# Duke ALUMNI TRAVELS

# MANDALAY PASSAGE

CRUISE THE IRRAWADDY





# A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-caliber professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important characters in this story are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

With these specialists at your side, become intimately engaged in the unique rhythms of Myanmar and its serene Irrawaddy River, adding another memorable chapter to the rich story of your life.

Above: Mingun

### ► Uncover Bagan, once the seat of the Myanmar dynasty, now an ethereal

**wonderland** of golden pagodas and temples.

- ► Immerse yourself in the serene, mystic **beauty of the Irrawaddy River** as it unfolds before you.
- ► Walk through the river villages of **Yandabo and Shwe Pyi Thar** and see local artisans at work.
- Experience twilight's stirring spell during sunset behind Bagan.
- ►Visit **Kalaywa Monastery,** Yangon's holy learning center.
- ► Marvel at the glittering **Shwedagon Pagoda,** Myanmar's most sacred Buddhist temple.



### Dear Duke Alumni and Friends,

Journey to the Golden Land where old world charm permeates a dreamy setting of gilded pagodas, lofty temples and treasured archaeological sites. Myanmar, formally Burma, will embrace you with warmth and geniality on our 12-night journey from Mandalay to Yangon including nine nights onboard the refined Irrawaddy Explorer.

Though hidden from the international community for centuries, today Myanmar is tiptoeing toward an optimistic future. Explore riverside villages, visit religious sites peppered with saffron-cloaked monks, and watch lavender sunsets illuminate ancient ruins. Along the way, enjoy ample spells to relax and appreciate the panoramas and biodiversity of the storied Irrawaddy River. Peel back the country's ethereal layers and discover a destination where gold dust lingers and spirituality radiates through a cache of veiled wonders.

From engaging cultural opportunities to magnificent scenery, your itinerary has been specially planned by travel experts to offer an incomparable experience. As our Duke group grows in size, a Duke Host will be engaged to join the program to bring a uniquely Duke perspective to the tour. Space is limited so we encourage you to make your reservations today!

Forever Duke.

Bell Ray-Schroeder

Beth Ray-Schroeder '83 Director, Alumni Travel Duke Alumni Association





iscover Myanmar's reservoir of fascinating traditions, cultural gems and friendly locals. Begin in Mandalay, and journey into the heart of the Golden Land past gilded pagodas, crumbling stupas and majestic monasteries. Onboard the Irrawaddy Explorer, discover the tranquil pace of life along the Irrawaddy River; enjoy excursions to traditional villages; and travel like a local via horse cart, oxcart and trishaw. Marvel at Bagan's treasured landscape, and learn how Buddhism is imbedded in Myanmar's culture and history. Experience Myanmar as few are able, and allow it to leave a special imprint on your heart.

DAY ONE

D

### YANGON, MYANMAR | MANDALAY

Welcome to Myanmar! Upon arrival in Yangon, proceed to Mandalay on a short flight. Transfer ★ to the Mandalay Hill Resort & Spa.

Gather for a Welcome Reception and Dinner at the hotel this evening.

### YOUR INDIVIDUAL EXPERIENCE

Free time means something different to every traveler. Some people like to linger in a cozy café, while others prefer to stay on the go. That's why we have designed an *elective* activity and a post-trip extension in Inle Lake to allow you to craft your individual travel experience. Check out our itinerary for more details. We've done the legwork. Now the choice is yours.

ELECTIVE experiences are
available at an additional cost.

DAY TWO

BILID

### MANDALAY | IRRAWADDY EXPLORER | Amarapura

**Excursion:** *Mandalay.* Visit Kuthodaw Paya, which contains the world's biggest book, see Mahamuni Pagoda and explore unique workshops of gold leaf. Embark the Irrawaddy Explorer, and enjoy lunch onboard the ship.

**Excursion:** *Amarapura.* Visit the 16th-century Burmese royal capital, Amarapura, see the U Bein Bridge and delight in a sampan cruise and champagne toast.

Tonight, gather for a Welcome Aboard Reception and Dinner.

### Cultural Performance: Traditional

**Myanmar Dance.** Delight in a riveting show of traditional music and dance that is presented by local performing arts school students.

