

Duke TRAVELS

ALPINE TRAILS AND RAILS:

A Swiss Adventure

June 22–July 1, 2025

PRE-TRIP EXTENSION TO

Zurich

June 20–23, 2025

BERNINA EXPRESS

duke-travels.com

Our Swiss Trains

Swiss trains are renowned for their impeccable punctuality, remarkable engineering, outstanding efficiency, and breathtaking scenic routes. On this Duke Travels adventure, you'll journey on iconic trains like the Jungfrau Railway, Glacier Express, Bernina Express, and more.



Jungfrau Railway

The Jungfrau Railway offers a unique and unforgettable journey through some of the most stunning alpine scenery in Switzerland. This railway is a renowned cogwheel train in Switzerland that transports passengers from Kleine Scheidegg to Jungfraujoch, the highest railway station in Europe at 3,454 meters (11,332 feet) above sea level. Opened in 1912, this engineering marvel offers breathtaking views of the Swiss Alps, including the iconic peaks of the Eiger, Mönch, and Jungfrau, as well as the expansive Aletsch Glacier. These natural wonders are part of the Jungfrau region, designated as a UNESCO World Heritage site for its outstanding alpine landscapes and biodiversity.



Glacier Express

Linking Zermatt and St. Moritz, the Glacier Express is a world-renowned railway that passes through some of the most spectacular scenery in the Swiss Alps. You will traverse deep valleys, pass through picturesque villages, and cross over 290 bridges and through 91 tunnels. This iconic route showcases breathtaking landmarks such as the Landwasser Viaduct and the Oberalp Pass. With its panoramic windows offering uninterrupted views, the Glacier Express provides an unparalleled exploration of Switzerland's majestic landscapes.



Muottas Muragl Funicular

The Muottas Muragl Funicular is a historic cable railway in the Engadine region of Switzerland, providing a unique and scenic ascent from Punt Muragl to the summit of Muottas Muragl. Operating since 1907, it covers a distance of 1.37 miles with an elevation gain of 2,326 feet, offering passengers stunning views of the Engadine Valley and the surrounding Swiss Alps. This funicular is not just a means of transportation but an experience in itself, offering unparalleled views, outdoor adventures, and a touch of Swiss alpine charm.



Bernina Express

Spanning from Chur to Tirano through the breathtaking Swiss Alps, the Bernina Express is renowned as an iconic train journey in Switzerland. This UNESCO World Heritage route includes landmarks such as the Landwasser Viaduct and ascends to the Bernina Pass at 7,392 feet above sea level. You'll revel in panoramic vistas of glaciers, majestic mountain peaks, and picturesque villages seen through expansive train windows.



Vitznau-Rigi Railway

The Vitznau-Rigi Railway, inaugurated in 1871, holds the distinction of being Europe's first cogwheel mountain railway. It ascends from Vitznau, nestled along the shores of Lake Lucerne, to Rigi Kulm, offering passengers breathtaking panoramas of Lake Lucerne, the Swiss Alps, and the surrounding countryside. Climbing to an impressive altitude of 5,899 feet above sea level, this historic railway operates year-round, providing access to hiking trails, dining options, and accommodations atop Mount Rigi.



GLACIER EXPRESS

ALPINE TRAILS AND RAILS: *A Swiss Adventure* *June 22–July 1, 2025*

Reservation Form

To reserve your place on tour, please call **Duke Travels at (919) 684-2988** (preferred registration method) or email duketravels@duke.edu. Please have the information outlined below available to share with a Duke Travels representative. If you prefer, you may also complete this Reservation Form and mail it to Duke Travels' office. Please alert Duke Travels to your pending reservations request.

Once this request is received by Duke Travels (either by phone, email, or mail), a Tour Manager from Royal Adventures will contact you within two business days to provide you with a QR Code or web-link portal to securely take your credit card information for the deposit. Your reservation is not confirmed until your deposit is paid and processed. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. If paying by check, please make check payable to ROYAL ADVENTURES and include with the form.

SEND TO: DUKE TRAVELS BOX 90572, DURHAM, NC 27708

For trip information only, please contact Royal Adventures at (800) 453-4754 or email info@royaladventures.com.

