

Duke TRAVELS



Cuba: Art, Culture & History In Support of the Cuban People

with Dr. Brian G. McAdoo, BS'91, Associate Professor of Earth and Climate Science

March 9 – 15, 2024

duke-travels.com

Duke TRAVELS

Dear Duke Travelers,

Once off-limits to American travelers, Cuba beckons with its rich tapestry of art, music, dance, and history. In March 2024, we invite you to join us in Havana to glimpse a world few foreign travelers see. As we travel in support of the Cuban people, experience the country through the eyes of its warm and welcoming citizens, including artists in their private homes and a former ambassador who will offer invaluable insights into Cuba's dynamic cultures.

We are excited to share that **Dr. Brian G. McAdoo**, BS'91, Associate Professor of Earth and Climate Science, will be your Duke Leader on this journey. With his fascinating perspective as the head of PlanetLab at Duke University's Nicholas School of the Environment, he will relate his research on programs supporting ecological resilience in Cuba.

First, discover Havana's magnificent cathedrals and centuries-old plazas on a tour with a historian. Outside the capital, in the rural province of Pinar del Río, join local farmers at a *hacienda* to observe the production of Cuba's most cherished crop: tobacco.

Delight in private access to Havana's most acclaimed museums, including an exclusive curatorial tour of the National Museum of Fine Arts of Havana. Experience Ernest Hemingway's Cuba, with visits to his longtime home and the village where *The Old Man and the Sea* was set. You will also have insider access to a private rehearsal at Cuba's leading dance company and witness the restoration of Havana's iconic vintage cars at a privately owned workshop.

Along the way, enjoy elegant receptions and sample the country's delicious cuisine at *paladares*, privately owned restaurants located in the proprietors' homes. Your accommodations will be at a charming boutique hotel in the heart of Havana.

Call us at (919) 684-2988 for information or to hold space while you decide and to reserve conveniently over the phone. Travel with Duke in March 2024 on this memorable journey into the heart of Cuba to discover the diversity and creativity of its people.

Forever Duke,



Beth Ray-Schroeder '83
Senior Director, Duke Travels
Duke Alumni Engagement
and Development

TRAVELING WITH YOU



Dr. Brian G. McAdoo, BS'91, is Associate Professor of Earth and Climate Science, disaster researcher, and head of the PlanetLab at Duke University's Nicholas School of the Environment. Most recently, he, his wife Robin and their two children

spent eight years in Singapore while helping to establish Yale-NUS College, Asia's first fully residential small, liberal arts and sciences college. He returned to Duke primarily to start the PlanetLab, which is interested in how humans are damaging life supporting Earth systems in ways that compromise our health and well-being. His current research projects are in Nepal (climate change, earthquakes, landslides and road development and health outcomes), Madagascar (deforestation, ecosystem services, disease exchange and community health) and the Southeast United States (extreme climate events' impact on emergency services) and will relate his research to the ecological resilience demonstrated in Cuba.



TRIP HIGHLIGHTS

ENGAGE with Cuba's leading creators in exclusive gatherings, with intimate discussions at the homes and studios of artists, access to a private rehearsal at a famous dance company, and a phenomenal evening of art and music at Havana's Fábrica de Arte Cubano

DELIGHT in a private, curator-led tour at the National Museum of Fine Arts of Havana, with its impressive collection of Cuban artworks and international masterpieces

CELEBRATE and mingle with fellow travelers at exclusive receptions, including a cocktail reception with a sumptuous dinner in the company of the President of The Ludwig Foundation of Cuba and an after-hours tour and reception at the dazzling Museo Nacional de la Cerámica Contemporánea Cubana

MEET the thought leaders who are shaping Cuban society, including the former Deputy Minister for Foreign Affairs, who will share profound insights on Cuban politics

TAKE a private tour of the splendidly renovated Gran Teatro de La Habana Alicia Alonso, the ornately designed, Neo-Baroque-style home to the Cuban National Ballet Company

ENJOY an exclusive tour with workers at a privately owned local workshop where Havana's iconic vintage cars are repaired and refurbished

VENTURE to the picturesque Cuban countryside for a behind-the-scenes tour of a tobacco *hacienda* led by its farmers

DELVE Delve into the life of Ernest Hemingway at Finca Vigía, the house where he lived for 20 years, with a glimpse of his famous fishing boat *Pilar*