DAY THREE

BILID

### MINGUN | AVA

**Excursion:** *Unfinished Pagoda and Ava.* See the "Unfinished Pagoda" at Mingun village. Visit a local market, famous for its makeshift galleries. Explore Ava in an iconic horse cart to see Bagaya Monastery, the tilting Nanmyin watchtower and the brick edifice of Mei Nu Ok Kyaung Monastery.

DAY FOUR

BILID

### MONYWA

**Excursion:** *A Day of Buddha.* Admire hundreds of Buddha statues and stunning murals inside the Hpowindaung and Shwebadaung caves.







After lunch, marvel at the splendid Thanboddhay Pagoda that features more than 500,000 Buddha images. Walk through the colorful pavilions, and see towering golden pillars and stupas.

DAY FIVE

BILID

### YANDABO | SHWE PYI THAR

**Excursion:** *Yandabo.* Explore this picturesque village, famous for its terracotta pottery. Walk through the village, and visit workshops where the pretty pottery is created.

**Excursion:** *Shwe Pyi Thar.* Sail to Shwe Pyi Thar, a traditional Irrawaddy River village, which is known for its production of sweet jaggery candy. Enjoy a leisurely walk through the village.

### Cultural Experience: Longyi and Thanaka.

Learn about the origins of Myanmar's national dress as well as the commonly seen "body paint."

**Cultural Performance**: *Myanmar Puppetry*.

Enjoy a traditional puppet show featuring puppeteers, singers and musicians.

DAY SIX

BILID

BAGAN

### ELECTIVE | Bird's-Eye View of Bagan.

Glide over Bagan's landscape of rice paddies, pagodas and temples. This pre-sunrise hot air balloon suspends you over mist-shrouded tropical panoramas, the best way to fully absorb Bagan's mysticism and wonders. Celebrate with a champagne toast upon landing!

**Excursion:** *Bagan*. Explore one of the world's richest archaeological sites, featuring more than 2,000 pagodas. Visit Ananda, one of Bagan's most famous temples, and Dhammayangi, Bagan's largest temple. Enjoy a sand painting demonstration by a local artist. Following lunch, visit a traditional lacquerware workshop. Then, see the Gubyaukghi Temple, the Myazedi Stupa and the Shwe San Daw temple. If you wish, enjoy a glorious Bagan sunset from a viewpoint.

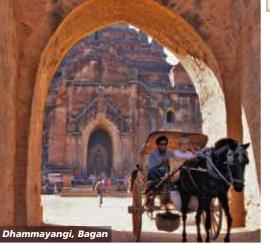
DAY SEVEN

BILID

### BAGAN | TAN KYI MOUNTAIN

**Excursion:** *Bagan's Village Life.* Explore Bagan's local markets and see wood carvings, fabrics, longyis and rattan products. Visit a traditional Burmese lacquerware workshop, and see the gilded Shwezigon Pagoda, a religious site





built by King Anawrahta during the early Bagan Empire. You may choose to hire a horse cart or a bicycle to explore the site on your own. Continue to Tan Kyi village and admire Irrawaddy vistas from the temple.

DAY EIGHT

BILID

### SALAY

**Excursion:** *Salay.* Founded in the 13th century, Salay features Bagan-era shrines, 19th-century teak monasteries and British colonial buildings. Stroll by the river, and visit the Yoke Soun Kyaung Monastery, a museum with remarkable wood carvings and artifacts. Continue to Mann Paya, a pagoda with an intricate lacquerware Buddha.

**Educational Focus:** From Early Innovators to Closed Society.

**Cultural Event:** *Tea Leaf & Ginger.* Learn to make a Tea Leaf and Ginger Salad. Discover where the ingredients are grown, taste the savory salad and take home a recipe card.

DAY NINE

BILID

**Excursion:** *Magwe*. Enjoy the atmosphere of Magwe's vibrant market. Climb aboard trishaws for a tour of Magwe city and a visit to Myat Than Lun Paya, a pagoda built on a hilltop in 1929.

Beautiful panoramas linger at the top!

