **GREECE THROUGH THE AGES**

A Springtime Journey to Greece and the Greek Islands

With Professor Emeritus of Sociology

**Dr. Gary Gereffi**

April 21 - May 3, 2023



[duke-travels.com](http://duke-travels.com)



Dear Duke Travelers,

I am pleased to invite you on a journey that will explore the long legacy of Greece. Perhaps more than any other land, Greece has exerted a profound and lasting influence on the development of the Western world. Democracy, philosophy, historiography, scientific inquiry, and theater, among others, were born here. And there is no more delightful time to visit Greece than in the spring when wildflowers carpet the countryside and before the tourist season is in full swing.

Duke Travels is pleased to have engaged Thalassa Journeys, which has deep roots in Greece, to offer this itinerary. We are also delighted to have leading this trip, Gary Gereffi, Professor Emeritus of Sociology, a popular lecturer on many Duke journeys, whose unique perspective on contemporary issues affecting life, the economy and culture in Greece is sure to enrich your learning experience.

Begin in Athens, the city where democracy and so many other ideas and concepts of the Western tradition have their origins, and where you will tour its celebrated monuments and witness its vibrant contemporary culture.

From Athens, continue to Naxos, the largest of the Cycladic islands, known for its impressive main town, ancient monuments that include Byzantine churches with exquisite frescoes, varied landscapes, picturesque old villages and sandy beaches. From Naxos, travel by boat to Delos, the sacred island where the divine twins Apollo and Artemis were born, now a UNESCO World Heritage Site, and to Mykonos, the quintessential Cycladic Island, known for its white-washed architecture and cosmopolitan atmosphere.

From Naxos, sail across the blue Aegean Sea to crescent-shaped Santorini, perhaps the most spectacular island in the entire Mediterranean. Inhabited by a sophisticated society in deep antiquity, half of the island subsided after a cataclysmic volcanic eruption in the late 17th century BC. Some archaeologists and others have seen this event as the origin of the legend of the lost continent of Atlantis. During your two-day stay on this fabled island, explore Akrotiri, the Bronze Age town that was entirely covered with pumice and ash from the volcano's eruption.

Continue in the Greek archipelago to Crete, home of the Minoans, who, during the Bronze Age, created the first civilization of Europe. Your three days in this great island will provide time to discover its famed Minoan palaces, see the treasures housed in museums, explore the magnificent countryside and taste the food considered to be the source of the widely celebrated Mediterranean diet. Crete is also famous for its flora and medicinal plants which have been in high demand since antiquity.

To explore fabled Greece and its islands when the ancient sites and the surrounding countryside are carpeted with a profusion of wildflowers and aromatic herbs is a rare and memorable travel experience. I hope you will join fellow Duke alumni and friends to discover Greece Through The Ages.

Forever Duke,



Beth Ray-Schroeder '83  
Senior Director, Duke Travels  
Duke Alumni Engagement and Development

## GARY GEREFFI



**Gary Gereffi** is Emeritus Professor of Sociology and Founding Director of the Global Value Chains Center at Duke University (<https://gvcc.duke.edu/>). He received his B.A. degree from the University of Notre Dame and his M.Phil. and Ph.D. degrees from Yale University. Gereffi has published over a dozen books and

numerous articles on globalization, global supply chains, and economic, social, and environmental upgrading, and he is an originator of the Global Value Chains (GVC) framework. Recent books include: *China's New Development Strategies: Upgrading from Above and from Below in Global Value Chains* (G. Gereffi, P. Bamber, and K. Fernandez-Stark, eds.), Palgrave Macmillan, Sept. 2022; *Handbook on Global Value Chains* (S. Ponte, G. Gereffi, and G. Raj-Reichert, eds.), Edward Elgar Publishing, 2019; *Global Value Chains and Development: Redefining the Contours of 21st Century Capitalism* (G. Gereffi), Cambridge University Press, 2018; and *Global Value Chains in a Postcrisis World: A Development Perspective* (O. Cattaneo, G. Gereffi, and C. Staritz, eds.), The World Bank, 2010.

