



BANGKOK TO BALI FEATURING
EASTERN & ORIENTAL
EXPRESS



AN EXCLUSIVE EDUCATIONAL TRAVEL PROGRAM

Duke
ALUMNI

OCTOBER 6-18, 2016



PROGRAM HIGHLIGHTS

- ▶ Enjoy an exclusive Small Group journey **limited to 28 travelers.**
- ▶ Ride a tuk-tuk through **Bangkok** and take a cruise of the Chao Phraya River to see Wat Arun and Wat Pho, two of the city's most impressive temples, and a floating market.
- ▶ Wander through the impressive ruins of Ayutthaya and **visit an elephant sanctuary.**
- ▶ Cruise the **River Kwai** to see the historic bridge built by Allied troops.
- ▶ Experience the golden age of travel on the **Eastern & Oriental Express** train, and see the Thai and Malaysian countryside as you make your way from Bangkok to Singapore.
- ▶ Explore the lively city of **Singapore.**
- ▶ Discover both the lush highlands and beautiful beaches of **Bali**, one of the world's most idyllic islands.



E

mbrace Thailand, Malaysia, Singapore and Indonesia on this magical adventure featuring an indulgent train journey designed by Eastern & Oriental Express. Begin in Bangkok and explore its exquisite temples, palaces and shrines. Visit an elephant sanctuary in the ancient capital of Siam. Cruise down the River Kwai. On the island of Bali, discover both Ubud, the leafy artistic and spiritual enclave that has lured luminaries such as Noel Coward and Margaret Mead, and the island's sugar-white beaches that beg you to bask in the sun. A feast for the senses awaits you on this soul-stirring journey.

Above: Ayutthaya

| UNESCO |

The UNESCO World Heritage sites featured are the historic city of **Ayutthaya**, Thailand, and **subak**, the cultural landscape of Bali.

Dear Duke Alumni and Friends,

Join us on the journey of a lifetime as we explore Thailand, Malaysia, Singapore and Indonesia. On this 10-night adventure, take in jaw-dropping tropical scenery from the refined Eastern & Oriental Express, ride tuk-tuks through colorful Bangkok and float down the River Kwai. Your journey concludes in Bali where you will discover both the lush, verdant highlands and the powder-soft beaches of this magical landscape.

Traveling on one of our Small-Group programs offers many advantages. You will receive special access and enjoy behind-the-scenes experiences not available to larger groups. An experienced Travel Director will take care of every detail during your journey. Best of all, expert guides lead you on fascinating excursions that will give you an in-depth look at the local culture and history along the way. As our Duke group grows in size, a Duke Host will be engaged to join the program to bring a uniquely Duke perspective to the tour.

Enjoy the experience of traveling with one of our small groups, limited to 28 travelers. This program is sure to be popular, especially with the incomparable three-night Eastern & Oriental Express experience. We encourage you to make your reservations today.

Forever Duke,



Beth Ray-Schroeder '83
Director, Alumni Travel
Duke Alumni Association

“To travel by train is to see nature and human beings, towns and churches and river, in fact, to see life.”

~ Agatha Christie,
English writer,
1890-1976

Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened.

~ Buddhist proverb

“The Malayan countryside is rather like a rich feast, with a little too much of everything good.”