Enclosed is my check for \$_____ (Deposit is \$1,000 per person, plus \$200 per person for the pre-trip extension in Zürich) to hold _____ place(s) on the *Duke Travels Alpine Trails and Rails: A Swiss Adventure* program, June 22–July 1, 2025. Final payment is due March 14, 2025.

PAYMENT OPTIONS

- Pay by check made payable to "Royal Adventures" OR
- Pay with credit card via web-link portal

NAME AS ON PASSPORT	DOB
NAME AS ON PASSPORT	DOB
ADDRESS	
CITY	STATE ZIP
MOBILE/DAYTIME PHONE	OFFICE PHONE
FAX	E-MAIL

OPTIONAL PRE-TRIP EXTENSION

- I/We would like to register for the optional pre-trip extension in Zürich, June 20–23, 2025
- Upgrade to Premium Room with Lake View (*additional \$80 per person DBL/\$160 SGL*)

ACCOMMODATIONS

- Double, 1 Bed Double, 2 Beds Single (*limited availability*)
- Upgrade to a superior room with a balcony at the Carlton Hotel for 3 nights (*additional \$80 per person DBL/\$160 SGL*)
- I will share accommodations with:

I/We have carefully read the Terms and Conditions and Responsibility sections of this brochure and agree to their terms on behalf of myself and the members of my party named above.

SIGNATURE	DATE
SIGNATURE	DATE



BACHALPSEE LAKE



BERNINA EXPRESS

Itinerary

DAY 1 | SUNDAY, JUNE 22

U.S. ✿ Zürich, Switzerland

Depart U.S. on an overnight flight to Zurich.

DAY 2 | MONDAY, JUNE 23

Zürich

Upon arrival in Zürich, we will take a private group transfer to our hotel in Interlaken. After some free time to relax, we'll gather for a welcome aperitivo, a delightful tradition that blends social interaction, delicious snacks, and a refreshing drink. This will be an opportunity to get to know each other and receive an overview of the trip. Dinner is at leisure this evening.

CARLTON HOTEL (WELCOME APERITIVO)

DAY 3 | TUESDAY, JUNE 24

Interlaken ✿ Grindelwald First

This morning, we will depart early for a full-day excursion to Grindelwald First, a region known for its stunning scenery of the Swiss Alps. Accompanied by our local hiking guide, we will board a train from Interlaken to the village of Grindelwald. From there, we

will continue up the mountain via an aerial gondola. We will venture onto the Grindelwald First Cliff Walk which leads to a panoramic viewing platform designed to make visitors feel as though they are floating above the alpine landscape. After lunch, we will hike to the Bachalpsee, known for its crystal-clear waters and panoramic views of the surrounding mountains. We will descend back to the glacial village of Grindelwald and return to Interlaken via train.

CARLTON HOTEL (B, L) / 3.7 MILE INTERMEDIATE ROUND-TRIP HIKE (ELEVATION +/-390 FEET)

DAY 4 | WEDNESDAY, JUNE 25

Jungfrauoch

Today we will embark on a full-day guided tour to Jungfrauoch. We will depart Interlaken on the Jungfrau Railway for a 2-hour panoramic train ride to Europe's highest railway station (11,332 feet above sea level). Upon arrival, we will have magnificent views of the longest glacier in the Alps from the Sphinx Observation Terrace and explore the tunnels of the Ice Palace. After some leisure time for lunch, we will enjoy the Jungfrau Eiger Walk, a pleasant hike from the Eigergletscher station down to the Kleine Scheidegg station. We will return to Interlaken by train and gather

for dinner at a local restaurant. CARLTON HOTEL (B, D) / 1.5 MILE EASY HIKE (ELEVATION -850 FEET)

DAY 5 | THURSDAY, JUNE 26

Glacier Express to St. Moritz

After breakfast, we will take a private transfer to Andermatt to board the world-famous Glacier Express to St. Moritz. This breathtaking journey will take us over mountain passes, across numerous bridges, and through many tunnels. We will enjoy lunch on this luxurious train while taking in the panoramic views as we make our way to the Upper Engadine Valley. Upon arrival, we will check into our accommodation in St. Moritz and spend the evening at our leisure. Optional baggage assistance is available upon request for boarding and disembarking the Glacier Express Train.

HOTEL STEFFANI (B, L.)