Cuba: Art, Culture & History

In Support of the Cuban People

March 9 – 15, 2024

Havana



SATURDAY, MARCH 9: DEPARTURE / HAVANA, CUBA

Arrive independently in Havana. You will be met upon arrival at the José Martí International Airport and transferred to Paseo 206, a boutique hotel located in a quiet, residential area. Our welcome dinner this evening is at a *paladar*, a privately owned restaurant that is located in the proprietor's home and largely staffed by family members. D

SUNDAY, MARCH 10: HAVANA

Join a local architectural historian for a lecture on the history of Havana's remarkably well-preserved buildings. Afterwards, depart on a walking tour of Old Havana focusing on the four main squares: the Plaza de Armas, Plaza de San Francisco de Asís, Plaza Vieja, and Plaza de la Catedral. Following lunch at a *paladar*, take a private tour of the splendidly renovated Gran Teatro de La Habana Alicia Alonso, home to the Cuban National Ballet. Explore the homes and studios of some of Havana's leading artists, where there may be an opportunity to purchase paintings and drawings. Dinner is at El Cocinero, followed by an evening of entertainment next door at Fábrica de Arte Cubano (FAC), the city's vibrant multidisciplinary performing and visual arts space. B,L,D

Plaza de San Francisco, Havana



MONDAY, MARCH 11: HAVANA / VIÑALES / HAVANA

Take a morning drive through the countryside to the western province of Pinar del Río, known for its tobacco *haciendas*. Explore the unique topography and natural beauty of the Viñales Valley, where you'll encounter spectacular caves, underground rivers, and the famous mogotes, the iconic hillocks of the region. Meet with farmers for a private tour of their tobacco *hacienda* to learn about the drying and rolling processes, then have lunch at a privately owned organic farm. Visit a local artists' studio before returning to Havana for dinner at leisure. B,L

TUESDAY, MARCH 12: HAVANA

On a private morning tour at the National Museum of Fine Arts of Havana, join an independent curator to trace Cuba's history through the works of its greatest artists. After lunch, walk down Calle Obispo, Havana's main shopping street; explore a local design shop; and speak to the owners about small business practices in Cuba. In the early evening, drive to The Ludwig Foundation of Cuba, one of the few Cuban NGOs, for a presentation on Cuban art. The Foundation's President will host a cocktail reception and buffet dinner on the penthouse terrace, where invited guests include local Cuban artists. This evening, you may opt to attend a performance at one of Havana's famed music venues, including the legendary Tropicana. B,L,R,D

Tobacco *hacienda*, Viñales Valley



Finca Vigía, San Francisco de Paula



WEDNESDAY, MARCH 13: HAVANA / SAN FRANCISCO DE PAULA / COJÍMAR / HAVANA

Head outside of the capital to the small, hilltop village of San Francisco de Paula for a visit to Finca Vigía (Lookout Farm), the house where Ernest Hemingway lived for 20 years. View the rooms through open windows from the surrounding terraces; see Hemingway’s famous fishing boat *Pilar*; and climb the tower to his study. Our excursion concludes with a brief visit to the village of Cojímar, the setting for *The Old Man and the Sea*. Savor farm-to-table dining during a lunch at a privately owned organic farm. This afternoon, return to Havana and gather for a lecture on the island’s current affairs by a former ambassador who was once Deputy Minister for Foreign Affairs. In the early evening, attend a private after-hours tour and reception at the Museo Nacional de la Cerámica Contemporánea Cubana, followed by dinner at a local *paladar*. B,L,D

Cojímar



Colón Cemetery, Havana



THURSDAY, MARCH 14: HAVANA

Delight in exclusive access to an informal morning rehearsal of the Rosario Cárdenas contemporary dance company. Afterwards, a local guide will lead you through the ornate tombstones of Colón Cemetery, commemorating Cuban heroes, statesmen, and novelists. This cemetery is sometimes called the largest sculpture park in Cuba. Following lunch on your own, visit a private classic car workshop, NostalgíCar, where some of the city’s finest vintage cars are repaired and refurbished. Then explore the history of the renowned Hotel Nacional (1930), which was originally designed by McKim, Mead & White. Enjoy a mojito on a terrace overlooking Havana’s harbor before dinner. This evening, celebrate with a festive farewell dinner at one of Havana’s excellent *paladares*. B,D