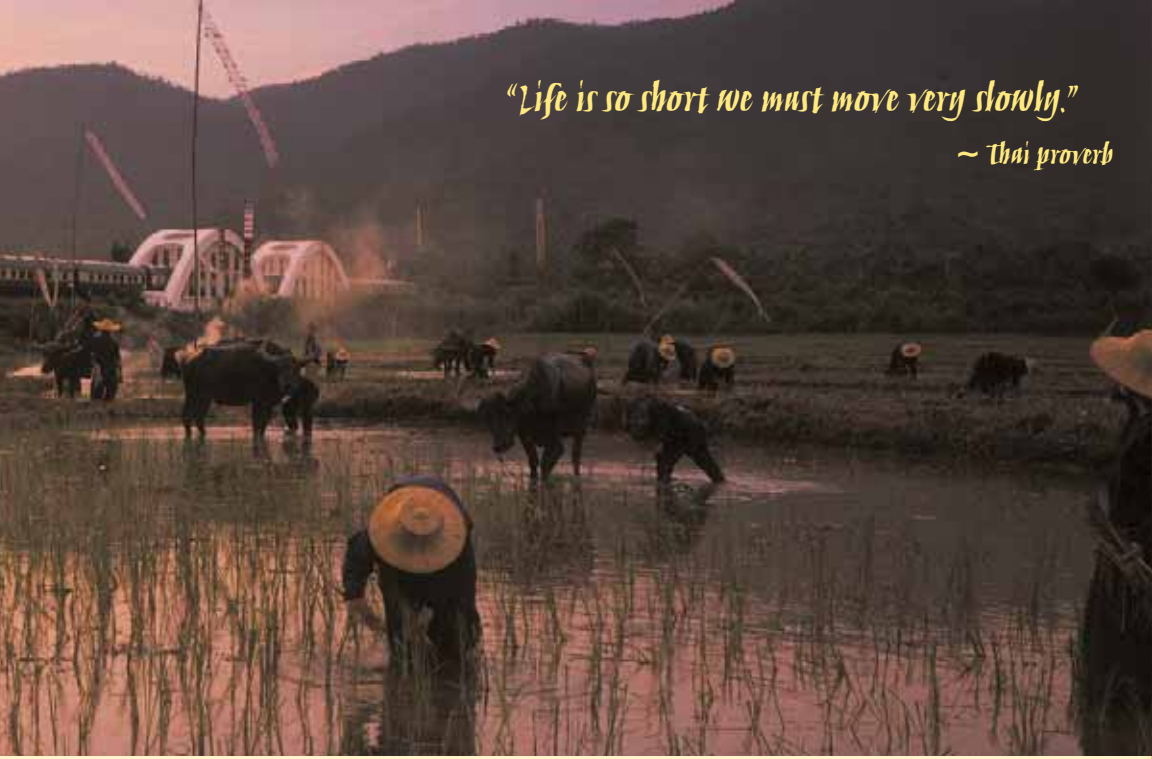
~ George Woodcock,
Canadian writer,
1912-1995,
“Asia, Gods and Cities,”
1966

Rice terraces, Bali



"Life is so short we must move very slowly."

~ Thai proverb



DAYS ONE & TWO

IN TRANSIT

Depart your gateway city for Bangkok, Thailand.† Cross the international date line during transit.

†Provided for AHI FlexAir passengers only.

DAY THREE

BANGKOK, THAILAND

Upon arrival, transfer† to The Peninsula Bangkok.

Gather for a Welcome Reception at the hotel this evening.

DAY FOUR

B I L

BANGKOK

Educational Focus: *A History of Thailand.*

Excursion: *Vibrant Bangkok.* Take a short boat ride to the Grand Palace and the Emerald Buddha Temple. Next, take a tuk-tuk ride to Wat Pho to see the reclining Buddha. This temple is also considered the country's first university.

Local Flavor: Stop for a lunch of Thai cuisine at a restaurant in a century-old historic building.

DAY FIVE

B I L

BANGKOK | AYUTTHAYA

Excursion: *Ayutthaya.* Take a leisurely cruise of the Chao Phraya River to Bang Pa-In, the extravagant royal Summer Palace surrounded by manicured gardens, and the ruins of Ayutthaya, the grand capital of Siam



Above: Wat Phra, Grand Palace, Bangkok

from the 14th-18th centuries.

Continue to the Royal Elephant Kraal and visit a sanctuary for endangered Asian elephants, which are a Thai national symbol. Tour this exceptional facility that promotes the humane treatment and conservation of these gentle giants.



Thai dancer

EASTERN & ORIENTAL EXPRESS

Board the green-and-gold carriages of the Eastern & Oriental Express, and experience the golden age of travel as you wind through some of the most exotic, untouched countryside on earth. The sister train to Europe's Venice-Simplon Orient Express, the E&O offers an equally luxurious experience complemented by an unparalleled encounter with Southeast Asia's far-flung landscapes. Elegance and attention to detail make riding the E&O an unforgettable treat. Orchids and frangipani flowers perfume the air. Stewards polish shoes and deliver freshly baked croissants and delicately carved local fruits at sunrise.