**Educational Focus:** *Myanmar – Past and Present.* 

DAY TEN

BILID

THAYETMYO | PROME |

THAYEKHITTAYA

Excursion: Thayetmyo, Prome and Thayekhittaya. Ride in a horse cart, and explore the colonial charms of Thayetmyo. Visit the oldest golf course in Myanmar, and enjoy the sights and smells of a local market. Continue to Prome. Once controlled by the Mon tribe during the Bagan era, Prome boomed along with the Irrawaddy Flotilla Company in the 1890s and it is now an important trading post. Explore Thayekhittaya, also known as Sri Ksetra, part of the Pyu Ancient Cities. This UNESCO World Heritage site boasts a museum with an excellent collection of maps, Hindu deities and Buddha images. Visit the museum, and enjoy a tour of the excavation sites.

Tonight, enjoy a Farewell Dinner on the ship.

DAY ELEVEN

BIL

### PROME | YANGON

Disembark the ship, and drive to Yangon. Upon arrival, check in to the Sule Shangri-La.

**Independent Exploration:** Spend an afternoon and evening at leisure in Yangon.



## Irrawaddy Explorer

The Irrawaddy Explorer redefines luxury while introducing passengers to the wonders of Myanmar. Three decks filled with character and warmth educe an ambience of an elegant British estate. With just 28 cabins, the Irrawaddy Explorer offers guests a true small-ship experience while onboard entertainment reflects the culture and biodiversity of the local area. It's the attention to detail that makes traveling on the Irrawaddy Explorer an unforgettable treat.

Take your seat in the Customs House Dining Room to enjoy refined service and five-star gourmet meals prepared with the freshest ingredients. Enjoy breathtaking views few have witnessed from the ship's balconies, and recap the day's highlights in the Writer's Lounge where handcrafted cocktails and refined elegance await. At the day's end, retire to your climate-controlled cabin and fall asleep to the gentle rhythm of the river.





BID

### YANGON

**Excursion:** *Kalaywa Monastery.* Visit Kalaywa Monastery and learn about young monks living there. A group donation to the monks is included.

**Independent Exploration:** Make your own discoveries in Yangon this afternoon.

**Excursion:** *Shwedagon Pagoda*. Visit the gilded Shwedagon Pagoda. Bedazzled with 27 metric tons of gold leaf, this is Myanmar's most sacred Buddhist temple.

**Local Flavor:** Enjoy dinner at a restaurant set in a restored British colonial building.

### DAY THIRTEEN

В

### YANGON

This morning, transfer ★ to the airport for the return flight to your gateway city.





**Note:** Itinerary may change due to local conditions. Walking is required on many excursions, and surfaces may be uneven or unpaved.

♣ Provided for AHI FlexAir participants

BILID denotes included breakfasts, lunches and dinners.

Elective experiences available at an additional cost.

### ACCOMMODATIONS |



MANDALAY HILL RESORT & SPA MANDALAY



SULE SHANGRI-LA YANGON

Our travel experts have selected these luxury properties, each in a prime location, for your comfort. Details in the design and décor celebrate the local culture and enhance the ambience of each hotel. Their restaurants feature menus of elegantly prepared local and international cuisine. Of utmost importance is the superior quality of the services, amenities and accommodations, allowing you to maximize the enjoyment of your stay.



# | ELECTIVE | TWO NIGHT POST-TRIP EXTENSION IN INLE LAKE

Visit Inle Lake and delight in one of Myanmar's most inimitable and tranquil landscapes. Following the main program, enjoy two nights at the Villa Inle Resort & Spa. Taste local vintages during a winery outing and enjoy local cuisine for lunch. Climb aboard a long-tail boat for a full-day excursion on Inle Lake where you will get an intimate look at the lake's stilted villages and local life. Tour workshops that produce silks, cigars and textiles, and marvel at the wooden Nga Hpe Kyaung Monastery.

Includes flights between Yangon and Heho; accommodations at Villa Inle Resort & Spa; a daily buffet breakfast; two lunches; excursions; the services of an expert guide; and transfers between airport/hotel with baggage handling.