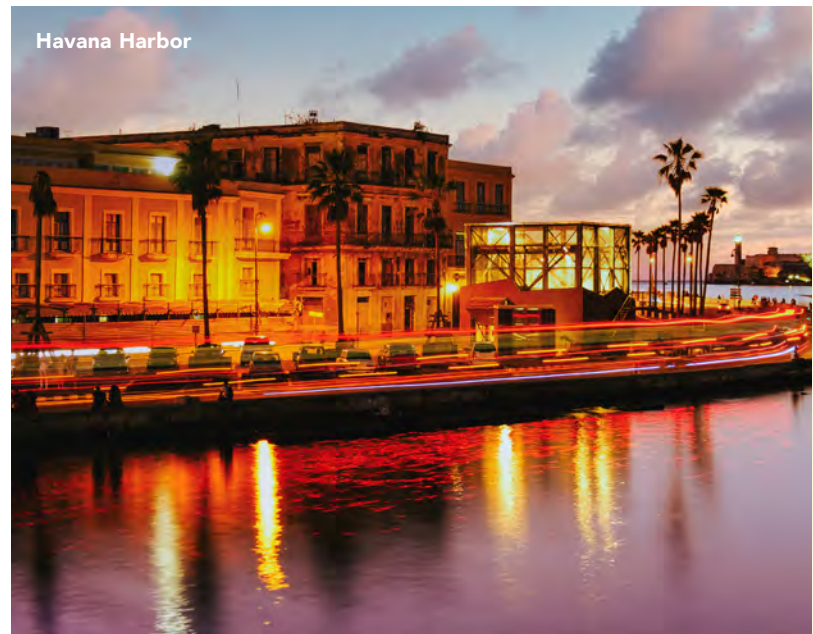
FRIDAY, MARCH 15: HAVANA / RETURN

Depart the hotel this morning and take an arranged transfer to the airport for the flight home. B

The itinerary is subject to change at the discretion of Duke Travels and Arrangements Abroad. For complete details, please carefully read the terms and conditions at <http://www.arrangementsabroad.com/terms>.

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Havana Harbor



ACCOMMODATIONS



Paseo 206, Havana

PASEO 206, HAVANA

A member of the Small Luxury Hotels of the World collection, this boutique hotel is a romantic jewel nestled among the tree-lined streets of Vedado, the economic and cultural heart of La Havana. This family home dating back to 1933 has undergone a careful restoration that has maintained the soul of the structure, preserving the original architectural elements. The cozy and comfortable rooms and suites all offer free Wi-Fi, 24-hour room service, Hermès bathroom amenities, Marshall speakers, and hypoallergenic king-sized beds with luxurious Frette linens.

PROGRAM RATES

- \$4,999 per person, double rate in Cozy Room; \$5,999 single rate**
- \$5,599 per person, double rate in Junior Room; \$6,499 single rate**
- \$6,699 per person, double rate in Master Suite; \$9,099 single rate**
- \$7,299 per person, double rate in Rooftop Suite; \$9,849 single rate**

RATES INCLUDE

- Six nights hotel accommodations as per itinerary
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; house wine at welcome and farewell dinners
- Escorted sightseeing, transportation, and entrance fees for all included visits
- Enrichment program of lectures and talks
- Airport/hotel/airport transfers for all travelers
- Taxes, service, and portage charges; gratuities to local guides and drivers

NOT INCLUDED IN RATES International airfare; Cuban visa; Cuban Departure tax; limited Cuban health insurance policy (required for all foreign travelers to Cuba under age 80); passport fees; alcoholic beverages other than noted in inclusions; personal items and expenses; travel insurance; airport transfers other than for those on suggested flights; trip insurance; any other items not specifically mentioned as included.



Plaza Vieja, Havana

DUKE TRAVELS CUBA: ART, CULTURE & HISTORY MARCH 9 – 15, 2024 RESERVATION FORM

To reserve a place, please contact Duke Travels at (919) 684-2988 or duketravels@duke.edu; or complete and return this form with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees) by mail with a check payable to *Arrangements Abroad* to: Duke Travels, Box 90572, Durham, NC 27708-0572. If you mail in your reservation, please give Duke Travels a call, so that space can be held.

Name(s) in full as on passport(s). Please print. Class/Parent Year

Class/Parent Year

Address

City

State

Zip

Telephone (home)

(business)

Fax

E-mail

ACCOMMODATIONS

Hotel room preference Single Double

I wish to share a room/cabin with

FORM OF PAYMENT

- Enclosed is my check (payable to *Arrangements Abroad*)
- Debit card Credit card

Name on debit/credit card

Debit/credit card number

3- or 4-digit security code

Expiration date

I/We will be traveling to Cuba and agree to fully participate in this program under the general license category of travel "In Support of the Cuban People."

I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program (see www.arrangementsabroad.com/terms to review or call for a copy). I/We agree to full payment 120 days prior to departure. Each participant must sign below.

Signature (required)

Date

Signature (required)

Date