Current projects include: (1) the COVID-19 pandemic and medical supply chains; (2) the digital economy and its effect on international business and innovation strategies; (3) the impact of U.S. protectionism on jobs and regional trade agreements; and (4) shifting trade and investment patterns in the United States and East Asia, with a focus on China and Mexico.

Professor Gereffi testified at the U.S. Senate Commerce Committee hearings on "Implementing Supply Chain Resiliency" in Washington, DC on July 15, 2021. This summer, he was an academic facilitator and commentator for the 2022 Supply Chain Ministerial hosted by U.S. Secretary of State Anthony Blinken and Secretary of Commerce Gina Raimondo with 17 partner economies and the European Union on July 19-20, 2022.









Sounion

## ITINERARY

*Friday, April 21, 2023*

### DEPART THE USA

Depart the United States for Athens, Greece.

*Saturday, April 22*

### ATHENS, GREECE

Arrive in Athens and transfer to the elegant *Hotel Athens Capital*, located on Constitution Square, the heart of the city and within walking distance to many of Athens's attractions. In the evening, enjoy a welcome dinner.

Meals: D

*Sunday, April 23*

### ATHENS

One of the world's most venerable cities, Athens is Europe's oldest city. Its ancient monuments are testimonials to its glorious past that gave birth to democracy and many other ideas and concepts that form an integral part of the Western tradition. Tour in the morning the ancient Agora, the civic and commercial center of Athens and the living heart of its democracy. Continue to the important 11th-century Monastery of Kaisariani, located on the beautiful wooded slopes of Mount Hymettus, covered by a profusion of wildflowers at this time of the year. In the afternoon, drive along the coastal road of the Athenian Riviera to Sounion to visit the celebrated 5th-century BC Temple of Poseidon, sited on a headland overlooking the sea. Enjoy dinner at a nearby restaurant.

Meals: B, D

*Monday, April 24*

### ATHENS

Spend the morning at leisure for independent activities. Tour in the afternoon the Acropolis and its fabled monuments. Occupied since prehistoric times, the rocky plateau of the Acropolis rises dramatically out of the plain and dominates the modern city as it did in ancient times. The incomparable Parthenon and other structures built in the 5th century BC, represent the highest achievement of architecture and art of the Classical period. Visit also the nearby Acropolis Museum, which houses a remarkable collection of sculpture.

Meals: B

*Tuesday, April 25*

### ATHENS / NAXOS

Transfer in the morning to the airport for the short flight to Naxos, the attractive island in the group of islands known as the Cyclades. Naxos is notable for its long history, varied landscape, old villages, early Byzantine chapels decorated with frescoes, and vibrant contemporary culture. Upon arrival, tour picturesque Chora, the island's main town, its narrow streets spread below a citadel built by the Venetians, who held Naxos from 1207 to 1537. Visit the archaeological area of Mitropolis, which displays habitation from prehistoric times to the Roman period, and the Archaeological Museum. Facing the town is a small islet, connected to the town by a causeway, on which are the remains of a temple built in the



Gortyn ruins, Crete



Street scene in Plaka, Athens





Palace of Knossos, Crete

6th century BC. *Hotel Naxian Collection.*

Meals: B, L

*Wednesday, April 26*

**NAXOS / DELOS / MYKONOS/NAXOS**

Cruise to uninhabited Delos, the small island that was sacred to the ancient Greeks, on account of it being the birthplace of the divine twins Apollo and Artemis. The group of islands in the center of the Aegean Sea are called Cyclades because they form a circle around Delos. A UNESCO World Heritage Site, Delos is a vast archaeological site and a veritable open air museum. Walk the Sacred Way to see the remains of sanctuaries, temples, the celebrated Terrace of the Lions and houses, some of which contain exquisite mosaics. Adding to the unique beauty of the place is that at this time of the year Delos is awash with flowers. After exploring Delos, sail across the short channel to Mykonos, the quintessential Cycladic island, known for its white-wash houses and chapels, cosmopolitan atmosphere and smart cafes and shops. Spend time at leisure to explore Mykonos on your own before returning to Naxos.