Feel like you are dining in one of the world's top restaurants when you take your seat in one of the lavishly decorated dining cars. Enveloped in rosewood paneling, you will enjoy refined service and gourmet meals prepared with the freshest ingredients.

As the sun sets, listen to the sounds of the forest as you relax in the open-air Observation Car and sip a Shanghai Express while the pianist plays your old favorites in the piano bar.

Filled with the sights and sounds of Southeast Asia, retire to your climate-controlled cabin, paneled in cherry wood and elm burr, with large picture windows. Enjoy the privacy of your well-appointed en-suite bathroom and fall asleep to the rhythm of the rails.



State cabin

DAY SIX

B I L I D

**BANGKOK | EASTERN
& ORIENTAL EXPRESS**

**Excursion: Bangkok's
Thonburi Klongs and the
Jim Thompson House.**

Begin your day with a cruise of the famous Thonburi klongs. This canal network forms a floating community, where people live and work.

Then ponder the life and disappearance of Jim

Thompson, the mysterious American who brought Thai silk to



international attention, as you explore the teak complexes that made up his antique-rich home. Enjoy some free time to browse the shop, which is filled with exquisite silk goods.

Local Flavor: Enjoy a Thai lunch at a Bangkok restaurant.

Below: Bridge over River Kwai
Right: Ubudiah Mosque, Kuala Kangsar
Lower right: Singapore



This afternoon, board the opulent Eastern & Oriental Express. As the train departs Bangkok, watch the cityscape fade into a lush rural tapestry.

DAY SEVEN **B I L I D**

EASTERN & ORIENTAL EXPRESS | KANCHANABURI

Sip your morning coffee as the E&O departs from Wang Po along the wooden trestle viaduct beside a towering cliff.

Excursion: *Kanchanaburi*. Board a boat at River Kwai Bridge station. As you float down the Kwai Yai River, learn about the Thailand-Burma railway from a local historian. Then, drive past the North Temple and Chinese Cemetery to the Thailand-Burma Railway Center and the Don Rak War Cemetery, where 7,000 Allied soldiers who died while building the railway during World War II are buried.

DAY EIGHT **B I L I D**

EASTERN & ORIENTAL EXPRESS | KUALA KANGSAR, MALAYSIA

Excursion: *Kuala Kangsar*. Explore the royal town of Kuala Kangsar, the official residence of the Sultan of Perak. See the gold dome and gold minarets atop Ubudiah Mosque. Visit the Perak Royal Museum, a former palace that was constructed without nails, and the Sultan Shah Gallery. This evening, sip a nightcap in the piano bar with friends on the final evening aboard the elegant E&O.

DAY NINE **B**

EASTERN & ORIENTAL EXPRESS | SINGAPORE

Excursion: *Singapore*. Explore Singapore and see the skyscraping Marina Bay Sands



resort and Merlion Park. Drive through the Civic District past the Padang, Cricket Club, Parliament House, Supreme Court, City Hall and more. Explore Thian Hock Keng Temple. Also known as the Temple of Holy Bliss, it is one of the city's oldest temples.

This afternoon, check in to the Mandarin Oriental, Singapore.

DAY TEN **B**

SINGAPORE | BALI, INDONESIA

This morning, depart for the airport for a flight to Bali.

Upon arrival, transfer to the Belmond Jimbaran Puri, which overlooks one of the island's most beautiful beaches.

The rest of the day is at leisure.

DAY ELEVEN **B I L**

BALI

Excursion: *Balinese Life*. Spend the day learning about daily life on the island of Bali. Visit a local school to meet the students and their teachers. Also, visit a traditional Balinese housing compound to observe the local lifestyle and traditional activities. Continue to the rice fields to learn about subak, an ancient irrigation system still in use today. This cooperative system is more than a means to water fields. It is an extension of temple culture. If you wish, try your hand at planting or harvesting rice before enjoying a relaxing Balinese foot massage.