DAY 6 | FRIDAY, JUNE 27

St. Moritz ✿ Punt Muragl

We will begin our day with a 15-minute walk to the St. Moritz railway station to take a short train ride to Punt Muragl. From here, we will enjoy a scenic excursion to the Muottas Muragl peak using a funicular which has an incline up to 56%. Once we reach the top, there



LUCERNE

GLACIER EXPRESS

will be time for a leisurely lunch with a view. We will return to St. Moritz for a lecture by Dr. Heidi Madden, followed by an exclusive visit to the Museum Segantini (pending confirmation). Here, we will delve into the life and artistic contributions of the renowned Italian painter Giovanni Segantini. This evening, we will dine at the Hotel Steffani. HOTEL STEFFANI (B,D)

DAY 7 | SATURDAY, JUNE 28

St. Moritz * Bernina Pass * Poschiavo

Today, we will ride the legendary Bernina Express, the highest mountain railway in the Alps, to the heart of Italian-speaking Switzerland. We'll take in extraordinary views of the Morteratsch Glacier from the train's panoramic windows as we climb to the highest point at Ospizio Bernina, 7,392 feet above sea level. From here, we will descend to the town of Poschiavo to meet a local guide for a tour of the charming historic center and a delicious tasting of local products. Following lunch at a local restaurant, we'll return to St. Moritz via the Bernina Express in the afternoon and enjoy the rest of the day at leisure. HOTEL STEFFANI (B,L)

DAY 8 | SUNDAY, JUNE 29

Lucerne

Today we depart St. Moritz via a

spectacular drive through alpine scenery to Lake Lucerne. Upon arrival in Lucerne, we will check in to our accommodation and enjoy a guided walking tour through the historic center and along the medieval Musegg Wall. We'll uncover ancient secrets as we stroll along charming cobblestone streets, admire iconic wooden bridges, and become captivated by the rich tales of the city's past. Later in the afternoon, we will attend a lecture by Dr. Heidi Madden.

HOTEL WILDEN MANN (B, L)

DAY 9 | MONDAY, JUNE 30

Lucerne * Mount Rigi

Today we will go on a journey to Mount Rigi, the "Queen of the Mountains". Our adventure will begin with a serene boat ride across the pristine waters of Lake Lucerne, offering picturesque views of the surrounding Swiss Alps. Upon reaching the base of Mount Rigi, we will board the Vitznau-Rigi Railway, the oldest mountain railway in Europe. As we ascend, we will be captivated by the lush forests, vibrant meadows, and stunning panoramic views. From the observation point of Rigi Kulm, we'll cross idyllic meadows to the "Känzeli" viewpoint and continue to the charming village of Rigi Kaltbad. After some leisure time for lunch, we will return to Lucerne by train and ferry. This evening, we will gather for a farewell dinner.

HOTEL WILDEN MANN (B, D) / 2.4 MILE EASY HIKE (ELEVATION -180 FEET)

DAY 10 | TUESDAY, JULY 1

Lucerne * Zürich, Switzerland to U.S.

After breakfast, we will take a private group transfer to the Zürich Airport for our flights home to the U.S. (B)

Optional Pre-Trip Extension in Zürich

JUNE 20-23

Join our pre-trip extension to Zürich, featuring a captivating tour of Zurich Old Town and a delightful chocolate tasting. After your overnight flight, arrive at your hotel for a relaxed transfer and a welcome dinner. The next day, an expert guide will lead you through the city's charming alleys and architectural masterpieces. Enjoy a free afternoon for further exploration or relaxation. On the final day, after breakfast, transfer by private coach to Zurich Airport to join the rest of your group for the main tour. THE EXTENSION INCLUDES 2 NIGHTS AT THE AMERON ZÜRICH BELLERIVE AU LAC IN PREMIUM ROOMS, ALL EXCURSIONS, TWO BREAKFASTS, A WELCOME DINNER, TRANSFERS, GUIDES, AND GRATUITIES. EXTENSION PRICE IS BASED ON A MINIMUM OF 8 PARTICIPANTS.



BOAT RIDE ON LAKE LUCERNE



Study Leader

Dr. Heidi Madden

Dr. Heidi Madden is Head of International and Area Studies & Librarian for Western European and Medieval Renaissance Studies, and Adjunct Professor in German Studies at Duke University. In addition to collecting materials in Western European languages and culture and providing research support for Medieval and Renaissance Studies, she teaches German language classes and supports the FOCUS Program for first year students at Duke.