Meals: B, D

*Thursday, April 27*

**NAXOS**

Naxos was sacred to Dionysus, the God of wine and wine-making, and we start our exploration of the island at his Sanctuary, a cult center since the 8th century BC. Continue to the Temple of Demeter, which was constructed in 530 BC, and then to the village of Chalki, with its distinctive architecture and the church of Protothronos, dating to the 6th century. Nearby are the villages of Moni, home of the equally early church of

Panaghia Drosiani that contains important frescoes; Apeiranthos, perched on a high cliff; and Flerio, site of an ancient marble quarry, where we see two unfinished monumental statues from around 570 BC. Lunch will be served at a village taverna before returning to the hotel and an afternoon at leisure.

Meals: B, L, D

*Friday, April 28*

**NAXOS / SANTORINI**

Sail in the morning to Santorini, arriving later in the morning. Be on deck as the ship approaches this fantastic island to admire the spectacle of the white-washed town perched on the 1,000-foot-high high caldera. Known in classical antiquity as Thera, Santorini was a flourishing trading center inhabited by a sophisticated society during the Bronze Age. In the late 17th century BC, a massive volcanic eruption collapsed half of the island and buried its main town, now called Akrotiri, in a thick layer of ash and pumice, preserving its houses, streets and squares as they existed 3,700 years ago. Some have connected the disappearance of half of the island with the legend of the Atlantis. After lunch, visit the Museum of Prehistoric Thera, whose exhibits provide a fine introduction to Santorini's Bronze Age civilization. Among the exhibits are exquisite murals that decorated houses in Akrotiri. *Hotel Santorini Palace.*

Meals: B, L

*Saturday, April 29*

**SANTORINI**

Starting in the 1960s, excavations by Greek archaeologists revealed at Akrotiri the Bronze Age town that was buried by the eruption of the

volcano. Visit Akrotiri in the morning, one of the world's most important archaeological sites. Only about one quarter of the extensive site has been excavated, but what has been unearthed conveys a powerful lifelike picture of a well organized and prosperous prehistoric city. Spend the afternoon at leisure to enjoy this iconic island.

Meals: B

*Sunday, April 30*

**SANTORINI / CRETE**

Sail across the blue Aegean Sea to Heraklion, the main city in Crete. The largest of the Greek islands, Crete is home to Europe's earliest civilization, the Minoan, which dominated the Aegean world and parts of the Mediterranean, starting at around 2000 BC. With an incredibly beautiful and varied landscape that harbors 2,200 plant species, outstanding archaeological sites and museums, a population that is renowned for its hospitality, and a cuisine that has been studied by medical doctors and nutritionists for its health benefits, Crete is a magnificent place to visit and explore. Enjoy Cretan cuisine at dinner served at a local restaurant. *Hotel GDM Megaron.*

Meals: B, D

*Monday, May 1*

**EXPLORE CRETE**

Today's excursion will visit several of Crete's ancient sites and the charming town of Rethymnon. Drive south to Gortyn, which rose to power in the 1st century BC when it became the capital of the Roman province of Crete and Cyrenaica (North Africa). Gortyn is noted for the Law Code, laws



Mykonos





Delos



Rethymno

inscribed on stone columns, dating to 450 BC. Nearby is the Minoan palace of Phaistos. Constructed in the second millennium BC, it is beautifully situated in the fertile plain of Messara, overlooking Mount Ida. After lunch, drive through the scenic Amari Valley to Rethymnon, one of the island's most atmospheric towns, known for its well-preserved architecture from the Venetian and Ottoman periods. Explore the town's narrow alleyways before returning to the hotel.  
Meals: B, L