Price: \$995 per person, double occupancy; \$1,290 single occupancy



Reserve your Mandalay Passage trip today!	NOT INCLUDED-Fees for passports and, if applicable, visas,
Trip #:2-22924W	entry/departure fees; personal gratuities; laundry and dry clea ing; excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel
Send to: Mandalay Passage ~ Cruise the Irrawaddy Duke Alumni Travels P.O. Box 90572 Durham, NC 27708-0572 Phone: 800-FOR-DUKE Travel Fax: 919-660-0148	insurance; all items of a strictly personal nature.  MOBLITY AND HTNESS TO TRAVEL The right is retained to decline to accept or to retain any person as a member of this trip who, in the opinion of AHI Travel is unfit for travel or who: physical or mental condition may constitute a danger to themselves or to others on the trip, subject only to the requirement that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded.
Please contact Duke Alumni Travels at <b>800-367-3853</b> to reserve your space or AHI Travel <b>855-385-3885</b> with questions.	Passengers requiring special assistance, including without lim tation those who permanently or periodically use a wheelchair must be accompanied by someone who is fit and able to assist them, and who will be totally responsible for providing all
Full Legal Name (exactly as it appears on passport)	required assistance.  AIR TRANSPORTATION-The price of air transportation offered
(1)	AHI Travel is based on Advance Purchase Excursion fares. Afte tickets are issued, penalties up to 100% of the ticket price may
(1)	be levied. If connecting flights are requested, special promo- tional fares may be used, in which case penalties of as much a
Email:	100% may be assessed by the airlines if reservations are changed or canceled after ticketing. After departure, if the reservations are changed, you will be charged the higher, all year Economy class fare. VARIATIONS TO THE GROUP ITINER ARY MUST BE REQUESTED NO LATER THAN 60 DAYS PRIOR T
(2)	DEPARTURE. Passengers who choose to make their own airlin reservations independently will be wholly responsible for any
Title First Middle Last Date of Birth  Email:	airline fees or penalties incurred as a result of program cance lation and/or change in travel dates, or airline schedule(s). BAGGAGE-Baggage restrictions vary according to the airline po cy and the class of service flown. Details will be provided with
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Sharing with (Form sent separately.)	RESPONSIBILITY-AHI Travel and the Sponsoring Association do not own or operate any entity which provides goods or service
Two-Night Post-Trip Extension in Inle Lake	for this program, and act only as agents for the independent suppliers of travel conveyance, transport, accommodations or
Please make reservations for me (us) on the Inle Lake Elective Post-Trip extension.	other services. All such persons or entities are independent contractors. As a result, AHI Travel and the Sponsoring
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Land/Cruise Program and AHI FlexAir  ☐ I/we reserve the Land/Cruise Program and request the round-trip AHI FlexAir to/from Yangon, Myanmar, to depart from:	person or property or accident, mechanical defect, failure or negligence of any nature howsoever caused in connection with any accommodations, transportation or other services or for any substitution of hotels or of common carrier equipment,
Departure City	with or without notice, or for any additional expenses occa- sioned thereby. Dates, Program Details and Tour costs, althou
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☐ Please send me information on upgrading my flights.  Land/Cruise Program	change at or before the time of departure. No revisions of the printed itinerary or its included features are anticipated; how- ever, the right is reserved to make any changes, with or withou
☐ I/we will make my/our own air arrangements and transfers.	notice, that might become necessary, with the mutual under- standing that any additional expenses will be paid by the indivi
Single Accommodations  ☐ I prefer single accommodations at an additional \$1,695 (limited availability).	ual passenger. Baggage and personal effects are the sole responsibility of the owners at all times. If the entire program
I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.	is canceled for any reason, participants shall have no claim other than for a full refund. By forwarding the deposit, the pas senger certifies that he/she has no physical, mental or other condition of disability that would create a hazard for
Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by <b>January 1</b> , <b>2017</b> (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.  Enclosed is a deposit of (\$850 pp required) to reserve place(s).	himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departur passenger information. The airlines and other transportation companies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, shall constitute the sole contract between the company(ies) and the passenger and/or purchaser of this trip.  CANCILATION-All cancellations for any reason will be subject
☐ Accept my check made payable to <b>AHI Travel</b> .	to a \$250 per person administrative fee. You may choose, at th
□ Charge my: □ MasterCard □ Visa □ Discover □ Amex	time of cancellation, to apply the withheld administrative fee t a future AHI Travel program that will operate in the current endendar year or year following. Cancellation from 150 days to 121 days prior to departure will result in forfeiture of 20% of the
Card #	entire cost of the trip per person; 120-61 days, 50% of the trip cost per person; cancellation from 60 days up to the time of departure will result in 100% forfeiture of the entire cost of the trip. TRIP CANCELLATION INSURANCE IS AVAILABLE. AN
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If you are interested in making independent travel arrangements before and/or after this program, please contact AHI Travel at 855-385-3885 no later than 60 days prior to departure and they will be happy to assist you with your reservations. A nonrefundable service fee and additional air/land charges based on reservations apply.