Left:
Bali
Below:
Holy
waters of
Pura Tirta
Empul

The Mystery of the American Silk King

American architect Jim Thompson, who worked for U.S. intelligence during World War II, settled in Bangkok after the war. He became captivated by Thai culture and arts. With a charismatic personality and a keen eye for color and design, Thompson introduced the world to Thailand's silk industry and helped countless villagers in the process.

Over some 20 years, "the best known foreigner in Bangkok" became an authority on Thai art, built a unique home that attracted luminaries and ushered in new dyes to create the brightly colored silks we see today.

The Silk King with CIA connections disappeared in the Malaysian jungle while vacationing with friends over Easter weekend in 1967. Despite extensive investigations, his disappearance remains a mystery.

Local Flavor: Take a Balinese coffee break. Enjoy coffee and tea prepared the local way and try some typical snacks. Then savor Indonesian specialties during an alfresco lunch.

DAY TWELVE

B I L I D

BALI

Excursion: *Spiritual Bali, Ubud Monkey Forest and a Traditional Market.* Today, head to the hills of Bali. The morning begins with a visit to Pura Tirta Empul, a temple in Tampak Siring where the water from a



bubbling spring is believed to have healing powers. The temple, built in 926, features two bathing pools where the Balinese hold purification ceremonies. Continue to the Sacred Monkey Forest of Padangtegal near the village of Ubud to see the long-tailed macaques who live in this rain forest and to learn about this sacred area. Conclude with a visit to Ubud's famous market, where you will find batiks and other textiles, silver jewelry, woodwork and other traditional crafts.

Local Flavor: Enjoy a lunch of Balinese cuisine in Ubud.

This evening, gather with your fellow travelers to bid farewell to Bali at a Farewell Dinner.

DAY THIRTEEN

B

IN TRANSIT

This morning, transfer to the airport for the return flight to your gateway city.†

Note: *Itinerary sequence and/or scheduled events may change. Many excursions in this program involve an element of walking.*

Included meals indicated each day as B \ L \ D = Breakfast \ Lunch \ Dinner.

ACCOMMODATIONS



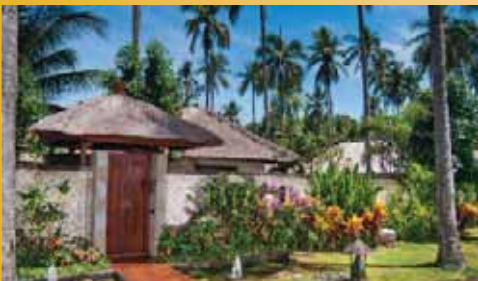
THE PENINSULA BANGKOK

Sitting on the bank of the Chao Phraya River, this W-shaped landmark is consistently rated as one of the best hotels in the world by discriminating travelers. Tranquil, spacious guestrooms feature sensational views of the river and city as well as indulgent touches like silk-clad finishes and marble baths with televisions above the bathtub. Swim in the three-tiered pool embraced by lush landscaping or sneak away to the colonial Thai Peninsula Spa for a chakra-balancing massage. Wi-Fi is available.



MANDARIN ORIENTAL | SINGAPORE

Mandarin Oriental, Singapore sits in Marina Bay just steps from the Esplanade. The hotel offers many enticing amenities to its guests. Stroll through the garden, unwind at the spa, or swim a few laps in the outdoor swimming pool. There also is a fully equipped fitness center. The hotel is a showcase of Asian art with a collection that features the works of regional artists. Enjoy everything from cocktails to international cuisine at the hotel's five restaurants and two lounges. Wi-Fi is available.



BELMOND JIMBARAN PURI | BALI

This luxurious resort overlooks one of Bali's beautiful beaches. Enjoy the privacy of your own cottage suite with a private garden and terrace. Venture out to the powder-soft sands of the beach or take a dip in the infinity pool built into the terraced landscape. The hotel has a spa, but you can also relax with an in-room massage or aromatic facial treatment. Savor international cuisine at one of two restaurants, and enjoy a drink and the sunset at the lounge. Wi-Fi is available.