*Tuesday, May 2*

### **KNOSSOS**

Spend the morning at leisure. Crete has been known for its curative herbs since antiquity. You may wish to visit the herb market, where shops

sell a wide variety of the island's herbs. In the afternoon, tour the magnificent palace of Knossos, the largest Minoan palace in Crete. Clustered around a spacious courtyard, the palace contains a maze of rooms, passages and stairways that probably generated the concept of the labyrinth. More than any other palace, Knossos reveals the brilliance and refinement of the Minoan civilization. Continue to the superlative Archaeological Museum, home to the world's finest Minoan artifacts. Farewell dinner will be served at a local restaurant.  
Meals: B, D

*Wednesday, May 3*

### **HERAKLION / USA**

Transfer to the airport for the return flight home.  
Meals: B



*A small chapel in Santorini*

## RATE

\$6,480 per person, double occupancy  
Single room supplement: \$1,290

## PROGRAM INCLUSIONS

- Three nights in Athens at the *Hotel Athens Capital*; three nights in Naxos, at the *Hotel Naxian Collection*; two nights in Santorini at the *Santorini Palace Hotel*; and three nights in Heraklion, Crete, at the *Hotel GDM Megaron*.
- American breakfast each morning at the hotels.
- Four lunches and five dinners at local restaurants, with wine or beer.
- Flight from Athens to Naxos.
- Ship passage from Naxos to Santorini and from Santorini to Crete.
- All tours and excursions by private motor coach and professional English-speaking guides.
- Program of lectures and discussions by the accompanying expert guest lecturer.
- Airport/hotel/pier transfers and handling of luggage in Greece.
- Entrance fees to ancient sites and museums.
- Gratuities to drivers, guides and porters.
- The services of an experienced Thalassa Journeys trip director.
- All local taxes and service charges.
- Comprehensive pre-departure material.

**NOT INCLUDED:** Airfare to Athens and from Heraklion; travel insurance; expenses of a personal nature; any meals and other items not mentioned in the itinerary and the Program Inclusions.

**FOR RESERVATIONS  
AND INFORMATION,  
PLEASE CONTACT**

**DUKE TRAVELS AT  
(919) 684-2988**

**or**

**duketravels@duke.edu**

## REGISTRATION

Enclosed is my check or credit card no. for \$\_\_\_\_\_ (\$ 1,000 per person) as a deposit to hold \_\_\_\_\_ place(s) on *Greece Through the Ages*, April 21-May 3, 2023 with Duke Travels. I understand that final payment is due ninety (90) days prior to departure and is payable by check or credit card.

To reserve your place, please contact **Duke Travels at (919) 684-2988 or duketravels@duke.edu**, or complete and return this form with your deposit of \$1,000 per person by mail with credit card or a check payable to **Thalassa Journeys** and mail with this registration form to: **Duke Travels, Box 90572, Durham, NC 27708-0572**

If you mail in your reservation, please give Duke Travels a call so that space can be held.

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### Preference at hotels:

Double accommodation       Double Bed       Single Bed

Single accommodation       *Bed configuration cannot be guaranteed.*

FIRST                      MIDDLE                      LAST                      (AS ON YOUR PASSPORT)

FIRST                      MIDDLE                      LAST                      (AS ON YOUR PASSPORT)

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

TELEPHONE (DAY) \_\_\_\_\_

(EVENING) \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

E-MAIL \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

**Each participant must sign below: I/We have read the "General Information" section and agree to its terms.**

## GENERAL INFORMATION

**PAYMENT SCHEDULE:** A deposit of \$1,000 per person is required to reserve your space on the tour. Final payment is due 90 days prior to departure. Payment can be made by personal check or charged to a credit card.

**CANCELLATIONS & REFUNDS:** All cancellations are subject to a \$300 per person administrative fee. Cancellations received 61-90 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 60 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate.

**INSURANCE:** We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

**ITINERARY:** The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

**RESPONSIBILITY:** Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

**RATES:** Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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