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### LAND | CRUISE PROGRAM

### March 17-29, 2017

These dates do not include air travel dates.

Category-Deck	Full Price	<b>Special Savings</b>	Special Price*
D-Maugham-Colonial 280 sq. ft.	\$4,945	\$250	\$4,695*
C-Orwell-Imperial 280 sq. ft.	\$5,645	\$250	\$5,395*
B-Kipling-Imperial 273 sq. ft.	\$6,745	\$250	\$6,495*
A-Mandalay-Imperial 409 sq. ft.	\$7,545	\$250	\$7,295*

All cabins are outward facing. Categories A, B and C feature a walk-out balcony.

Category D features a French balcony.

\*Special Price valid if booked by the date found on the address panel.

Port charges are an additional \$199 per person.

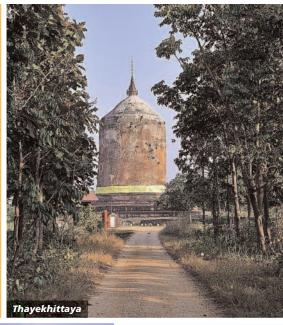
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated). Single accommodations are an additional \$1,695 (limited availability).

### Let us arrange your flights!

**AHI FlexAir** | Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ► a **price guarantee** to protect you from fuel surcharge increases after ticket purchase
- ▶ arrival and departure **transfers** on most flights
- ► **flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights
- ▶ discounted prices for business-class upgrades
- ► **assistance** in the event of schedule changes or delays
- ► flight insurance worth up to \$250,000, subject to policy terms

Travel stress-free with AHI FlexAir.





### | INCLUDED FEATURES |

### **ACCOMMODATIONS**

(With baggage handling.)

- One night in Mandalay, Myanmar, at the firstclass Mandalay Hill Resort & Spa Hotel.
- Nine nights aboard the all-suite, deluxe Irrawaddy Explorer.
- Two nights in Yangon at the deluxe Sule Shangri-La.

### **TRANSFERS**

 All deluxe motor coach transfers in the Land/Cruise Program and baggage handling.

### **MEALS**

- Enjoy an **extensive meal program,** including 12 breakfasts, 10 lunches and 11 dinners. Tea or coffee is included with all meals, plus wine with dinner.
- Sample authentic regional specialties during select meals at local restaurants.
- Take advantage of leisure time to try the local cuisine independently.
- Attend Welcome Receptions and Dinners and gather for Farewell Dinners.

### YOUR EXCITING TRAVEL PROGRAM

- **Informative educational programs** presented by local experts will enhance your insight into the region.
- Tipping of excursion guides and drivers.

### **AHI TRAVEL EXPERTISE**

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

### Before you go:

- ▶ **TRAVEL CONSULTANTS** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ PASSENGER SERVICE REPRESENTATIVE | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- ▶ **TRAVEL INFORMATION** | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

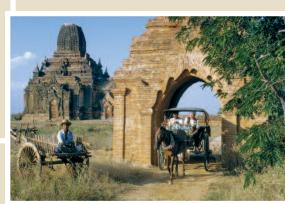
### Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- ▶ **TRAVEL DIRECTOR** | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- ▶ **EXPERT GUIDES** | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **LECTURERS** | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

### • The following excursions:

- Tour the highlights of Yangon including visits to Kalaywa Monastery and Shwedagon Pagoda, Myanmar's most sacred temple.
- Discover curious artifacts at Thayekhittaya's Sri Ksetra Museum.
- Explore Myanmar's oldest golf course in Thayetmyo.
- Investigate Magwe's Myat Than Lun, a shining pagoda.
- Marvel at Salay's resplendent teak monasteries.
- Relish radiant vistas and sunsets atop lofty perches.
- Uncover Bagan's rich archaeological treasures.
- Experience village life and see local markets and workshops.
- Encounter Mandalay's attractions including the Unfinished Pagoda, Nanmyin watchtower and the world's largest book at Kuthodaw Paya.



# )uke ALUMNI

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# Cruise Myanmar's Irrawaddy River on this unforgettable journey!

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