Reserve your Bangkok to Bali trip today!

Trip #:10-22214W

Send to: Eastern & Oriental Express
 Duke Alumni Travel
 P.O. Box 90572
 Durham, NC 27708-0572
 Phone: **800-FOR-DUKE** Travel Fax: **919-660-0148**

Please contact Duke Alumni Travel at **800-367-3853** to reserve your space or AHI Travel **855-385-3885** with questions.

Full Legal Name (exactly as it appears on passport)

(1) _____
 Title First Middle Last Date of Birth

Email: _____

(2) _____
 Title First Middle Last Date of Birth

Email: _____

Street Address _____

City _____

State _____ ZIP _____

Home: (_____) Cell: (_____) _____

Sharing with _____ (Form sent separately.)

I/we authorize you to make my/our reservations as follows:

Cabin category desired: Pullman _____ State _____

Land Program and AHI FlexAir

I/we reserve the Land Program and request the AHI FlexAir to Bangkok, Thailand, with return from Bali, Indonesia, to depart from:

Departure City _____

- Please contact me regarding air options.
- Please send me information on upgrading my flights.

Land Program

I/we will make my/our own air arrangements and transfers.

Single Accommodations

- I prefer single accommodations at an additional cost (limited availability).
- I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **July 23, 2016** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Enclosed is a deposit of _____ (\$600 pp required) to reserve _____ place(s).

- Accept my check made payable to **AHI Travel**.
- Charge my: MasterCard Visa Discover Amex

Card # _____

Expires _____/_____/_____

(Signature as it appears on credit card)

Please note: Any payment to AHI International constitutes your acceptance of the terms and conditions set out herein, including but not limited to the cancellation terms.

If you are interested in making independent travel arrangements before and/or after this program, please contact **AHI Travel** at **855-385-3885** no later than **60 days prior to departure**, and they will be happy to assist you with your reservations.

A nonrefundable service fee and additional air/land charges based on reservations apply.

NOT INCLUDED-Fees for passports and, if applicable, visas, entry/departure fees; personal gratuities; laundry and dry cleaning; excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel insurance; all items of a strictly personal nature. **MOBILITY AND FITNESS TO TRAVEL-**The right is retained to decline to accept or to retain any person as a member of this trip who, in the opinion of AHI Travel is unfit for travel or whose physical or mental condition may constitute a danger to themselves or to others on the trip, subject only to the requirement that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded. Passengers requiring special assistance, including without limitation those who permanently or periodically use a wheelchair, must be accompanied by someone who is fit and able to assist them, and who will be totally responsible for providing all required assistance.

AIR TRANSPORTATION-The price of air transportation offered by AHI Travel is based on Advance Purchase Excursion fares. After tickets are issued, penalties up to 100% of the ticket price may be levied. If connecting flights are requested, special promotional fares may be used, in which case penalties of as much as 100% may be assessed by the airlines if reservations are changed or canceled after ticketing. After departure, if the reservations are changed, you will be charged the higher, all year Economy class fare. **VARIATIONS TO THE GROUP ITINERARY MUST BE REQUESTED NO LATER THAN 60 DAYS PRIOR TO DEPARTURE.** Passengers who choose to make their own airline reservations independently will be wholly responsible for any airline fees or penalties incurred as a result of program cancellation and/or change in travel dates, or airline schedule(s).

BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expensive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program.

AUTHORITY TO USE IMAGES AND AUDIO RECORDINGS-On occasion, AHI Travel obtains, from its staff, or from trip participants, photographic or video images of passengers and trip activities. By participating in this travel program, you authorize AHI Travel, without providing compensation to you, or obtaining additional approvals from you, to include photographic and video recordings of you, as well as voice recordings included with any videos, in AHI Travel's sales, marketing, advertising, publicity and/or training activities.