A native German speaker with a BA from the University of Tübingen, a PhD in Comparative Literature from UNC, and an MLS from North Carolina Central University, she specializes in bringing knowledge about the cultural heritage found in libraries, museums, archives, and digital libraries from across Europe to Duke students. Heidi is excited to share her passion for special collections among the many libraries and museums as well as for spoken Swiss German along the rails and trails of Switzerland.

What to Expect

This exclusive Duke Alumni Association expedition is designed for those who are interested in exploring Switzerland's stunning landscapes through hikes and train journeys. The walks include three easy treks from 1.5 to 3.8 miles through picturesque regions of the Swiss Alps. Be prepared for varying weather conditions, ranging from warm sunshine to cooler mountain temperatures. Be sure to bring layers, a waterproof jacket, and comfortable walking shoes for the diverse terrains we will explore. Please note, you will need to manage your luggage on and off the Glacier Express train, with assistance available upon request. Travel is by motorcoach, trains, a funicular, aerial gondola, and boat.

Program Cost Includes

All accommodations and meals as specified in the itinerary • Wine with all dinners • English-speaking Tour Director throughout • Local guides and hiking guides • All activities and entrance fees per the itinerary • Airport group transfers • All transportation during the program, including local trains, aerial gondola in Grindelwald, Muottas Muragl Funicular, Mt. Rigi Ferry and private motorcoach • Entrance fee to Segantini Museum in St. Moritz (pending confirmation) • Service charges and taxes • Gratuities to local guides, drivers, and waiters at included meals • Pre-departure information • Coordination and Administration • Baggage handling (except for Glacier Express).

Program Cost Does Not Include

U.S. domestic and international airfare (quoted separately) • Excess baggage charges • Meals not specified in the itinerary • Personal items such as laundry, email, fax, or telephone calls • Alcoholic beverages except those mentioned above • Dishes or beverages not included with meals • Room service • Passport fees or visa • Private transfers • Medical expenses • COVID testing or quarantine expenses • Travel insurance • Optional extensions or deviations from the scheduled tour • airport taxes and/or security fees • Fuel surcharges • Tip to the Tour Director is not included and is at the passengers' discretion.

Pricing (cost per person)

MAIN PROGRAM

\$8,695 *Double occupancy*

\$9,995 *Single occupancy*

ZÜRICH PRE-TRIP EXTENSION

\$1,950 *Double occupancy*

\$2,750 *Single occupancy*

SAMPLE AIRFARE

\$995

NOTE: International airfare from Raleigh-Durham to Zürich is not included. Estimated airfare is based on coach fares in July 2024 and is subject to change. A recommended flight itinerary will be made available to registered passengers departing and returning from Raleigh-Durham.

Terms & Conditions

RESERVATIONS, DEPOSITS, & FINAL

PAYMENT: To reserve a space on this program, a \$1,000 deposit, along with \$200 for the Zürich pre-trip extension if applicable, is required per person. Please either mail, email, or fax your registration form. If you wish to submit your registration online, please visit royaladventures.intellibook.co/site/#/duke-swiss-25 or scan the QR code above with your smartphone camera. Initial deposits may be charged to a credit card. Final payment is due March 14, 2025, and must be paid by check only. Royal Adventures handles all invoicing. CST #2009579-40.

TOUR SIZE: This tour is exclusively designed for Duke Travels members and friends on a first-come, first-served basis. The minimum group size is 15. Should the minimum not be met, we reserve the right to levy a small group surcharge.

CANCELLATIONS AND REFUNDS:

All cancellations must be received in writing by Royal Adventures. Cancellations received within 7 days of booking: full refund of the trip deposit. Cancellations received on or before March 14, 2025, are eligible for a refund less a \$500 per person cancellation penalty. Cancellations received after March 14, 2025, are subject to a 100% penalty for all deposits and payments, regardless of booking date. Cancellations must be received in writing. There are no refunds for unused meals, accommodations, or other trip features.

TRAVEL INSURANCE: We strongly recommend the purchase of trip cancellation insurance as the cancellation penalty in this brochure will apply. Trip cancellation insurance can be purchased through Duke. Please go to: duke.meyerandassoc.com/travel-insurance. Most insurance plans need to be purchased

within 14 days of paying the initial deposit in order to waive pre-existing medical conditions as well as to purchase "Cancel for Any Reason" insurance.