RESPONSIBILITY-AHI Travel and the Sponsoring Association do not own or operate any entity which provides goods or services for this program, and act only as agents for the independent suppliers of travel conveyance, transport, accommodations or other services. All such persons or entities are independent contractors. As a result, AHI Travel and the Sponsoring Association are not liable for any negligence or willful act of any such person or entity or any third person. In addition and without limitation, AHI Travel and the Sponsoring Association are not responsible for any delays, delayed departure or arrival, missed carrier connections, loss, death, damage or injury to person or property or accident, mechanical defect, failure or negligence of any nature howsoever caused in connection with any accommodations, transportation or other services or for any substitution of hotels or of common carrier equipment, with or without notice, or for any additional expenses occasioned thereby. Dates, Program Details and Tour costs, although given in good faith and based on tariffs, exchange rates and other information current at the time of printing, are subject to change at or before the time of departure. No revisions of the printed itinerary or its included features are anticipated; however, the right is reserved to make any changes, with or without notice, that might become necessary, with the mutual understanding that any additional expenses will be paid by the individual passenger. Baggage and personal effects are the sole responsibility of the owners at all times. If the entire program is canceled for any reason, participants shall have no claim other than for a full refund. By forwarding the deposit, the passenger certifies that he/she has no physical, mental or other condition of disability that would create a hazard for himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departure passenger information. The airlines and other transportation companies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, shall constitute the sole contract between the company(ies) and the passenger and/or purchaser of this trip.

CANCELLATION-In addition to airline cancellation penalties, all cancellations for any reason whatsoever will be subject to a \$250 per person administrative fee. (Please note that you may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the current calendar year or year following.) Cancellation from 120 days to 76 days prior to departure will result in forfeiture of 10% of the entire cost of the trip per person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 100% forfeiture of the entire cost of the trip. **TRIP CANCELLATION INSURANCE IS AVAILABLE. AN APPLICATION WILL BE SENT AFTER YOU RESERVE.** All cancellations must be submitted in writing to AHI International Corporation.

CST Registration No. 2028271-20. Fla. Seller of Travel Reg. No. ST-33300 Iowa Seller of Travel No. 520 Ohio Seller of Travel Reg. No. 8889139. Washington State Seller of Travel Reg. No. 601-820-871. PARTICIPATING AIRLINES-all IATA and ARC Member Carriers ©2016 AHI Travel Printed in the USA.

LAND PROGRAM

October 8-18, 2016

	Full Price	Special Savings	Special Price*
Pullman Cabin	\$6,745	\$250	\$6,495*

62 sq. ft. private lounge with banquet-style sofa. At night the seating converts to upper and lower beds.

State Cabin	\$7,745	\$250	\$7,495*
--------------------	----------------	--------------	-----------------

84 sq. ft. private lounge with banquet-style sofa and chairs. At night the seating converts to two single beds.

*Special Price valid if booked by the date found on the address panel.

VAT is an additional \$495 per person.

All prices quoted are in USD, per person, based on double occupancy (unless otherwise stated).

The Pullman Single Cabin (54 sq. ft., one lower bed) supplement is an additional \$1,295. The State Cabin single supplement is an additional \$2,895. There is limited availability for all single accommodations.

AHI FLEXAIR

October 6-18, 2016

Our personalized air program allows you to select your flights, routing, class of service and dates of travel in consultation with one of our experienced Passenger Service Representatives. Airfares will vary, depending on airline, routing and class of service. In most cases, transfers between the airport and hotel/cruise ship will be included on arrival and departure days. Your Passenger Service Representative will provide you with all of the details you need to guarantee your transfer. Book your air with us to ensure assistance in the case of schedule changes or delays that may impact your air travel plans. AHI FlexAir participants automatically receive flight insurance worth up to \$250,000, subject to policy terms.