QUESTIONS: Please call or email Duke Travels (919) 684-2988 or duketravels@duke.edu, or Royal Adventures at (925) 820-6260 ext 120 or 1-800-453-4754 ext 120 or christina@royaladventures.com.

RESPONSIBILITY: Royal Adventures (CST #2009579-40), its owners, and employees act only as agents for the various independent suppliers and contractors providing transportation, hotel accommodations, restaurant, and other services connected with this tour. Such travel and services are subject to the terms and conditions under which such accommodations, services, and transportation are offered or provided, and the Duke University (hereinafter "Duke") and Royal Adventures and their respective employees, agents, representatives, and assigns accept no liability therefor. Duke and Royal Adventures assume no liability for any injury, damage, loss, accident, delay or other irregularity which may be caused by the defect of any aircraft or vehicle or the negligence or default of any company or person engaged in carrying out or performing any of the services involved. Additionally, responsibility is not accepted for losses, injury, damages, or expenses of any kind due to sickness, epidemics, pandemics, weather, strikes, local laws, hostilities, wars, terrorist acts, acts of nature, quarantine, force majeure, animal or insect bites, or other such causes. All services and accommodations are subject to the laws of the country in which they are provided. Duke and Royal Adventures reserve the right to withdraw this tour without penalty, in which case participants will be issued a full refund, except in the case of a Force Majeure Event. A Force Majeure Event, in relation to this tour, shall

mean any circumstances beyond our control, including, but without limitation, to acts of God, explosion, flood, forceful wind, fire or accident, war or threat of war declared or undeclared, acts of terrorism, sabotage, insurrection, riots, strikes, civil disturbance, sickness, epidemics, pandemics, quarantines, government intervention or other unforeseeable event. Duke and/or Royal Adventures shall not be deemed to be in breach of these terms and conditions or otherwise be liable to you, and shall not provide any refund, by reason of delay in performance, withdrawal of the tour or by nonperformance, of any of our obligations hereunder to the extent that any such delay or non-performance is due to any Force Majeure Event. Limitations on travel arising from the COVID-19 pandemic shall be considered a Force Majeure Event. If this tour is affected by a Force Majeure Event, Duke and Royal Adventures shall be entitled to, and may in their sole and absolute discretion, vary, or postpone the dates of any itinerary, departure date or other arrangements in relation to this trip. The right is also reserved to decline to accept or retain any person as a member of the tour or to substitute another qualified leader or special guest. Baggage and personal effects are the sole responsibility of the owners at all times. The price of the program is given in good faith based on current tariffs and rates and is subject to change. Any tariff, exchange rate, security surcharge, or fuel increases will be passed on to participants. Neither Duke nor Royal Adventures accepts the liability for any airline cancellation penalty incurred by the purchase of a non-refundable airline ticket or other expenses incurred by tour participants in preparing for the trip. The air ticket, when issued, shall constitute the sole contract between the passenger and the airline concerned. As part of the consideration and right to participate in this tour, each participant will be asked to sign a liability release.

HIKING IN THE SWISS ALPS



Duke
TRAVELS

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DURHAM, NC 27708

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ALPINE TRAILS
AND RAILS:
*A Swiss
Adventure*

*June 22 -
July 1, 2025*



VITZNAU-RIGI RAILWAY

Highlights

SWISS ALPS ADVENTURE

Experience the beauty of the Swiss Alps through an unforgettable journey featuring multiple trains, a funicular, an aerial gondola, and a ferry.

CULTURAL IMMERSION

Discover the vibrant cultures of both the German and Italian-speaking regions of Switzerland.

UNESCO WORLD HERITAGE SITES

Explore two of Switzerland's UNESCO World Heritage sites: the majestic Jungfrau region and the scenic Bernina Express, combining breathtaking alpine landscapes with unforgettable rail journeys through the heart of the Swiss Alps. Experience the cultural richness of German and Italian-speaking Switzerland.

ACTIVE EXPLORATION

Stay active with three easy hikes in Grindelwald First, Jungfrauoch, and Mount Rigi, each offering stunning vistas and accessible trails to explore Switzerland's awe-inspiring natural beauty.