ITINERARY

- Day 1** Depart Gateway City[†]
- Day 2** Cross international date line[†]
- Day 3** Arrive in Bangkok, Thailand
- Day 4** Bangkok
- Day 5** Bangkok
- Day 6** Bangkok/Eastern & Oriental Express
- Day 7** Eastern & Oriental Express/
Kanchanaburi
- Day 8** Eastern & Oriental Express/
Kuala Kangsar, Malaysia
- Day 9** Eastern & Oriental Express/
Singapore
- Day 10** Bali, Indonesia
- Day 11** Bali
- Day 12** Bali
- Day 13** Return to Gateway City[†]

NOTE: *This itinerary schedule may change due to local conditions. Many excursions in this program involve an element of walking.*

[†]Provided for AHI FlexAir participants only.



Above: Ayutthaya | Right: E&O Express



800-367-3853

| INCLUDED FEATURES |

ACCOMMODATIONS

- Three nights in Bangkok, Thailand, at **The Peninsula Bangkok**, a deluxe hotel.
- Three nights aboard the deluxe **Eastern & Oriental Express**.
- One night in Singapore at the deluxe **Mandarin Oriental, Singapore**.
- Three nights in Bali, Indonesia, at the deluxe beachfront **Belmond Jimbaran Puri**.

MEALS

- Enjoy an **extensive meal program**, including 10 breakfasts, seven lunches and four dinners. Tea or coffee is included with all meals. Take advantage of leisure time to try local cuisine independently.
- Sample authentic regional specialties at local restaurants.
- Attend a special Welcome Reception and Farewell Dinner.

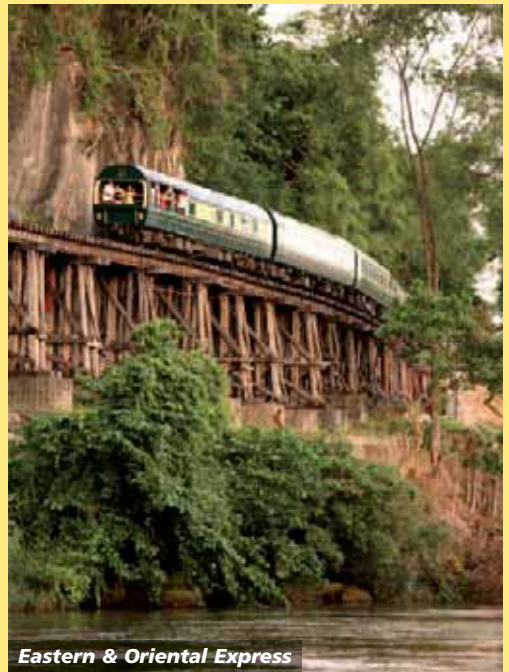
TRANSPORTATION

- The flight, train ride and deluxe motor coach transfers in the Land Program itinerary and baggage handling on these transfers are included.

YOUR EXCITING TRAVEL PROGRAM

(For details, see the day-by-day itinerary.)

- **Informative educational programs** presented by local experts to enhance your insight into the region.
- **All excursions:**
 - Discover Bangkok's Grand Palace, Emerald Buddha Temple, Wat Pho and more.
 - Visit Ayutthaya and the Royal Elephant Kraal.
 - Explore the Jim Thompson House museum.
 - Raft down the River Kwai to see the River Kwai Bridge, Thailand-Burma Railway Center and Don Rak War Cemetery.
 - Tour the royal town of Kuala Kangsar.
 - See the highlights of Singapore.
 - Discover Bali's sights, including a traditional housing compound, the famous



arts and crafts market in Ubud and a monkey sanctuary and temple.

- Get a firsthand look at subak, an age-old Balinese cultural, spiritual and agricultural system.

MANY INCLUDED EXTRAS

- Consultation services of a dedicated **Passenger Service Representative** prior to departure.
- Services of a professional **Travel Director** throughout your stay.
- **Tipping** of all guides and drivers.
- Detailed travel and destination information to assist you in your planning.
- Complimentary travel wallet.

Duke ALUMNI

P.O. Box 90572
Durham, NC 27708-0572

EOEXP16 5



Ayutthaya

E&O Express in station

Enjoy engaging cultures, mesmerizing vistas and a rail journey of a lifetime!

***Please call or refer to our
website for the most current
program information,
discounts and pricing.***

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



Presorted Std.
U.S. Postage
Paid
AHI Travel